

Centres	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Brookhill 42 Brumwell Avenue Woolwich SE18 6BD</p> <p> 020 8319 5320</p>	<p>Devonport Midwives Clinic <u>All day</u> Pre-booked Appointments</p> <p>2 Year Development Reviews 9:30am – 12pm Appointment only</p> <p>Story Bags Course with City Lit 25th April to 30th May 1:30pm – 3:30pm *Booking is required</p> <p>Starts 9th May Laugh, Sing & Play (Birth -5yrs) 11:45 – 12:30pm *Booking is required (£1 per family)</p> <p>Under 2s Play Time (Birth-2yr) Play & Rhyme Time 1:30pm – 3pm *Booking is required</p> <p>Autism Group 4pm – 5:30pm</p>	<p>Best Beginnings Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>Starts 3rd May All Kids Can (Walkers - 4yrs) 10am – 10:45am *Booking is required (£1 per family)</p> <p>Perinatal Groups sessions TBC 1pm – 3pm Pre-booked Appointments (10 max)</p> <p>Mum's Aid Counselling 1pm – 4pm Pre-booked Appointments</p> <p>Monthly Meet up for Downs Syndrome Group 4pm – 5.30pm (Term time only) (First Tuesday of the month)</p>	<p>Devonport Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>BCG Clinic (All day) Pre-booked Appointments</p> <p> Infant Feeding Clinic 1pm – 4pm Appointment only</p> <p>Thames Midwives Clinic <u>PM</u> Pre-booked Appointments</p> <p>Learning Through Play (2-4yrs) 1:30pm – 3pm (Term-time only) *Booking is required</p>	<p>Devonport Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>Play Time for SEND Suitable for SEND Baby/Toddler (Birth - 5yrs) 10am – 11:45pm *Booking is required (And supported by TAS every last Thursday of the month)</p> <p>Weighing Clinic 1pm – 4pm Appointment only</p>	<p>Blood Spots Clinics 9:30am – 11:30am Pre-booked Appointments</p> <p>Music Therapy 9:30am – 10:15am (Birth-1yr) & 10:30am – 11:15am (18mths-36mths) Also suitable for babies and children with SEND *Booking is required</p> <p>Devonport Midwives Clinic <u>PM</u> Pre-booked Appointments</p> <p> Stay & Play Busy Bees (Birth-5yrs) 1:30pm – 3pm (50p voluntary contribution per family) & Speech & Language visits on 10th June *Booking is required</p>
<p>Cardwell 118 Frances Street Woolwich SE18 5LP</p> <p> 020 8854 7342</p>	<p>6-8 Week Reviews 9:30am – 12pm Appointment only</p> <p>Thames Midwives Clinic (AM) Pre-booked Appointments</p>	<p>10-12 Month Development Reviews 9:30am – 12pm Appointment only</p> <p>Mum's Aid Counselling (PM with creche) Pre-booked Appointments</p> <p>Nourishing Nippers (Birth – non crawlers) 21st June – 19th July 1pm – 3pm *Booking is required</p> <p>Story & Rhyme Time (Birth-3yrs) 1:30pm – 2:30pm *Booking is required (50p voluntary contribution per family)</p>	<p>6-8 Week Reviews 9:30am -12pm Appointment only</p> <p>Thames Midwives Clinic (All day) Pre-booked Appointments</p> <p>To be confirmed</p> <p> Stay & Play (Birth – 5yrs) 9:30am - 11:30am *Booking is required (50p voluntary contribution per family)</p>	<p>Best Beginnings Clinic (All day) Pre-booked Appointments</p> <p>5th May (Polling Day) No Activities</p> <p>Starts 12th May Laugh, Sing & Play (Birth -5yrs) 1:30 – 2:15pm *Booking is required (£1 per family)</p>	<p>Thames Midwives Clinic (All day) Pre-booked Appointments</p> <p> Baby Group (Birth-1yr) 1:30pm – 3pm *Booking is required</p>

Bromley Health Visiting & Breastfeeding Services: Support and advice from the Health Visitors & Breastfeeding Advocates by appointment only. 0208 161 0530

COVID-19: We offer hand sanitizer on arrival in our buildings as well as encourage you to wash your hands. Face coverings are highly recommended in all communal spaces unless you are exempt.



Call each Centre to book onto sessions









Appointments only



£ charges apply for certain sessions (cash/card optional)



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Eglinton Paget Rise Woolwich SE18 3PY ☎ 020 8331 0374	<p>Weighing Clinic 9:30am – 12pm Appointment only</p> <p>10-12 Months Development Reviews 1pm-4pm Appointment only</p> <p>Laugh, Sing & Play (Birth -5yrs) 10am – 10:45am *Booking is required (£1 per family)</p>	<p>Devonport Midwives Clinic (All day) Pre-booked Appointments</p>  <p>Baby Group (Birth-1yr) 10am –12pm *Booking is required</p>  <p>STAY & PLAY (Birth-5yr) 1pm – 3pm *Booking is required (50p voluntary contribution per family)</p> <p>Story Bags Course with City Lit 26th April – 23rd May 1:30pm – 3:30pm *Booking is required</p>	<p>Best Beginnings Clinic (All day) Pre-booked Appointments</p> <p>Baby Massage 27th April – 25th May (5 week course) 1pm – 2pm Followed by Rhyme Thyme 2pm – 3pm *Booking is required</p>	<p>2 Year Development Reviews 9:30am – 12pm Appointment only</p> <p>Childminders Stay & Play 9:30am – 11:30am (run by local childminders)</p>	<p>6-8 Week Reviews 9:30am -12pm Appointment only</p>  <p>STAY & PLAY (Birth-5yrs) 9:15am – 11:15am *Booking is required (50p voluntary contribution per family)</p>  <p>Baby Group (Birth-1yr) 1pm – 3pm *Booking is required</p>
 *Booking is required for all groups at Eglinton					
Glyndon Community Centre 75 Raglan Road, Plumstead SE18 7LB ----- Supported by Plumcroft Team on ☎ 07563 373 767	 <p>STAY & PLAY (Birth-5yrs) Also, for Families affected by Ukrainian crisis (Variety of support available) 9:30am – 11:30am *Booking is required</p> <p>залишайтеся і грайте (0-5 років) українські сім'ї 9am – 11:30am</p>				
Mulgrave Rectory Place Woolwich, SE18 5DL ☎ 020 8331 4128		<p>6-8 Week Reviews 9:30am – 11:30am Appointment only</p> <p>Starting 10th May Laugh, Sing & Play (Birth -18mths) 1:30pm – 2:15pm *Booking is required (£1 per family)</p>	<p>2 Year Developmental Reviews 1pm - 4pm Appointment only</p>	<p>Mum's Aid Counselling From 10am - 12pm 1:1 Appointment only</p> <p>6-8 Week Reviews - 1pm - 4pm Appointment only</p>	

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Plumstead 6 Purrett Road Plumstead SE18 1JW ☎ 020 8836 9252	<p>Mum's Aid Counselling 1pm – 4:00pm 1:1 Appointment only (Creche available, term time only)</p>	<p>Baby Massage (Birth -non crawlers) 9:30am – 10:30am </p> <p>Baby Group (Birth-12mths) Play & Rhyme Time 10:30am – 12pm *Booking is required for both groups</p> <p>2 Year Developmental Reviews 1pm - 4pm Appointment only</p> <p>Stay & Play (Birth-5yrs) Sticky Fingers 1:30pm- 3pm *Booking is required (50p voluntary contribution per family)</p>	<p>Young Mum's Group with Mum's Aid 10am – 12pm (Pre-booked)</p> <p>10-12 Month Developmental Reviews 1pm - 4pm Appointment Only</p> <p></p> <p>Sensory Baby Play Group (Birth-18mths) 1:30pm – 2:45pm *Booking is required</p>	<p>Baby Me Fit (Birth-1yr) Firefly Fitness UK 10am - 11am (£1 per family)</p> <p>Stay & Play (Birth-5yrs) 1:30pm – 3pm Speech & Language visits 19th May *Booking is required (50p voluntary contribution per family)</p>	<p>6-8 Week Reviews 9:30am – 12pm Appointment only</p>
Plumcroft Primary School , Vincent Road, Woolwich, SE18 6RG ☎ 07563 373 767	<p>Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Baby Group (12mths – 24mths) Creative Storytelling 12:45pm – 2:45pm</p>	<p>Baby Group (Birth-12mths) 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Baby Soft Play (Birth-24mths) 12:45pm – 2:45pm (£1.50 per family)</p>	<p>Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Speech & Language drop-in 11th May AM</p> <p>Baby Group (Birth-12mths) Play & Rhyme Time 12:45pm – 2:45pm</p> <p>Baby Soft Play (Birth-24mths) 12:45pm – 2:45pm (£1.50 per family)</p> <p>Nourishing Nippers 1pm – 2:45pm 22nd June – 13th July</p>	<p>Baby Group (Birth - 12mths) 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Bouncing Babies (Birth-18mths) 12:45pm – 1:30pm</p>	<p>Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Baby Group (Birth-12mths) Play & Rhyme Time 12:45pm – 2:45pm</p> <p>SEND Soft Play (Birth-4yrs) (Suitable for Pre-crawlers) 12:45pm – 2:45pm</p>
 *Booking is required for all groups at Plumcroft 					

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Call each Centre to book onto sessions





Appointments only



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The new programme does not have a fixed number of families attending each session but will consider the size of the room, ventilation, and practical considerations, therefore, *booking is required.

Centres	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Slade Erindale Plumstead SE18 2QQ</p> <p>☎ 020 8854 7900 opt 2</p>	<p>Story Bags Course with City Lit 25th April to 23rd May 9:30pm – 11:30pm *Booking is required</p> <p> (Birth-3yrs) 1pm – 2:30pm Speech & Language drop-in Monday 11th July *Booking is required (50p voluntary contribution per family)</p> <p>Music Therapy Also suitable for children with additional needs 9:30am – 10:15am (Birth-1yr) & 10:30am – 11:15am (18thms – 36mths) *Booking is required</p>	<p>Devonport Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>Slade Library Rhyme Time 10:30am – 11am</p> <p> Infant Feeding Team 10am - 12pm Appointment only</p> <p>[TBC] “New” Parentgym (6-week course) 1:30pm – 3:30pm 24th May – 1 hour Taster session 7th June – 12th July Limited creche spaces (2 ½yrs -7yrs) *Booking is required</p>	<p>Weighing Clinic 9:30am – 12pm Appointment only</p> <p>Best Beginnings Teenage Midwives Clinic PM Pre-booked Appointments</p> <p>TOTs Nature Space (Walkers - 5yrs) Outdoor Play 1:30pm – 3pm *Booking is required (Dress appropriately for the weather)</p>	<p>All Kids Can: Active Tots (Walkers - 4yrs) 10am – 10:45am *Booking is required (£1 per family)</p> <p>Stay & Play Sticky Fingers (Term-time only) (Part of Stay & Play sessions) (Birth-5yrs) 1:30pm – 2:45pm *Booking is required (50p voluntary contribution per family)</p> <p>5th May (Polling Day) No Activities</p>	<p>10-12 Month Development Reviews 9:30am - 12pm Appointment only</p> <p>Slade Library Rhyme Time 10:30am – 11am</p>

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Centres

Monday

Tuesday

Wednesday

Thursday

Friday

Services Explained & Additional Information

The new programme does not have a fixed number of families attending each session but will consider the size of the room, ventilation, and practical considerations.

- **Baby Group & Soft Play:** Sessions provide fun with signing songs and bonding experiences whilst making new friends.
 - **Stay & Play Sessions:** A variety of activities where you come and stay with your child. Sessions enable you to meet other parents and carers in a friendly and fun atmosphere with opportunities to play and engage with your child, and we provided light refreshments for a **50p voluntary contribution per family.**
 - *Learn through Play & Sticky Fingers:* an interactive play session for both parents and child.
 - *Messy Play:* fun bonding & play with babies.
 - *Rhyme Time:* musical sessions for babies.
 - *Creative Storytelling Sessions.*
- **Monthly Meet-Up for Children with Downs Syndrome:** First Tuesday of the month and run by parents with children who have Downs Syndrome (no age limit).
- **Autism Group:** Meets weekly a play group for Autistic children (no age limit).
- **Childminders Stay & Play:** Play session for childminders and the children in their care.
- **SEND Baby & Toddler Support Group:** Music, singing & sensory activities for babies with delays or SEND children
- **Music Therapy:** Come and try the various instruments and join in with the Music Therapist who runs the group. This helps your child be ready for nursery or school by supporting their core skills of listening, confidence, and social awareness
- **Laugh, Sing & Play:** Interactive play/singing session with bubbles, twirlers & parachute. **£1 per family.**
- **All Kids Can:** Sessions provide a range of exciting, fun activities, and sports for the community the fun begin! **£1 per family.**
- **Baby Me Fit (Firefly Fitness UK):** Exciting movement and dance sessions. **£1 per family.**
- **Nature Space (Outdoor Play)** Provides to experience freedom and space to explore and demonstrate independence, gain increased awareness of environment, consequences of their actions and learn teamwork. Playing with objects naturally. *(Dress appropriately for the weather)*

Variety of the above sessions are suitable for children with additional needs
- **Midwife Clinics:** Booked appointments only via the Midwifery Teams for before and after delivery of your baby.

We welcome feedback on our services, please share your experiences with us by contacting us on: admin@homestartgreenwich.org.uk

Thank you

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HANDS

FACE

SPACE