









Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation, and practical considerations.

Centres	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK ONE: 25th July – 29th July 2022					
 <p>Brookhill 42 Brumwell Avenue Woolwich SE18 6BD</p> <p>020 8319 5320</p>	<p>Devonport Midwives Clinic <u>All day</u> Pre-booked Appointments</p> <p>2 Year Development Reviews 9:30am – 12pm  Appointment only</p> <p>Buggy walk/Toddler walk and picnic (Royal Arsenal) 10am-1pm Meeting at Brookhill Booking required*</p> <p>Mudchute Farm Trip Bring packed lunch Meeting DLR station for 9:30am Booking required*</p> <p>Autism Group 4pm – 5:30pm</p>	<p>Best Beginnings Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>Sport Day/Picnic 26th July Plumstead Manor, Old Mill Road, SE18 1QF Join us at the picnic grounds. Lots of fun and sports activities Bring a packed lunch. 10:30am-2pm</p> <p>Mum’s Aid Counselling 1pm – 4pm Pre-booked Appointments (No crèche provided)</p>	<p>Devonport Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>BCG Clinic (All day) Pre-booked Appointments</p> <p> Infant Feeding Clinic 1pm – 4pm Appointment only</p> <p>Thames Midwives Clinic <u>PM</u> Pre-booked Appointments</p> <p>Summer Disco (Birth-5yrs) Party Games & Party food 10am-12pm (Drop in) (£1 voluntary contribution per family)</p>	<p>Devonport Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>SENDSory Group 10am-12pm (Drop in)</p> <p>Stay & Play (Birth-5yrs) Messy play/Heuristic play 10am-12pm (Drop in) (£1 voluntary contribution per family)</p> <p>Weighing Clinic 1pm – 4pm  Appointment only</p>	<p>Blood Spots Clinics 9:30am – 11:30am Pre-booked Appointments</p> <p>Stay and play (Birth-5yrs) International friendship day (Bring a friend) 1:30pm-3pm (Drop in) (£1 voluntary contribution per family)</p> <p>Devonport Midwives Clinic <u>PM</u> Pre-booked Appointments</p>
<p>Cardwell 118 Frances Street Woolwich SE18 5LP</p> <p>020 8854 7342</p>	<p>6-8 Week Reviews 9:30am – 12pm  Appointment only</p> <p>Thames Midwives Clinic (AM) Pre-booked Appointments</p> <p>Mudchute Farm Trip Bring packed lunch Meeting DLR station for 9:30 *Booking is required</p>	<p>10-12 Months Development Reviews 9:30am – 12pm  Appointment only</p> <p>Sport Day/Picnic 26th July Plumstead Manor, Old Mill Road, SE18 1QF Join us at the picnic grounds. Lots of fun and sports activities Bring a packed lunch. 10:30am - 2pm</p>	<p>6-8 Week Reviews 9:30am – 12pm  Appointment only</p> <p>Thames Midwives Clinic (All day) Pre-booked Appointments</p>	<p>Best Beginnings Clinic (All day) Pre-booked Appointments</p> <p>Young Mum’s Group with Mum’s Aid 10am – 12pm (Pre-booked)</p>	<p>Thames Midwives Clinic (All day) Pre-booked Appointments</p> <p> Baby Group (Birth-1yr) 1pm – 3pm *Booking is required (room capacity)</p> <p>Buggy walk/Toddler walk and break for refreshments (Maryon Wilson park & farm) 10am-12pm Meeting at Cardwell</p>

Bromley Health Visiting & Breastfeeding Support Services are appointment only - contact on. ☎ 0300 330 5777 option 3, then option 2, then option 3

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Appointments only



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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
Eglinton Paget Rise Woolwich SE18 3PY 020 8331 0374	Weighing Clinic 9:30am – 12pm Appointment only Mudchute Farm Trip bring packed lunch Meeting DLR station for 9:30am *Booking is required 10-12 Months Development Reviews 1pm - 4pm Appointment only	Devonport Midwives Clinic (All day) Pre-booked Appointments Baby Group (Birth-1yr) 10am –12pm (Drop in) Sport Day/Picnic 26th July Plumstead Manor, Old Mill Road, SE18 1QF Join us at the picnic grounds. Lots of fun and sports activities Bring a packed lunch. 10:30am - 2pm	Best Beginnings Clinic (All day) Pre-booked Appointments Buggy walk/Toddler walk and break for refreshments (Woolwich Common Fields) 10am –12pm Meeting at Eglinton	2 Year Development Reviews 9:30am – 12pm Appointment only Childminders Stay & Play 9:30am – 11:30am (Run by local childminders, Ofsted Registered only)	6-8 Week Reviews 9:30am -12pm Appointment only Stay & Play (Birth-5yrs) Teddy Bear's Picnic 10:30am-12:30pm (Drop In) (£1 voluntary contribution per family) Baby Group (Birth-1yr) 1pm – 3pm (Drop in) Devonport Midwives Clinic (PM) Pre-booked Appointments
Glyndon Community Centre 75 Raglan Road, Plumstead SE18 7LB ----- 07563 373 767	Mudchute Farm Trip bring packed lunch Meeting DLR station for 9:30am *Booking is required	Sport Day/Picnic 26th July Plumstead Manor, Old Mill Road, SE18 1QF Join us at the picnic grounds. Lots of fun and sports activities Bring a packed lunch. 10:30am-2pm			
Mulgrave Rectory Place Woolwich, SE18 5DL 020 8331 4128 or contact Cardwell Team	Mudchute Farm Trip bring packed lunch Meeting DLR station for 9:30am *Booking is required	6-8 Week Reviews 9:30am – 11:30am Appointment only Sport Day/Picnic 26th July Plumstead Manor, Old Mill Road, SE18 1QF Join us at the picnic grounds. Lots of fun and sports activities Bring a packed lunch. 10:30am-2pm	2 Year Developmental Reviews 1pm - 4pm Appointment only	Mum's Aid Counselling From 10am - 12pm 1:1 Appointment only 6-8 Week Reviews 1pm - 4pm Appointment only	
Plumstead 6 Purrett Road Plumstead SE18 1JW 020 8836 9252	Mudchute Farm Trip bring packed lunch Meeting DLR station for 9:30am *Booking is required	Buggy walk/Toddler walk at Plumstead Common and break for refreshments Meeting at Plumstead 10am – 12pm Fun with Food (2yrs – 5yrs) 19 th July – 2 nd August 1pm - 3pm *Booking is required	Young Mum's Group with Mum's Aid 10am – 12pm (Pre-booked) 10-12 Month Developmental Reviews 1pm - 4pm Appointment Only	Stay & Play (Birth-5yrs) Sticky Finger 1:30pm – 3pm Booking is required room capacity (£1 voluntary contribution per family)	6-8 Week Reviews 9:30am – 12pm Appointment only

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HANDS

FACE

SPACE

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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
		<p>2 Year Developmental Reviews 1pm - 4pm Appointment only</p> <p>Sport Day/Picnic 26th July Plumstead Manor, Old Mill Road, SE18 1QF Join us at the picnic grounds. Lots of fun and sports activities Bring a packed lunch. 10:30am-2pm</p>			
<p>Plumcroft Primary School, Vincent Road, Woolwich, SE18 6RG</p> <p>07563 373 767</p>	<p>Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Dads with Babies Group Rhyme time (Birth-24mths) 12:45pm – 2:45pm</p> <p>Mudchute Farm Trip bring packed lunch Meeting DLR station for 9:30am *Booking is required</p>	<p>Baby Group (Birth-12mths) 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>New Wellbeing Picnic, Information Sessions *Booking is required Baby activities for mothers with new babies (Birth - 6 months) 26th July – 12pm – 2pm</p> <p>Sport Day/Picnic 26th July Plumstead Manor, Old Mill Road, SE18 1QF Join us at the picnic grounds. Lots of fun and sports activities Bring a packed lunch. 10:30am-2pm</p>	<p>Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Baby Soft Play (Birth-24mths) 12:45pm – 2:45pm (£1.50 per family)</p>	<p>Baby Group (Birth - 12mths) 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Bouncing Babies (Birth-18mths) 12:45pm – 1:45pm</p>	<p>Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Baby Group (Birth-12mths) Play & Rhyme Time 12:45pm – 2:45pm</p> <p>SENdsory Soft Play (Birth-4yrs) (Suitable for Pre-crawlers) 12:45pm – 2:45pm</p>
	*Booking is required for all groups at Plumcroft				
<p>Slade Erindale Plumstead SE18 2QQ</p> <p>020 8854 7900 opt 2</p>	<p>Music Therapy Also suitable for children with additional needs 9:30 - 10:15am – (Birth-1yr) 10:30 – 11:15am (Birth- 1yr) 11:30am – 12:15pm (18thms – 36mths) *Booking is required</p> <p>Mudchute Farm Trip bring packed lunch</p>	<p>Devonport Midwives Clinic AM Pre-booked Appointments</p> <p>Slade Library Rhyme Time 10:30am – 11am</p> <p> Infant Feeding Team 10am - 12pm Appointment only</p>	<p>Weighing Clinic 9:30am – 12pm Appointment only</p> <p>Best Beginnings Teenage Midwives Clinic PM Pre-booked Appointments</p> <p>TOTs Nature Space</p>	<p>Beach Party Stay & Play (Birth-5yrs) 1:30pm – 2:45pm (Drop in) (£1 voluntary contribution per family)</p> <p>Rhymes for Babies (Birth-18mths) 1:30pm – 2:15pm (Drop in)</p>	<p>10-12 Month Development Reviews 9:30am - 12pm Appointment only</p> <p>Slade Library Rhyme Time 10:30am – 11am</p>

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HANDS FACE SPACE

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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Meeting DLR station for 9:30am *Booking is required</p>	<p>Wellbeing Picnics, Information Sessions for pregnant mums 20th July / 3rd August 12pm – 2pm *Booking is required</p> <p>Sport Day/Picnic 26th July Plumstead Manor, Old Mill Road, SE18 1QF Join us at the picnic grounds. Lots of fun and sports activities Bring a packed lunch. 10:30am-2pm</p>	<p>Outdoor Play (Walkers - 5yrs) 1:30pm – 3pm (Drop in) (Dress appropriately for the weather) (£1 voluntary contribution per family)</p>		

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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
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WEEK TWO: 1st August – 5th August 2022

<p>Brookhill 42 Brumwell Avenue Woolwich SE18 6BD 020 8319 5320</p>	<p>Devonport Midwives Clinic All day Pre-booked Appointments</p> <p>2 Year Development Reviews 9:30am – 12pm Appointment only</p> <p>Beach Party (Birth -5yrs) 1:30pm-3pm (Drop in) (£1 voluntary contribution per family)</p> <p>Autism Group 4pm – 5:30pm</p>	<p>Best Beginnings Midwives Clinic AM Pre-booked Appointments</p> <p> Baby Messy Play (Birth-1yr) 10am-12pm (Drop in)</p> <p>Mum's Aid Counselling 1pm – 4pm Pre-booked Appointments (No crèche provided during holiday period)</p>	<p>Devonport Midwives Clinic AM Pre-booked Appointments</p> <p>BCG Clinic (All day) Pre-booked Appointments</p> <p> Infant Feeding Clinic 1pm – 4pm Appointment only</p> <p>Thames Midwives Clinic PM Pre-booked Appointments</p> <p>Going on a Treasure Hunt "The Tiger Who Came to Tea" & Buggy Walk at Oxleas Woods 10am-12pm Meeting point: Oxleas Woods café Booking required</p>	<p>Devonport Midwives Clinic AM Pre-booked Appointments</p> <p>SENDSory Group Suitable for SEND Baby/Toddler 10am-12pm (Drop in)</p> <p>Stay & Play (Birth-5yrs) Messy play/Heuristic play 10am-12pm (Drop in) (£1 voluntary contribution per family)</p> <p>Weighing Clinic 1pm – 4pm Appointment only</p>	<p>Blood Spots Clinics 9:30am – 11:30am Pre-booked Appointments</p> <p>Devonport Midwives Clinic PM Pre-booked Appointments</p>
<p>Cardwell Frances Street Woolwich SE18 5LP 020 8854 7342</p>	<p>6-8 Week Reviews 9:30am – 12pm Appointment only</p> <p>Thames Midwives Clinic (AM) Pre-booked Appointments</p>	<p>10-12 Months Development Reviews 9:30am – 12pm Appointment only</p> <p>Stay and Play (Birth-2yrs) 1:30pm – 2.45pm *Booking is required, room capacity (£1 voluntary contribution per family)</p> <p>Laugh, Sing and Play (Birth -2yrs) 1:30pm – 2:15pm Booking is required, room capacity (£1 per family)</p>	<p>6-8 Week Reviews 9:30am -12pm Appointment only</p> <p>Thames Midwives Clinic (All day) Pre-booked Appointments</p> <p>Going on a Treasure Hunt "The Tiger Who Came to Tea" & Buggy Walk at Oxleas Woods 10am-12pm Meeting point: Oxleas Woods café Booking required*</p>	<p>Best Beginnings Clinic (All day) Pre-booked Appointments</p> <p>Young Mum's Group with Mum's Aid 10am – 12pm (Pre-booked)</p>	<p>Thames Midwives Clinic (All day) Pre-booked Appointments</p>
<p>Eglinton Paget Rise Woolwich SE18 3PY 020 8331 0374</p>	<p>Weighing Clinic 9:30am – 12pm Appointment only</p> <p>10-12 Months Development Reviews 1pm-4pm Appointment only</p>	<p> Baby Group (Birth-1yr) TBC 10am –12pm (Drop in)</p>	<p>Baby Messy Play (Birth-1yr) 1.30pm-3:00pm (Drop in)</p> <p>Going on a Treasure Hunt "The Tiger Who Came to Tea" at Oxleas Woods 10am-12pm Meeting point: Oxleas Woods café Booking required*</p>	<p>2 Year Development Reviews 9:30am – 12pm Appointment only</p> <p>Childminders Stay & Play 9:30am – 11:30am (Run by local childminders, Ofsted Registered only)</p>	<p>6-8 Week Reviews 9:30am -12pm Appointment only</p> <p>Baby Group (Birth-1yr) 1pm – 3pm (Drop in)</p> <p>Devonport Midwives Clinic (PM) Pre-booked Appointments</p>

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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Glyndon Community Centre 75 Raglan Road, Plumstead SE18 7LB</p> <p>----- 07563 373 767</p>	<p>Creative Story telling "Dear Zoo" Stay & Play (Birth-5yrs) Suitable for Families affected by Ukrainian crisis (Variety of support available) 9:30am – 11:30am (Drop in)</p> <p>залишайтеся і грайте (0-5 років) українські сім'ї 9.00am – 11:30am</p>		<p>Going on a Treasure Hunt "The Tiger Who Came to Tea" & Buggy Walk at Oxleas Woods 10am-12pm Meeting point: Oxleas Woods café Booking required*</p>		
<p>Mulgrave Rectory Place Woolwich, SE18 5DL 020 8331 4128</p> <p>or contact Cardwell Team</p>		<p>6-8 Week Reviews 9:30am – 11:30am Appointment only</p>	<p>2 Year Developmental Reviews 1pm - 4pm Appointment only</p>	<p>Mum's Aid Counselling From 10am - 12pm 1:1 Appointment only</p> <p>6-8 Week Reviews - 1pm - 4pm Appointment only</p>	
<p>Plumstead 6 Purrett Road Plumstead SE18 1JW</p> <p>020 8836 9252</p>		<p>Trip to Victoria Park 10am – 1pm Call Centre for more details</p>	<p>Going on a Treasure Hunt "The Tiger Who Came to Tea" & Buggy Walk at Oxleas Woods 10am-12pm Meeting point: Oxleas Woods café Booking required*</p> <p>Young Mum's Group with Mum's Aid 10am – 12pm (Pre-booked)</p> <p>10-12 Month Developmental Reviews 1pm - 4pm Appointment Only</p>	<p>Stay & Play (0-5yrs) Slime making session 9:30am-11.30am Booking is required, room capacity (£1 voluntary contribution per family)</p>	<p> 6-8 Week Reviews 9:30am – 12pm Appointment only</p>

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Plumcroft Primary School, Vincent Road, Woolwich, SE18 6RG 07563 373 767	<p>Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Dads with Babies Group (Birth-24mths) 12:45pm – 2:45pm</p> <p>Buggy walk/Toddler walk and break for refreshments (Royal Arsenal) 10am-12pm Meeting at Plumcroft Booking required*</p>	<p>Baby Group (Birth-12mths) 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Mini Sports Day (Birth-18mths) 12:45pm – 2:45pm Booking required*</p>	<p>No Groups</p>	<p>Baby Group (Birth - 12mths) 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)</p> <p>Bouncing Babies (Birth-18mths) 12:45pm – 1:45pm Booking required*</p>	
Slade Erindale Plumstead SE18 2QQ 020 8854 7900 opt 2	<p>Music Therapy Also suitable for children with additional needs 9:30 - 10:15am – (Birth-1yr) 10:30 – 11:15am (Birth- 1yr) 11:30am – 12:15pm (18thms – 36mths) *Booking is required</p> <p>Creative Storytelling... “Elemer” (Birth-5yrs) 1:30pm-3pm (Drop in) (£1 voluntary contribution per family)</p>	<p>Devonport Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>Slade Library Rhyme Time 10:30am – 11am</p> <p> Infant Feeding Team 10am - 12pm Appointment only</p> <p>Buggy walk/Toddler walk and break for refreshments (Plumstead Common) Meeting at Slade 10am – 12pm</p>	<p>Weighing Clinic 9:30am – 12pm  Appointment only</p> <p>Best Beginnings Teenage Midwives Clinic <u>PM</u> Pre-booked Appointments</p> <p>Going on a Treasure Hunt “The Tiger Who Came to Tea” & Buggy Walk at Oxleas Woods 10am-12pm Meeting point: Oxleas Woods café Booking required*</p>	<p>Stay & Play (0-5yrs) Physical Activities 1:30pm – 3:00pm (Drop in) £1 voluntary contribution per family)</p>	<p>10-12 Month Development Reviews 9:30am - 12pm  Appointment only</p> <p>Slade Library Rhyme Time 10:30am – 11am</p>

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WEEK THREE: 8th August – 12th August 2022

<p>Brookhill 42 Brumwell Avenue Woolwich SE18 6BD 020 8319 5320</p>	<p>Devonport Midwives Clinic <u>All day</u> Pre-booked Appointments</p> <p>2 Year Development Reviews 9:30am – 12pm Appointment only</p> <p>Autism Group 4pm – 5:30pm</p>	<p>Best Beginnings Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>Mum's Aid Counselling 1pm – 4pm Pre-booked Appointments (Limited crèche is provided)</p>	<p>Devonport Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>BCG Clinic (<u>All day</u>) Pre-booked Appointments</p> <p> Infant Feeding Clinic 1pm – 4pm Appointment only</p> <p>Thames Midwives Clinic <u>PM</u> Pre-booked Appointments</p> <p>Baby massage Taster (Birth-non crawlers) 9:30am-10:15am 10:30am-11:15am Booking is required</p>	<p>Devonport Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>Baby Rhyme Time (Birth-1yr) 10am-12pm (Drop in)</p> <p> Weighing Clinic 1pm – 4pm Appointment only</p>	<p>Blood Spots Clinics 9:30am – 11:30am Pre-booked Appointments</p> <p>Music Therapy Also suitable for children with additional needs 9:30am – (Birth-1yr) 10:15am – (Birth- 1yr) 11:30am (18thms – 36mths) *Booking is required</p> <p>Stay and Play (Birth -5yrs) Under the Sea theme 10:30-12pm (Drop in)</p> <p>(£1 voluntary contribution per family)</p> <p>Devonport Midwives Clinic <u>PM</u> Pre-booked Appointments</p>
<p>Cardwell Frances Street Woolwich SE18 5LP 020 8854 7342</p>	<p>6-8 Week Reviews 9:30am – 12pm Appointment only</p> <p>Thames Midwives Clinic (AM) Pre-booked Appointments</p>	<p>Baby massage Taster (Birth-non crawlers) 1pm-1:45pm 2pm-2:45pm Booking is required</p>	<p>6-8 Week Reviews 9:30am -12pm Appointment only</p> <p>Thames Midwives Clinic (All day) Pre-booked Appointments</p>	<p>Best Beginnings Clinic (All day) Pre-booked Appointments</p> <p>Young Mum's Group with Mum's Aid 10am – 12pm (Pre-booked)</p>	<p>Thames Midwives Clinic (All day) Pre-booked Appointments</p> <p>Baby Group (Birth-1yr) 1:30pm – 3pm Booking is required, room capacity</p>
<p>Eglinton Paget Rise Woolwich SE18 3PY 020 8331 0374</p>	<p> Weighing Clinic 9:30am – 12pm Appointment only</p> <p>10-12 Months Development Reviews 1pm-4pm Appointment only</p>	<p>Devonport Midwives Clinic (All day) Pre-booked Appointments</p> <p>Baby Group (Birth-1yr) 10am –12pm (Drop in)</p>	<p>Best Beginnings Clinic (All day) Pre-booked Appointments</p>	<p>2 Year Development Reviews 9:30am – 12pm Appointment only</p>	<p>6-8 Week Reviews 9:30am -12pm Appointment only</p> <p>Stay & Play (0-5yrs) 9:30am – 11:30am (Drop in) (£1 voluntary contribution per family)</p> <p>Baby Group (Birth-1yr) 1pm – 3pm (Drop in)</p> <p>Devonport Midwives Clinic (PM) Pre-booked Appointments</p>

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<p>Glyndon Community Centre 75 Raglan Road, Plumstead SE18 7LB ----- Supported by Plumcroft Team on 07563 373 767</p>	<p>Stay & Play (Birth-5yrs) "Going on a Bear Hunt" 10:30am-12:30pm (Drop in) (£1 voluntary contribution per family) & залишайтеся і грайте (0-5 років) українські сім'ї 9am – 11:30am</p>	No groups	No groups	No groups	No groups
<p>Mulgrave Rectory Place Woolwich, SE18 5DL 020 8331 4128 or contact Cardwell Team</p>		<p>6-8 Week Reviews 9:30am – 11:30am Appointment only</p>	<p>2 Year Developmental Reviews 1pm - 4pm Appointment only</p>	<p>Mum's Aid Counselling From 10am - 12pm 1:1 Appointment only 6-8 Week Reviews - 1pm - 4pm Appointment only</p>	
<p>Plumstead 6 Purrett Road Plumstead SE18 1JW 020 8836 9252</p>	<p>Creative Storytelling "Elmer" & Rhyme Time (Birth-3yrs) 10:30am-12pm *Booking is required, room capacity</p>	No groups		<p>Coffee morning (Birth-2yrs) 9:30am-11.30am *Booking is required, room capacity Teddy Bear's Picnic outdoor Please come along with your teddy bears or favourite toys. (0-5yrs) 1:30pm – 2:45pm *Booking is required, room capacity</p>	No groups
<p>Plumcroft Primary School Vincent Road, Woolwich, SE18 6RG 07563 373 767</p>	<p>Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Dads with Babies Group Rhyme time (Birth-24mths) 12:45pm – 2:45pm Booking is required</p>	<p>Baby Group (Birth-12mths) 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Booking is required</p>	<p>Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Mini Fancy Dress Disco (Birth-24mths) 12:45pm – 2:45pm (£1.50 per family) Booking is required</p>	No groups	<p>Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Baby Group (Birth-12mths) Play & Rhyme Time 12:45pm – 2:45pm SENDSory Soft Play (Birth-4yrs) (Suitable for Pre-crawlers) 12:45pm – 2:45pm Booking is required</p>

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Call each Centre to book onto some sessions






Appointments only



£ charges apply for certain sessions (cash/card optional)



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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Slade Erindale Plumstead SE18 2QQ</p> <p>020 8854 7900 opt 2</p>	<p>No groups</p>	<p>Devonport Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>Slade Library Rhyme Time 10:30am – 11am</p>  <p>Infant Feeding Team 10am - 12pm Appointment only</p>	<p>Weighing Clinic 9:30am – 12pm Appointment only</p>  <p>Best Beginnings Teenage Midwives Clinic <u>PM</u> Pre-booked Appointments</p>	<p>Stay & Play (0-5yrs) Physical Activities 1:30pm – 3:00pm (Drop in) (£1 voluntary contribution per family)</p>	<p>10-12 Month Development Reviews 9:30am - 12pm Appointment only</p>  <p>Slade Library Rhyme Time 10:30am – 11am</p>

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Appointments only



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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
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WEEK FOUR: 15 th August – 19 th August 2022					
<p>Brookhill 42 Brumwell Avenue Woolwich SE18 6BD 020 8319 5320</p>	<p>Devonport Midwives Clinic <u>All day</u> Pre-booked Appointments</p> <p>2 Year Development Reviews 9:30am – 12pm Appointment only</p> <p>Autism Group 4pm – 5:30pm</p>	<p>Best Beginnings Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>Mum’s Aid Counselling 1pm – 4pm Pre-booked Appointments (Limited crèche is provided)</p>	<p>Devonport Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p>BCG Clinic (<u>All day</u>) Pre-booked Appointments</p> <p> Infant Feeding Clinic 1pm – 4pm Appointment only</p> <p>Thames Midwives Clinic <u>PM</u> Pre-booked Appointments</p>	<p>Devonport Midwives Clinic <u>AM</u> Pre-booked Appointments</p> <p> Weighing Clinic 1pm – 4pm Appointment only</p>	<p>Blood Spots Clinics 9:30am – 11:30am Pre-booked Appointments</p> <p>Devonport Midwives Clinic <u>PM</u> Pre-booked Appointments</p>
<p>Cardwell Frances Street Woolwich SE18 5LP 020 8854 7342</p>	<p>6-8 Week Reviews 9:30am – 12pm Appointment only</p> <p>Thames Midwives Clinic (AM) Pre-booked Appointments</p>	<p>10-12 Month Development Reviews 9:30am – 12pm Appointment only</p>	<p>6-8 Week Reviews 9:30am -12pm Appointment only</p> <p>Thames Midwives Clinic (All day) Pre-booked Appointments</p>	<p>Best Beginnings Clinic (All day) Pre-booked Appointments</p> <p>Young Mum’s Group with Mum’s Aid 10am – 12pm (Pre-booked)</p>	<p>Thames Midwives Clinic (All day) Pre-booked Appointments</p> <p>Baby Group (Birth-1yr) 1:30pm – 3pm *Booking is required, room capacity</p>
<p>Eglinton Paget Rise Woolwich SE18 3PY 020 8331 0374</p>	<p> Weighing Clinic 9:30am – 12pm Appointment only</p> <p>10-12 Months Development Reviews 1pm-4pm Appointment only</p>	<p>Devonport Midwives Clinic (All day) 1:1 Appointment only</p> <p>Baby Group (Birth-1yr) 10am –12pm (Drop in)</p> <p>Stay & Play (Birth-5yr) Beach Party: Water play 1pm – 3pm (Drop in) (£1 voluntary contribution per family)</p>	<p>Best Beginnings Clinic (All day) 1:1 Appointment only</p>	<p>2 Year Development Reviews 9:30am – 12pm Appointment only</p>	<p> 6-8 Week Reviews 9:30am -12pm Appointment only</p> <p>Stay & Play (Birth-5yrs) 9:30am – 11:30am (Drop in) (£1 voluntary contribution per family)</p> <p>Baby Group (Birth-1yr) 1pm – 3pm (Drop in)</p> <p>Devonport Midwives Clinic (PM) Pre-booked Appointments</p>
<p>Glyndon Community Centre 75 Raglan Road, Plumstead SE18 7LB ----- 07563 373 767</p>	<p>Stay & Play (Birth-5yrs) “Teddy Bear Picnic” Bring your favorite toy & picnic. Fruits & drinks will be provided. 10:30am-12:30pm (Drop in) (£1 voluntary contribution per family) & залишайтеся і грайте (0-5 років) українські сім’ї - 9am – 11:30am</p>	<p>No groups</p>	<p>No groups</p>	<p>No groups</p>	<p>No groups</p>

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Appointments only



£ charges apply for certain sessions (cash/card optional)



HANDS

FACE

SPACE

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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
Mulgrave Rectory Place Woolwich, SE18 5DL 020 8331 4128 or contact Cardwell	No groups	6-8 Week Reviews 9:30am – 11:30am Appointment only	2 Year Developmental Reviews 1pm - 4pm Appointment only	Mum's Aid Counselling From 10am - 12pm 1:1 Appointment only 6-8 Week Reviews - 1pm - 4pm Appointment only	No groups
Plumstead 6 Purrett Road Plumstead SE18 1JW 020 8836 9252	Stay & Play (Birth-5yrs) 10am-12pm *Booking is required, room capacity (£1 voluntary contribution per family)	Bouncing babies (Birth-18mths) 9:30am-10:15am *Booking is required	No groups	Stay & Play (Birth-5yrs) Cinema 9:30am-11:30am *Booking is required, room capacity (£1 voluntary contribution per family)	No groups
Plumcroft Primary School Vincent Road, Woolwich, SE18 6RG 07563 373 767	Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Dads with Babies Group (Birth-24mths) 12:45pm – 2:45pm	Baby Group (Birth-12mths) 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Baby Soft Play (Birth-24mths) 12:45pm – 2:45pm (£1.50 per family)	Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Baby Soft Play (Birth-24mths) 12:45pm – 2:45pm (£1.50 per family) Mums & Dads Cream Tea Party (Birth-24mths) 12:45pm – 2:45pm (Food provided) (£1.50 per family)	Baby Group (Birth - 12mths) 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Bouncing Babies (Birth-18mths) 12:45pm – 1:45pm	Baby Group (Birth-12mths) Play & Rhyme Time 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Baby Group (Birth-12mths) Play & Rhyme Time 12:45pm – 2:45pm SENSory Soft Play (Birth-4yrs) (Suitable for Pre-crawlers) 12:45pm – 2:45pm
Slade Erindale Plumstead SE18 2QQ 020 8854 7900 opt 2	No groups	Devonport Midwives Clinic AM Pre-booked Appointments Slade Library Rhyme Time 10:30am – 11am Infant Feeding Team 10am - 12pm Appointment only New Parent Group (Birth-1yr) Tea Party 1:30pm – 2:45pm (Drop in)	Weighing Clinic 9:30am – 12:00pm 1:1 Appointment only Best Beginnings Teenage Midwives Clinic PM 1:1 Appointment only	No groups	10-12 Month Development Reviews 9:30am - 12pm Appointment only Slade Library Rhyme Time 10:30am – 11am

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Appointments only



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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK FIVE: 22nd August – 26th August 2022					
<p>Brookhill 42 Brumwell Avenue Woolwich SE18 6BD 020 8319 5320</p>	<p>Devonport Midwives Clinic <i>All day</i> Pre-booked Appointments</p> <p>2 Year Development Reviews 9:30am – 12pm Appointment only</p> <p>Autism Group 4pm – 5:30pm</p>	<p>Best Beginnings Midwives Clinic <i>AM</i> Pre-booked Appointments</p> <p>Stay & Play (Birth-5yrs) *Booking is required (£1 voluntary contribution per family) 10:00am – 12:00pm</p>	<p>Devonport Midwives Clinic <i>AM</i> Pre-booked Appointments</p> <p>BCG Clinic (<i>All day</i>) Pre-booked Appointments</p> <p> Infant Feeding Clinic 1pm – 4pm Appointment only</p> <p>Thames Midwives Clinic <i>PM</i> Pre-booked Appointments</p>	<p>Devonport Midwives Clinic <i>AM</i> Pre-booked Appointments</p> <p> Weighing Clinic 1pm – 4pm Appointment only</p>	<p>Blood Spots Clinics 9:30am – 11:30am Pre-booked Appointments</p> <p>Music Therapy Also suitable for children with additional needs 9:30am – (Birth-1yr) ----- 10:15am – (Birth- 1yr)</p> <p>11:30am (18thms – 36mths) *Booking is required</p> <p>Stay & Play (Birth-5yrs) Water Play/Busy Bees 1:00pm – 3:00pm (Drop in) (£1 voluntary contribution per family)</p> <p>Devonport Midwives Clinic <i>PM</i> Pre-booked Appointments</p>
<p>Cardwell 118 Frances Street Woolwich SE18 5LP 020 8854 7342</p>	<p>6-8 Week Reviews 9:30am – 12pm Appointment only</p> <p>Thames Midwives Clinic (AM) Pre-booked Appointments</p>	<p>10-12 Month Development Reviews 9:30am – 12pm Appointment only</p>	<p>6-8 Week Reviews 9:30am -12pm Appointment only</p> <p>Thames Midwives Clinic (All day) Pre-booked Appointments</p>	<p>Best Beginnings Clinic (All day) Pre-booked Appointments</p> <p>Young Mum’s Group with Mum’s Aid 10am – 12pm (Pre-booked)</p>	<p style="text-align: center;">No groups</p>
<p>Eglinton Paget Rise Woolwich SE18 3PY 020 8331 0374</p>	<p> Weighing Clinic 9:30am – 12pm Appointment only</p> <p>10-12 Months Development Reviews 1pm-4pm Appointment only</p>	<p>Devonport Midwives Clinic (All day) Pre-booked Appointments</p> <p>Baby Group (Birth-1yr) 10am –12pm (Drop in)</p>	<p>Best Beginnings Clinic (All day) Pre-booked Appointments</p>	<p> 2 Year Development Reviews 9:30am – 12pm Appointment only</p>	<p> 6-8 Week Reviews 9:30am -12pm Appointment only</p> <p>Baby Group (Birth-1yr) 1pm – 3pm (Drop in)</p> <p>Devonport Midwives Clinic (PM) Pre-booked Appointments</p>

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Appointments only



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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
Glyndon Community Centre 75 Raglan Road, Plumstead SE18 7LB ----- 07563 373 767	Stay & Play (Birth-5yrs) “Beach Party& Water Splash” 10:30am-12:30pm (Drop in) (£1 voluntary contribution per family) & залишайтеся і грайте (0-5 років) українські сім’ї 10:30am-12:30pm	No groups	No groups	No groups	No groups
Mulgrave Rectory Place Woolwich, SE18 5DL 020 8331 4128 or contact Cardwell Team	No groups	6-8 Week Reviews 9:30am – 11:30am Appointment only	2 Year Developmental Reviews 1pm - 4pm Appointment only	Mum’s Aid Counselling From 10am - 12pm 1:1 Appointment only 6-8 Week Reviews - 1pm - 4pm Appointment only	No groups
Plumstead 6 Purrett Road Plumstead SE18 1JW 020 8836 9252	No groups	No groups	No group	No group	No groups
Plumcroft Primary School Vincent Road, Woolwich, SE18 6RG 07563 373 767	No group	Baby Group (Birth-12mths) 9:30am – 11:30am & Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Baby Soft Play (Birth-24mths) 12:45pm – 2:45pm (£1.50 per family)	Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Baby Soft Play (Birth-24mths) 12:45pm – 2:45pm (£1.50 per family)	Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) Baby Soft Play (Birth-24mths) 12:45pm – 2:45pm (£1.50 per family)	Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family) SENSory Soft Play (Birth-4yrs) (Suitable for Pre-crawlers) 12:45pm – 2:45pm

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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Slade Erindale Plumstead SE18 2QQ</p> <p>020 8854 7900 opt 2</p>	<p>No groups</p>	<p>Devonport Midwives Clinic <u>AM</u></p> <p>Slade Library Rhyme Time 10:30am – 11am</p>  <p>Infant Feeding Team 10am - 12pm Appointment only</p>	<p>Weighing Clinic 9:30am – 12:00pm 1:1 Appointment only</p> <p>Best Beginnings Teenage Midwives Clinic <u>PM</u> 1:1 Appointment only</p> <p>Forest school 10.30am-12.00pm</p> <p>TOTs Nature Space (Walkers - 5yrs) Outdoor play 1pm – 3pm</p>	<p>Stay & Play (Birth-5yrs) Book Storytelling The Hungry Caterpillar 1:30pm – 2:45pm (Drop in) (£1 voluntary contribution per family)</p>	<p>10-12 Month Development Reviews 9:30am - 12pm Appointment only</p> <p>Slade Library Rhyme Time 10:30am – 11am</p>

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Appointments only



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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK SIX: 29th August – 2nd September 2022					
<p>Brookhill 42 Brumwell Avenue Woolwich SE18 6BD 020 8319 5320</p>	B/H	<p>Best Beginnings Midwives Clinic AM Pre-booked Appointments</p> <p>Mum's Aid Counselling 1pm – 4pm Pre-booked Appointments (Limited crèche is provided)</p>	<p>Devonport Midwives Clinic AM Pre-booked Appointments</p> <p>BCG Clinic (All day) Pre-booked Appointments</p> <p>Infant Feeding Clinic 1pm – 4pm Appointment only</p> <p>Thames Midwives Clinic PM Pre-booked Appointments</p>	INSET DAY	INSET DAY
<p>Cardwell 118 Frances Street Woolwich SE18 5LP 020 8854 7342</p>	B/H	<p>10-12 Month Development Reviews 9:30am – 12pm Appointment only</p>	<p>6-8 Week Reviews 9:30am -12pm Appointment only</p> <p>Thames Midwives Clinic (All day) Pre-booked Appointments</p>	INSET DAY	INSET DAY
<p>Eglinton Paget Rise Woolwich SE18 3PY 020 8331 0374</p>	B/H	<p>Devonport Midwives Clinic (All day) Pre-booked Appointments</p> <p>Baby Group (Birth-1yr) 10am –12pm (Drop in)</p>	<p>Best Beginnings Clinic (All day) Pre-booked Appointments</p>	INSET DAY	INSET DAY
<p>Glyndon Community Centre 75 Raglan Road, Plumstead SE18 7LB 07563 373 767</p>	B/H	No groups	No groups	INSET DAY	INSET DAY
<p>Mulgrave Rectory Place Woolwich, SE18 5DL 020 8331 4128 or contact Cardwell Team</p>	B/H	<p>6-8 Week Reviews 9:30am – 11:30am Appointment only</p>	<p>2 Year Developmental Reviews 1pm - 4pm Appointment only</p>	INSET DAY	INSET DAY
<p>Plumstead 6 Purrett Road Plumstead SE18 1JW 020 8836 9252</p>	B/H	<p>2 Year Developmental Reviews 1pm - 4pm Appointment only</p>	<p>Young Mum's Group with Mum's Aid 10am – 12pm (Pre-booked)</p> <p>10-12 Month Developmental Reviews 1pm - 4pm Appointment Only</p>	INSET DAY	INSET DAY

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Centres	Monday	Tuesday	Wednesday	Thursday	Friday
Plumcroft Primary School , Vincent Road, Woolwich, SE18 6RG 07563 373 767	B/H	Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)	Baby Soft Play (Birth-24mths) 9:30am – 11:30am (£1.50 per family)	INSET DAY	INSET DAY
Slade Erindale Plumstead SE18 2QQ 020 8854 7900 opt 2	B/H	Devonport Midwives Clinic AM Pre-booked Appointments Slade Library Rhyme Time 10:30am – 11am Infant Feeding Team 10am - 12pm Appointment only	Weighing Clinic 9:30am – 12pm Appointment only Best Beginnings Teenage Midwives Clinic PM Pre-booked Appointments	INSET DAY	INSET DAY Slade Library Rhyme Time 10:30am – 11am

HOMESTART GREENWICH CHILDREN'S CENTRES SUMMER EVENTS/OUTINGS

*Special Events/Trips	Info	Dates / Times
Outdoor Play Slade CC	Come have fun at our outdoor play, which allows you and your children to play, explore and discover. Maintaining a relationship with nature which can be very helpful in supporting children's emotional and mental wellbeing. Developing our Confidence, Social skills, Language and communication, sensory experiences Motivation and concentration... Physical skills Knowledge and understanding increase respect and interest for the environment and natural surroundings.	
Treasure Hunt at Oxleas Woods	Join us at Oxleas Woods . Take off point: Car Park	@10am to @12pm
Buggy Walk Slade Centre Library	Buggy Walks to the local parks and river side - bring a packed lunch. Summer Reading Challenge	Contact Slade Library for more details
Plumstead Day Nursery 6 Purrett Road, SE18 1JW Book now 0208 317 6960	Summer Holiday Club (2 to 5 years old) Arts & Crafts Dinosaur Hunt Interactive Story Telling Nature & Gardening Teddy Bear Picnic and lots more	July 25th - August 26th Monday – Friday 9am - 3pm 9am - 12 noon Prices: £22.00 (inc. snack) 12 noon - 3pm Prices: £22.00 (inc. snack) Full Day 9am - 3pm Prices: £51.00 (inc. lunch & snacks)

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Appointments only



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HANDS FACE SPACE

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Centres

Monday

Tuesday

Wednesday

Thursday

Friday

Services Explained & Additional Information

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- **Baby Group & Soft Play:** Sessions provide fun with signing songs and bonding experiences whilst making new friends.
- **Stay & Play Sessions:** A variety of activities where you come and stay with your child. Sessions enable you to meet other parents and carers in a friendly and fun atmosphere with opportunities to play and engage with your child, and we provided light refreshments for a **(£1 voluntary contribution per family)**
 - *Learn through Play & Sticky Fingers:* an interactive play session for both parents and child.
 - *Messy Play:* fun bonding & play with babies.
 - *Rhyme Time:* musical sessions for babies.
 - *Creative Storytelling Sessions.*
- **Monthly Meet-Up for Children with Downs Syndrome:** First Tuesday of the month and run by parents with children who have Downs Syndrome (no age limit).
 - **Autism Group:** Meets weekly a play group for Autistic children (no age limit).
 - **Childminders Stay & Play:** Play session run by childminders and the children in their care.
 - **SEND Baby & Toddler Support Group:** Music, singing & sensory activities for babies with delays or SEND children
- **Music Therapy:** Come and try the various instruments and join in with the Music Therapist who runs the group. This helps your child be ready for nursery or school by supporting their core skills of listening, confidence, and social awareness. **(Term time only)**
 - **Laugh, Sing & Play:** Interactive play/singing session with bubbles, twirlers & parachute. **£1 per family. (Term time only)**
- **Nature Space (Outdoor Play)** Provides to experience freedom and space to explore and demonstrate independence, gain increased awareness of environment, consequences of their actions and learn teamwork. Playing with objects naturally. **(Dress appropriately for the weather)**

Variety of the above sessions are suitable for children with additional needs

 - **Midwife Clinics:** Booked appointments only via the Midwifery Teams for before and after delivery of your baby.

We welcome feedback on our services, please share your experiences with us by contacting our Centres and for general enquiries: enquiries@homestartgreenwich.org.uk

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HANDS

FACE

SPACE