






























HOMESTART GREENWICH CHILDREN'S CENTRES SUMMER PROGRAMME WEEK ONE: 22nd July–26th July 2024

	MONDAY 22 nd	TUESDAY 23 rd	WEDNESDAY 24 th	THURSDAY 25 th	FRIDAY 26 th
<p>Brookhill Children's Centre Community Centre Family Hub 42 Brumwell Avenue Woolwich SE18 6BD Tel: 020 8319 5320</p> <p><u>BROOKHILL "WELCOME CAFE"</u> (See board for prices)</p> <p><u>Opening Days/Times:</u></p> <p><u>WEDS & THURSDAYS</u> Coffee, Light Bites and Lunch (available to purchase) 9.00am - 2.00pm</p> <p><u>FRIDAYS</u> Coffee & Light Bites 9.00am-11.00am (available to purchase)</p> <p><u>Community Meal (FREE)</u> 1.00pm - 2.00pm Menu Changes Weekly (Contributions welcome)</p> <p><u>Food Provision</u> 3.00pm-3.45pm</p>	<p>Thames Midwives Clinic (All day) Appointment only</p> <p>2 Year Development Reviews 9.30am – 12.00pm Appointment only (Family Room)</p> <p>Under 2s Stay & Play Play, Games & Rhyme Time (Birth-18mths) 1.45pm-2.30pm Drop in (£1.00 per family)</p> <p>Autistic Inclusive Meets (Autistic led organisation) 4.00pm-5.30pm No diagnosis necessary Siblings welcome £2.00 per family (Refreshments included) (Hall)</p>	<p>Best Beginnings Midwives Clinic (AM) Appointment only</p> <p>ToTs Talking (2-year-olds) (Term Time Only) Information and activity ideas to help your child's speech development (last session). 1.30pm – 2.30pm (Hall)</p> <p>Well-being Welcome 1.00pm - 3.00pm Meet and greet the Well-being Team Find out about available support for your family. (Term-Time Only) (Drop In) (Family Room)</p> <p>Rhythm Masters Dance Classes (7–15years) 5.00pm - 6.00pm Build self-confidence and learn new dance skills and routines. (Drop in – FREE) (Hall)</p> <p>Adult Course: Hair Braiding for Beginners (FINAL WEEK) 5.30pm - 6.30pm Learn new skills and techniques. (Call to book) FREE (Family Room) Limited Creche spaces available</p>	<p>Thames Midwives Clinic (All day) Appointment only</p> <p>WELCOME CAFE Breakfast & Lunch Service 9.00am-2.00pm (Light bites, hot drinks and lunch time meals available to purchase)</p> <p> Infant Feeding Clinic 1.00pm – 2.30pm (Drop in) (Hall)</p> <p>Baby Ballers - Football and Ball Skills Activity Class Help your child develop new skills and confidence. 1.45pm-2.30pm Suitable for new walkers up to 2 years. (Call to book) (£1.00 per family) (Family Room)</p>	<p>Thames Midwives Clinic (All Day) Appointment only</p> <p>SENDsory Group 10,00am-11.30am (Drop in) Suitable for babies and children with abilities and disabilities. (Siblings are welcome) (Hall) (£1.00 voluntary contribution per family)</p> <p>TFTs Stay & Play & Transition Awareness Workshop Together for Twos Advice Session. Come to the Children's Centre to find out more about FREE Early Education for your two-year old's. Session planned around school readiness. (Suitable for children from 2 years +) 1.00pm – 3.00pm Booking required For more information or to book call Brookhill.</p> <p>WELCOME CAFE Breakfast & Lunch Service 9.00am-2.00pm (Light bites, hot drinks and lunch time meals available to purchase)</p> <p>Well Baby Clinic (Including weighing) 1.30pm – 3.30pm (Drop in) (Hall)</p> <p>Laugh, Sing & Play Interactive Play & Singing Session (Birth-5 years)</p>	<p>Thames Midwives Clinic (PM) Appointment only Cancelled</p> <p> Blood Spots Clinics 9.30am – 12.00pm Appointment only</p> <p>WELCOME CAFE Coffee Morning 9.00am-11.00am (Light bites and hot drinks available to purchase)</p> <p>Music Therapy 1st session @ 9:30am (Birth-1yr) 2nd session @ 10:15am (1yr -3yrs) Sessions suitable for all abilities and disabilities Delivered by Oxleas NHS Specialist Music Therapist (SEND Friendly) (Call to book) (Term Time Only)</p> <p>COMMUNITY MEAL (FREE) 1.00pm-2.00pm (Contributions Welcome) (Drop in)</p> <p>Stay & Play (2-5yrs) Play & Rhyme Time 1.30pm - 2.45pm Limited spaces (£1.00 per family) *Booking required (Hall)</p> <p>FOOD PROVISION 3.00pm - 3.45pm (approximately)</p>

<p>(approximately) See staff for further details or visit the HSG Website/Social Media sites for upcoming Healthy Eating and Cookery Skills Workshops</p>				<p>1.30pm-2.15pm (Call to book) (£1.00 per family) (Family Room)</p> <p>Adult Keep Fit Classes (Indoor/Outdoor) Trim, Tone and Full Body Workouts (for all levels of fitness) Delivered by “No Shane, No Gain” (Personal Trainer) 5.30pm -6.30pm Call to book (limited spaces) (£2.00 per adult) (Outdoors/Family Room)</p> <p>Roller Skating Classes (Final Session 5.30-6.30) For 12–16 year-olds Limited Spaces Booking is required - FREE (Hall)</p>	
<p>Cardwell Frances Street Woolwich SE18 5LP Tel: 020 8854 7342</p>	<p>Devonport Midwives Clinic (AM)  Appointment only</p>	<p>10-12 Months Development Reviews  9.30am – 12.00pm Appointment only</p> <p>Mum’s Aid Counselling 9.30am -12.30pm 1.30pm - 3.30pm (Creche available - Term time only) Appointment Only</p>	<p>Thames Midwives Clinic (AM)  Appointment only</p> <p>Akwaaba With Mum’s Aid 1.00pm - 3.00pm Sign Up or Call: 07758763908 (until 7th August)</p>	<p>Best Beginnings Clinic (All day)  Appointment only</p> <p>Restore with Mum’s Aid  10.00am – 4.00pm Appointment only</p>	<p>Devonport Midwives Clinic (All day)  Appointment only</p>
<p>Eglinton Paget Rise Woolwich SE18 3PY Tel: 020 8331 0374</p> <p><u>Please wear appropriate shoes & clothing for a fun day out.</u></p>	<p>2 Year Development Reviews  9.30am – 11.30am Appointment only</p> <p>10-12 Months Development Reviews  1.00pm – 4.00pm Appointment only</p>	<p>Thames Midwives Clinic (All day)  Appointment only</p> <p>Baby & Toddler Stay & Play (0-5yr) Book Storytelling “The Hungry Caterpillar” 1:00pm – 3:00pm (Drop in) (£1.00 per family)</p>	<p>Best Beginnings Clinic (All day)  Appointment only</p>	<p>Thames Midwives Clinic (All day)  Appointment only</p> <p>Childminders Stay & Play 9.30am – 11.30am (Drop in) This session is for foster carers, nannies & childminders. (£1.00 per session)</p>	<p>2 Year Development Reviews  9.30am – 12.30pm Appointment only</p> <p>Stay & Play (0-5yrs) “Teddy Bear’s Picnic” Bring along a packed lunch/snack, blankets and Teddy Bears. <u>NO NUTS PLEASE</u> 10.00am -11.45am (Drop in) (£1.00 per family)</p>










<p>School House Whitworth Road Woolwich SE18 3QA 0208 719 0050</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>
<p>Mulgrave Rectory Place Woolwich SE18 5DL 020 8854 7342</p>	<p>Baby Group (Birth-1yr) 9.30am – 11.30am (Drop in) (£1.00 per family)</p>	<p>Mum's Aid Counselling 11.00am – 2.00pm  Appointment only</p>	<p>2 Year Developmental Reviews 1.00pm – 4.00pm  Appointment only</p>	<p>Specialist Clinic 9.00 - 1.00pm Appointment Only</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>
<p>Plumstead 6 Purrett Road Plumstead SE18 1JW Tel: 020 8836 9252</p>	<p>Mum's Aid Counselling 12.00pm - 4.00pm Appointment Only </p>	<p>Oxleas Perinatal Team Journey through Motherhood Group  10.00am – 12.00pm Appointment only</p> <p>Oxleas Perinatal Therapy  10.00am - 12.30pm Appointment Only</p> <p>2 Year Developmental Reviews  1.00pm – 4.00pm Appointment only</p>	<p>10-12 Month Developmental Reviews 1.00pm – 4.00pm Appointment Only </p> <p>Mum's Aid Counselling 12.30pm - 4.00pm Appointment Only</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>
<p>Slade Erindale Plumstead SE18 2QQ Tel: 020 8854 7900 Option 2</p>	<p>Thames Midwives (All Day)  Appointment Only</p>	<p>Poppy Team Midwife Clinic AM  Appointment only</p> <p> Infant Feeding Clinic 10.00am – 11.30am (Drop In)</p>	<p>Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In)</p> <p>Best Beginnings Clinic Young Parents PM  Appointment only</p>	<p>BHBF Big Hopes Big Futures Last week of 10-week course. Structured sessions planned around school readiness. (Suitable for children aged 2 years +) 9th May – 25th July 10.00am – 11.30am For more information call Slade or to book for next course.</p> <p></p> <p>Beach Party Stay & Play (0-5yrs) 1:30pm – 3:00pm (Drop in) NO NUTS PLEASE Bring along your blanket, suncream and packed lunch. (£1.50 per family)</p>	<p> 10-12 Month Development Reviews 9.30am – 12.00pm Appointment only</p> <p>SEND Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 3yrs) 1.30pm – 3.00pm (Drop in) (£1.50 per family) (The wearing of socks is advisable for adults please).</p>










HOMESTART GREENWICH CHILDREN'S CENTRES SUMMER PROGRAMME WEEK TWO: 29th July – 2nd August 2024

	MONDAY 29 th	TUESDAY 30 th	WEDNESDAY 31 st	THURSDAY 1 st AUG	FRIDAY 2 nd
<p>Brookhill Children's Centre Community Centre Family Hub</p> <p>42 Brumwell Avenue Woolwich SE18 6BD</p> <p>Tel: 020 8319 5320</p> <p>COMMUNITY CAFE CLOSED THIS WEEK.</p> <p>Please wear appropriate shoes & clothing for a fun day out.</p>	<p>Thames Midwives Clinic (All day) Appointment Only Cancelled</p> <p>2 Year Development Reviews 9.30am – 12.00pm Appointment only (Family Room) Moved to Slade</p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK</p> <p>SEE OTHER CENTRES FOR ACTIVITIES</p>	<p>Best Beginnings Midwives Clinic (AM) Appointment only Cancelled</p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK</p> <p>SEE OTHER CENTRES FOR ACTIVITIES</p>	<p>Thames Midwives Clinic (All day) Appointment only AM appointments moved to Cardwell PM appointments moved to Glyndon</p> <p> Infant Feeding Clinic 1.00pm – 2.30pm (Drop in) (Hall) Moved to Eglinton</p> <p>Maryon Wilson Animal Park (Trip) With Picnic @Charlton Park Depart from Mulgrave Children's Centre at 9.30am (meet at School Car Park) (to arrive at 10.00am approximately). OR meet at Park (Bus 54, 53, 422) Please note that there are two entrances, (meet at the Charlton Road entrance). Come and see lots of different animals including Peacock, Ponies and Deers! Call Eglinton Centre for more information and to book (<u>by Monday 29th July</u>) Tel: 020 8331 0374 Bring a packed lunch and a blanket. NO NUTS PLEASE (Contact Number on the day: 07760 883328) ALL AGES</p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK</p> <p>SEE OTHER CENTRES FOR ACTIVITIES</p>	<p>Thames Midwives Clinic (All Day) Appointment only Moved to Glyndon</p> <p>Well Baby Clinic (Including weighing) 1.30pm – 3.30pm Moved to Eglinton</p> <p>River Walk & Picnic (Trip) Join us at the "Picnic Grounds" Duke of Wellington Avenue, Greenwich, SE18 (near Zeeba Day Nursery). Lots of fun and activities. Walk along the river Thames. Bring a packed lunch and a blanket. NO NUTS PLEASE 10.00am-12:00pm Leave Brookhill car park at <u>9.30 am</u> (please note that Brookhill Centre and toilet facilities will not be open on this day). Call Brookhill Children's Centre for more information and to book Tel: 020 8319 5320 ALL AGES</p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK</p> <p>SEE OTHER CENTRES FOR ACTIVITIES</p>	<p>Blood Spots Clinics 9.30am – 12.00pm Appointment only Cancelled</p> <p>Thames Midwives Clinic (PM) Appointment only Moved to Glyndon</p> <p>FOOD PROVISION 3.00pm - 3.45pm (approximately) MOVED TO PLUMSTEAD</p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK</p> <p>SEE OTHER CENTRES FOR ACTIVITIES</p>
<p>Cardwell Frances Street Woolwich SE18 5LP</p> <p>Tel: 020 8854 7342</p>	<p>Devonport Midwives Clinic (AM) Appointment only</p> <p>Baby Group (Birth-12mths) Play & Rhyme Time 1:30pm – 3:00pm</p>	<p>10–12 months Development Reviews 9.30 - 12.30pm Appointment Only</p> <p>Young Mum's Aid Counselling 9.30am - 12.30pm 1.30pm to 4.00pm</p>	<p>Thames Midwives Clinic (AM) Appointment only Moved from Brookhill (AM appointments only)</p>	<p>Best Beginnings Clinic (All day) Appointment only</p> <p>Restore with Mum's Aid 10.00am – 4.00pm Appointment only</p>	<p>Devonport Midwives Clinic (All day) Appointment only</p>

	<p>(Drop in) (£1.00 per family)</p> <p>Family Arts & Craft Session (delivered by GCDA) Crafts, drawing & making 12.00pm-3.00pm (For 3-11 years) Call to book (Free)</p>	<p>(moved from Brookhill) 1.30pm -3.30pm Appointment Only</p>	<p>Akwaaba With Mum's Aid 1.00pm - 3.00pm Sign Up or Call 07758763908 (until 7th August)</p> <p>Maryon Wilson Animal Park (Trip) With Picnic@Charlton Park Depart from Mulgrave Children's Centre at 9.30am (meet at School Car Park) (to arrive at 10.00am approximately) <u>OR</u> meet at the Park (Bus 54, 53, 422) Please note that there are two entrances (meet at the Charlton Road entrance). Come and see lots of different animals including Peacock, Ponies and Deers! Call Eglinton Centre for more information and to book (<u>by Monday 29th July</u>). Tel: 020 8331 0374 Bring a packed lunch and blanket. NO NUTS PLEASE (Contact Number on the day: 07760 883328) ALL AGES</p>	<p>River Walk & Picnic (Trip) Join us at the "Picnic Grounds" Duke of Wellington Avenue, Greenwich, SE18 (near Zeeba Day Nursery). Lots of fun and activities. Walk along the river Thames. Bring a packed lunch and blanket. NO NUTS PLEASE 10.00am-12:00pm Leave Brookhill car park at <u>9.30am</u> (please note that Brookhill Centre and toilet facilities will not be open on this day). Call Brookhill Children's Centre for more information and to book Tel: 020 8319 5320 ALL AGES</p>	
<p>Eglinton Paget Rise Woolwich SE18 3PY</p> <p>Tel: 020 8331 0374</p> <p>Please wear appropriate shoes & clothing for a fun day out.</p>	<p>2 Year Development Reviews 9.30am – 11.30am Appointment only</p> <p>10-12 Months Development Reviews 1.00pm – 4.00pm Appointment only</p>	<p>Thames Midwives Clinic (All Day) Appointment only</p> <p>Stay & Play (Birth-5yrs) Sensory Play 1.30pm-3.00pm (Drop in) (£1.00 per family)</p>	<p>Best Beginnings Clinic (All day) Appointment only</p> <p>Maryon Wilson Animal Park (Trip) With Picnic @Charlton Park Depart from Mulgrave Children's Centre at 9.30am (meet at School Car Park) (to arrive at 10.00am approximately) <u>OR</u> meet at the Park (Bus 54, 53, 422) Please note that there are two entrances, (meet at the Charlton Road entrance). Come and see lots of different animals including Peacock, Ponies and Deers! Call Eglinton Centre for more information and to book Tel: 020 8331 0374 Bring a packed lunch and blanket. NO NUTS PLEASE (Contact Number on the day: 07760 883328) ALL AGES</p>	<p>Thames Midwives Clinic (All day) Appointment only</p> <p>Childminders Stay & Play 9.30am – 11.30am (Drop in) This session is for foster carers, nannies & childminders. (£1.00 per session)</p> <p>Well Baby Clinic (Including weighing) 1.30pm – 3.30pm (Drop in) (Hall) Moved from Brookhill</p> <p>River Walk & Picnic (Trip) Join us at the "Picnic Grounds" Duke of Wellington Avenue, Greenwich, SE18 (near Zeeba Day Nursery). Lots of fun and activities. Walk along the river Thames. Bring a packed lunch and blanket. NO NUTS PLEASE 10.00am-12:00pm</p>	<p>2 Year Development Reviews 9.30am – 12.30pm Appointment only</p> <p>Fancy Dress Stay & Play (0-5yrs) 9:30am – 11:30am (Drop in) (£1.00 per family)</p>





				Leave from Brookhill car park at <u>9.30am</u> (please note that Brookhill Centre and toilet facilities will not be open on this day). Call Brookhill Children's Centre for more information and to book Tel: 020 8319 5320 ALL AGES	
School House Whitworth Road Woolwich SE18 3QA 0208 719 0050	(SEE OTHER CENTRES FOR ACTIVITIES)	(SEE OTHER CENTRES FOR ACTIVITIES)	(SEE OTHER CENTRES FOR ACTIVITIES)	(SEE OTHER CENTRES FOR ACTIVITIES)	(SEE OTHER CENTRES FOR ACTIVITIES)
Mulgrave Rectory Place Woolwich SE18 5DL 020 8854 7342 <u>Please wear appropriate shoes & clothing for a fun day out.</u>	Baby Group (Birth-1yr) 9.30am – 11.30am (Drop in) (£1.00 per family)	Mum's Aid Counselling 11.00am – 2.00pm  Appointment only	2 Year Developmental Reviews 1.00pm – 4.00pm  Appointment only Maryon Wilson Animal Park (Trip) With Picnic @Charlton Park Depart from Mulgrave Children's Centre at 9.30am (meet at School Car Park) (to arrive at 10.00am approximately) <u>OR</u> meet at the park (Bus 54, 53, 422) Please note that there are two entrances, please meet at the Charlton Road entrance. Come and see lots of different animals including Peacock, Ponies and Deers! Call Eglinton Centre for more information and to book (<u>by Monday 29th July</u>). Tel: 020 8331 0374 Bring a packed lunch and blanket. NO NUTS PLEASE (Contact Number on the day: 07760 883328) ALL AGES	 Specialist Clinic 9.00am - 1.00pm Appointment Only River Walk & Picnic (Trip) Join us at the "Picnic Grounds" Duke of Wellington Avenue, Greenwich, SE18 (near Zeeba Day Nursery) Lots of fun and activities. Walk along the river Thames. Bring a packed lunch and blanket. NO NUTS PLEASE 10.00am-12:00pm Leave from Brookhill car park at <u>9.30 am</u> (please note that Brookhill Centre and toilet facilities will not be open on this day) Call Brookhill Children's Centre for more information and to book Tel: 020 8319 5320 ALL AGES	(SEE OTHER CENTRES FOR ACTIVITIES)
Plumstead 6 Purrett Road Plumstead SE18 1JW Tel: 020 8836 9252 <u>Please wear appropriate shoes & clothing for a fun day out.</u>	 Mum's Aid Counselling 12.00pm - 4.00pm Appointment Only Stay & Play (0-5yrs) 'Teddy Bears Picnic' Bring a packed lunch and a blanket. NO NUTS PLEASE 1.30pm-3.00pm (Drop in) (£1.00 per family)	Oxleas Perinatal Team Journey through Motherhood Group  10.00am – 12.00pm Appointment only  Oxleas Peri-natal Therapy 10.00am - 12.30 pm Appointment Only  2 Year Development Reviews 1.00pm - 4.00pm Appointment Only	 10-12 Month Developmental Reviews 1.00pm – 4.00pm Appointment Only  Mum's Aid Counselling 12.30pm - 4.00pm Appointment Only Maryon Wilson Animal Park (Trip) With Picnic @Charlton Park Depart from Mulgrave Children's Centre at 9.30am (meet at School Car Park) (to arrive at 10.00am approximately) <u>OR</u> meet at the Park (Bus 54, 53, 422) Please note that there are two entrances (meet at the Charlton Road entrance).	River Walk & Picnic (Trip) Join us at the "Picnic Grounds" Duke of Wellington Avenue, Greenwich, SE18 (near Zeeba Day Nursery) Lots of fun and activities. Walk along the river Thames. Bring a packed lunch and blanket. NO NUTS PLEASE 10.00am-12:00pm Leave from Brookhill car park at <u>9.30 am</u> (please note that Brookhill Centre and toilet facilities will not be open on this day) Call Brookhill Children's Centre for more information and to book	FOOD PROVISION 3.00pm - 3.45pm (approximately) MOVED FROM BROOKHILL









			<p>Come and see lots of different animals including Peacock, Ponies and Deers! Call Eglinton Centre for more information and to book <u>(by Monday 29th July)</u> Tel: 020 8331 0374 Bring a packed lunch and blanket. <u>NO NUTS PLEASE</u> (Contact Number on the day: 07760 883328) <u>ALL AGES</u></p>	<p><u>Tel: 020 8319 5320</u> <u>ALL AGES</u></p>	
<p>Slade Erindale Plumstead SE18 2QQ</p> <p>Tel: 020 8854 7900 Option 2</p> <p><u>Please wear appropriate shoes & clothing for a fun day out.</u></p>	<p>Thames Midwives (All Day)  Appointment Only</p> <p>2 Year Development Reviews  9.30am – 12.00pm Appointment only (Family Room) <u>Moved from Brookhill</u></p> <p>Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 12mths) 1.30pm – 3.00pm (Drop in) (£1.50 per family) (Wearing of socks is advisable for adults please)</p>	<p>Poppy Team Midwife Clinic AM  Appointment only</p> <p>Stay & Play Baby and Tots Rhyme Time (Birth-18mths) 9:40am – 11:30am (Drop in) (£1.00 per family)</p> <p> Infant Feeding Clinic 10.00am – 11.30am (Drop In)</p> <p>Baby Massage Taster Session (Birth - non crawlers) 1.45pm – 2.30pm (Call to book) (£1.50 per family, per session)</p>	<p>Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In)</p> <p>Best Beginnings Clinic Young Parents PM  Appointment only</p> <p>Maryon Wilson Animal Park (Trip) Depart from Mulgrave Children’s Centre at 9.30am (meet at School Car Park) (to arrive at 10.00am approximately) <u>OR meet at the Park (Bus 54, 53, 422)</u> Please note that there are two entrances, (meet at the Charlton Road entrance). Come and see lots of different animals including Peacock, Ponies and Deers! Call Eglinton Centre for more information and to book <u>(by Monday 29th July)</u>. Tel: 020 8331 0374 Bring a packed lunch and blanket. <u>NO NUTS PLEASE</u> (Contact Number on the day: 07760 883328) <u>ALL AGES</u></p>	<p> Thames Midwives All day Appointment Only <u>Moved from Brookhill</u></p> <p>River Walk & Picnic (Trip) Join us at the “Picnic Grounds” Duke of Wellington Avenue, Greenwich, SE18 (near Zeeba Day Nursery) Lots of fun and activities. Walk along the river Thames. Bring a packed lunch. <u>NO NUTS PLEASE</u> 10.00am-12:00pm Leave from Brookhill car park at <u>9.30 am</u> (please note that Brookhill Centre and toilet facilities will not be open on this day) Call Brookhill Children’s Centre for more information and to book <u>Tel: 020 8319 5320</u> <u>ALL AGES</u></p> <p>“Summer Garden Party” (with Slade Library) Stay & Play 1:30pm – 2:45pm (Drop in) Please come with your swim wear, towels and blankets to enjoy some water play! Bring a packed lunch. <u>NO NUTS PLEASE</u> (£2.00 per family)</p>	<p>10-12 Month Development Reviews  9.30am – 12.00pm Appointment only</p> <p>SEND Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 3yrs) 1.30pm – 3.00pm (Drop in) (£1.50 per session) (Wearing of socks is advisable for adults please)</p>



HOMESTART GREENWICH CHILDREN'S CENTRES SUMMER PROGRAMME WEEK THREE: 5th August - 9th August 2024

	MONDAY 5 th	TUESDAY 6 th	WEDNESDAY 7 th	THURSDAY 8 th	FRIDAY 9 th
<p>Brookhill Children's Centre Community Centre Family Hub</p> <p>42 Brumwell Avenue Woolwich SE18 6BD</p> <p>Tel: 020 8319 5320</p> <p>COMMUNITY CAFE CLOSED THIS WEEK. <u>Please wear appropriate shoes & clothing for a fun day out.</u></p>	<p> Thames Midwives Clinic (All day) Appointment only <u>Cancelled</u></p> <p> 2 Year Development Reviews 9.30am – 12.00pm Appointment only (Family Room) <u>Moved to Slade</u></p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK – NO SESSIONS OR SERVICES RUNNING.</p> <p><u>Queen Elizabeth Olympic Park (Trip)</u> Meeting @Woolwch DLR Station for 9:00. Departing: 9.15am Returning: 2.00pm Bring packed lunch and blanket. <u>NO NUTS PLEASE</u> Call Eglinton Centre for more information and to book Tel: 020 8331 0374 <u>ALL AGES</u></p>	<p> Best Beginnings Midwives Clinic (AM) Appointment only <u>Cancelled</u></p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK – NO SESSIONS OR SERVICES RUNNING.</p> <p><u>SEE OTHER CENTRES FOR ACTIVITIES</u></p>	<p> Thames Midwives Clinic (All day) <u>AM appointments moved to Cardwell</u> <u>PM appointments moved to Glyndon</u></p> <p> Appointment only Infant Feeding Clinic 1.00pm – 2.30pm (Drop in) (Hall) <u>Cancelled</u></p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK – NO SESSIONS OR SERVICES RUNNING.</p> <p><u>SEE OTHER CENTRES FOR ACTIVITIES</u></p>	<p> Thames Midwives Clinic (All Day) Appointment only <u>Moved to Glyndon</u></p> <p>Well Baby Clinic (Including weighing) 1.30pm – 3.30pm (Drop in) (Hall) <u>Moved to Eglinton</u></p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK – NO SESSIONS OR SERVICES RUNNING.</p> <p><u>SEE OTHER CENTRES FOR ACTIVITIES</u></p>	<p> Blood Spots Clinics 9.30am – 12.00pm Appointment only <u>Cancelled</u></p> <p> Thames Midwives Clinic (PM) Appointment only <u>Moved to Glyndon</u></p> <p><u>FOOD PROVISION</u> <u>3.00pm - 3.45pm</u> (approximately) <u>MOVED TO PLUMSTEAD</u></p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK – NO SESSIONS OR SERVICES RUNNING.</p> <p><u>Royal Observatory & Greenwich Park (Trip)</u> "Teds Space Adventure" Live Show Workshops, Planetarium Visit and time in the Park. Take-off point: Woolwich DLR (please arrive at Woolwich DLR For 9.15am to depart no later than 9.30am) Bring a packed lunch and a blanket. <u>NO NUTS PLEASE</u> Call Slade Centre for more information and to book:</p> <p>020 8854 7900 (Option 2) (by Friday 26th July) <u>ALL AGES</u> <u>LIMITED SPACES</u></p>

<p>Cardwell Frances Street Woolwich SE18 5LP Tel: 020 8854 7342</p>	<p>Devonport Midwives Clinic (AM)  Appointment only</p> <p>Family Arts & Craft Session (delivered by GCDA) Crafts, drawing & making 12.00pm-3.00pm (For 3-11 years) Call to book (Free)</p> <p>Queen Elizabeth Olympic Park (Trip) Meeting @Woolwch DLR Station for 9:00. Departing: 9.15am Returning: 2.00pm Bring packed lunch and blanket. NO NUTS PLEASE Call Eglinton Centre for more information and to book Tel: 020 8331 0374 ALL AGES</p>	<p> 10 –12 months Development Reviews 9.30 - 12.30pm Appointment Only</p> <p>Young Mum’s Aid Counselling 9.30am - 12.30pm 1.30 to 4.00 (moved from Brookhill) 1.30pm -3.30pm Appointment Only</p>	<p> Thames Midwives Clinic (AM) Appointment only Moved from Brookhill (AM appointments only)</p> <p>Stay & Play (Birth-5yrs) Cultural/International Dressing Up 1.30pm-3.00pm (Drop in) Limited places due to room capacity (£1.00 per session)</p> <p>Akwaaba With Mum’s Aid 1.00pm - 3.00pm Sign Up or Call: 07758763908 (until 7th August)</p>	<p>Best Beginnings Clinic (All day)  Appointment only</p> <p>Restore with Mum’s Aid 10.00am – 4.00pm  Appointment only</p>	<p>Devonport Midwives Clinic (All day)  Appointment only</p> <p>Royal Observatory & Greenwich Park (Trip) “Teds Space Adventure” Live Show Workshops, Planetarium Visit and time in the Park. Take-off point: Woolwich DLR (please arrive at Woolwich DLR For 9.15am to depart no later than 9.30am) Bring a packed lunch and a blanket. NO NUTS PLEASE Call Slade Centre for more information and to book: 020 8854 7900 (Option 2) (by Friday 26th July) ALL AGES LIMITED SPACES</p>
<p>Eglinton Paget Rise Woolwich SE18 3PY Tel: 020 8331 0374 <u>Please wear appropriate shoes & clothing for a fun day out.</u></p>	<p>2 Year Development Reviews  9.30am – 11.30am Appointment only</p> <p>10-12 Months Development Reviews  1.00pm – 4.00pm Appointment only</p> <p>Queen Elizabeth Olympic Park (Trip) Meeting @Woolwch DLR Station for 9:00. Departing: 9.15am Returning: 2.00pm Bring packed lunch and blanket. NO NUTS PLEASE Call Eglinton Centre for more information and to book Tel: 020 8331 0374 ALL AGES</p>	<p> Thames Midwives Clinic (All Day) Appointment Only</p> <p>Summer Fun Beach Party Stay & Play (0-5yrs) 1:00pm – 3:00pm (Drop in) Please come with your swimwear, towel and blankets to enjoy some water play. (£1.00 per family)</p>	<p> Best Beginnings Clinic (All day) Appointment only</p> <p>Family Arts & Craft Session (delivered by GCDA) Crafts, drawing & making 10.30pm - 12.00pm (For 3-11 years) Call to book (Free)</p>	<p> Thames Midwives Clinic (All day) Appointment only</p> <p>Childminders Stay & Play 9.30am – 11.30am (Drop in) This session is for foster carers, nannies & childminders. (£1.00 per session)</p> <p>Well baby Clinic  2.30 - 3.30pm Appointment Only Moved from Brookhill</p>	<p> 2 Year Development Reviews 9.30am – 12.30pm Appointment only</p> <p>Royal Observatory & Greenwich Park (Trip) “Teds Space Adventure” Live Show Workshops, Planetarium Visit and time in the Park. Take-off point: Woolwich DLR (please arrive at Woolwich DLR For 9.15am to depart no later than 9.30am) Bring a packed lunch and a blanket. NO NUTS PLEASE Call Slade Centre for more information and to book: 020 8854 7900 (Option 2) (by Friday 26th July) ALL AGES LIMITED SPACES</p>
<p>School House Whitworth Road Woolwich SE18 3QA 0208 719 0050</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>Children’s Herb Growing Workshop 1.00pm - 2.30 pm (all ages) Call to book (limited spaces) FREE</p>	<p>Children’s Cooking Club 10.00am-11.30am Suitable for 8-12 year olds Call to book (limited spaces) FREE</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>


<p>Mulgrave Rectory Place Woolwich SE18 5DL 020 8854 7342</p>	<p>Queen Elizabeth Olympic Park (Trip) Meeting @Woolwch DLR Station for 9:00. Departing: 9.15am Returning: 2.00pm Bring packed lunch and blanket. NO NUTS PLEASE Call Eglinton Centre for more information and to book Tel: 020 8331 0374 ALL AGES</p>	<p> Mum's Aid Counselling 11.00am – 2.00pm Appointment only</p>	<p> 2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only</p>	<p> Specialist Clinic 9.00am - 1.00pm Appointment Only</p>	<p>Royal Observatory & Greenwich Park (Trip) “Teds Space Adventure” Live Show Workshops, Planetarium Visit and time in the Park. Take-off point: Woolwich DLR (please arrive at Woolwich DLR For 9.15am to depart no later than 9.30am) Bring a packed lunch and a blanket. NO NUTS PLEASE Call Slade Centre for more information and to book: 020 8854 7900 (Option 2) (by Friday 26th July) ALL AGES LIMITED SPACES</p>
<p>Plumstead 6 Purrett Road Plumstead SE18 1JW Tel: 020 8836 9252 <u>Please wear appropriate shoes & clothing for a fun day out.</u></p>	<p> Mum's Aid Counselling 12.00pm - 4.00pm Appointment Only</p> <p>Queen Elizabeth Olympic Park (Trip) Meeting @Woolwch DLR Station for 9:00. Departing: 9.15am Returning: 2.00pm Bring packed lunch and blanket. NO NUTS PLEASE Call Eglinton Centre for more information and to book Tel: 020 8331 0374 ALL AGES</p>	<p>Oxleas Perinatal Team Journey through Motherhood Group  10.00am – 12.00pm Appointment only</p> <p> Oxleas Peri-natal Therapy 10.00am - 12.30 pm Appointment Only</p> <p> 2 Year Development Reviews 1.00pm - 4.00pm Appointment Only</p>	<p> 10-12 Month Developmental Reviews 1.00pm – 4.00pm Appointment Only</p> <p>Mum's Aid Counselling 12.30pm - 4.00pm Appointment Only</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>Royal Observatory & Greenwich Park (Trip) “Teds Space Adventure” Live Show Workshops, Planetarium Visit and time in the Park. Take-off point: Woolwich DLR (please arrive at Woolwich DLR For 9.15am to depart no later than 9.30am) Bring a packed lunch and a blanket. NO NUTS PLEASE Call Slade Centre for more information and to book: 020 8854 7900 (Option 2) (by Friday 26th July) ALL AGES LIMITED SPACES</p>

Slade
Erindale
Plumstead
SE18 2QQ

Tel: 020 8854 7900
Option 2

Please wear
appropriate shoes
& clothing for a fun
day out.

Thames Midwives
(All Day)

 Appointment Only

2 Year Development Reviews

9.30am – 12.00pm

Appointment only

(Family Room)

Moved from Brookhill

Family Fun with Food

(delivered by GCDA)

**Focusing on new flavours and foods
in a fun and relaxed way.**

(For 2 – 5 year olds)

10.30am-12.30pm

Call to be book

(Free)

Queen Elizabeth Olympic Park (Trip)

Meeting @Woolwch DLR Station
for 9:00.

Departing: 9.15am

Returning: 2.00pm

Bring packed lunch and blanket.

NO NUTS PLEASE

Call Eglinton Centre for more

information and to book

Tel: 020 8331 0374

ALL AGES



Poppy Team Midwife Clinic

AM

Appointment only



Infant Feeding Clinic

10.00am – 11.30am

(Drop In)

Bouncing Babies Taster Session

(Birth – non crawlers)

2.00pm – 3.00pm

(Call to book)

(£1 voluntary contribution per family)

Well Baby Clinic

(Including weighing)

9.30am – 11.30am

(Drop In)



Best Beginnings Clinic

Young Parents

PM

Appointment only

Sport's Day & Teddy Bears Picnic

(Birth – 7 years)

(Meet at Slade for 10.15am and head to
Plumstead Common for a 10.30am start)

Lots of fun, sports, games and activities.

Bring along a teddy bear or favorite toy,

hats, suncream and a packed lunch and

blanket.

NO NUTS PLEASE

10.30am-2:00pm

No booking required.

(£1.00 per family)

ALL AGES

Stay & Play (0-5yrs)

1:30pm – 3:00pm

(Drop in)

Suitable for babies and children

with abilities and disabilities

(Siblings are welcome)

(£1.00 per session)

Baby Group

Tiny Steps Soft Play

Play & Rhyme Time

(Birth- 12mths)

1.30pm – 3.00pm

(Drop in)

(£1.50 per family)

(The wearing of socks is advisable

for adults please)

10-12 Month Development Reviews

9.30am – 12.00pm

Appointment only



**Royal Observatory &
Greenwich Park (Trip)**

“Teds Space Adventure” Live Show
Workshops, Planetarium Visit
and time in the Park.

Take-off point: Woolwich DLR

(please arrive at Woolwich DLR

For 9.15am to depart

no later than 9.30am)

Bring a packed lunch and a blanket.

NO NUTS PLEASE

Call Slade Centre for more

information and to book:

020 8854 7900 (Option 2)

(by Friday 26th July)

ALL AGES













LIMITED SPACES



HOMESTART GREENWICH CHILDREN'S CENTRES SUMMER PROGRAMME **WEEK FOUR: 12th August – 16th August 2024**

	MONDAY 12 th	TUESDAY 13 th	WEDNESDAY 14 th	THURSDAY 15 th	FRIDAY 16 th
<p>Brookhill Children's Centre Community Centre Family Hub</p> <p>42 Brumwell Avenue Woolwich SE18 6BD</p> <p>Tel: 020 8319 5320</p> <p>COMMUNITY CAFE CLOSED THIS WEEK.</p>	<p> Thames Midwives Clinic (All day) Appointment only Cancelled</p> <p> Year Development Reviews 9.30am – 12.00pm Appointment only (Family Room) Moved to Slade</p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK – NO SESSIONS OR SERVICES RUNNING.</p> <p><u>SEE OTHER CENTRES FOR ACTIVITIES</u></p>	<p> Best Beginnings Midwives Clinic (AM) Appointment only Cancelled</p> <p>Pirate Treasure Hunt at Oxleas Woods (Trip) Dress as a pirate and join us at Oxleas Woods. Take-off point: Oxleas Wood @ 10.00am Car Park (near the café) Bring a packed lunch NO NUTS PLEASE (Contact Number on the day: 07760 883328) No Booking Required</p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK – NO SESSIONS OR SERVICES RUNNING.</p> <p><u>SEE OTHER CENTRES FOR ACTIVITIES</u></p>	<p> Thames Midwives Clinic (All day) Appointment only AM appointments moved to Cardwell PM appointments moved to Glyndon</p> <p> Infant Feeding Clinic 1.00pm – 2.30pm (Drop in) (Hall) Cancelled</p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK – NO SESSIONS OR SERVICES RUNNING.</p> <p><u>SEE OTHER CENTRES FOR ACTIVITIES</u></p>	<p> Thames Midwives Clinic (All Day) Appointment only Moved to Glyndon</p> <p>Well Baby Clinic (Including weighing) 1.30pm – 3.30pm Moved to Eglinton</p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK – NO SESSIONS OR SERVICES RUNNING.</p> <p><u>SEE OTHER CENTRES FOR ACTIVITIES</u></p>	<p> Blood Spots Clinics 9.30am – 12.00pm Appointment only Cancelled</p> <p> Thames Midwives Clinic (PM) Appointment only Moved to Glyndon</p> <p>FOOD PROVISION 3.00pm - 3.45pm (approximately) MOVED TO PLUMSTEAD</p> <p>BROOKHILL CLOSED DUE TO BUILDING WORK – NO SESSIONS OR SERVICES RUNNING.</p> <p><u>SEE OTHER CENTRES FOR ACTIVITIES</u></p>
<p>Cardwell Frances Street Woolwich SE18 5LP</p> <p>Tel: 020 8854 7342</p> <p><u>Please wear appropriate shoes & clothing for a fun day out.</u></p>	<p> Devonport Midwives Clinic (AM) Appointment only</p> <p>Baby Group (Birth-12mths) Play & Rhyme Time 1:30pm – 3:00pm (Drop in) (£1.50 per family)</p> <p>Family Arts & Craft Session (delivered by GCDA) Crafts, drawing & making 12.00pm-3.00pm (For 3-11 years) Call to book (Free)</p>	<p> 10 –12 months Development Reviews 9.30 - 12.30pm Appointment Only</p> <p> Young Mum's Aid Counselling 9.30am - 12.30pm (moved from Brookhill) 1.30pm -3.30pm Appointment Only</p> <p>Pirate Treasure Hunt at Oxleas Woods (Trip) Dress as a pirate and join us at Oxleas Woods. Take-off point: Oxleas Wood Car Park (near the café) @ 10.00am Bring a packed lunch and a blanket. NO NUTS PLEASE</p>	<p> Thames Midwives Clinic (AM) Appointment only Moved from Brookhill (AM appointments only)</p> <p>Stay & Play (Birth-5yrs) Messy Play 1.30pm-2.45pm (Drop in) Limited places due to room capacity (£1.00 per session)</p>	<p> Best Beginnings Clinic (All day) Appointment only</p> <p> Restore with Mum's Aid 10.00am – 4.00pm Appointment only</p>	<p> Devonport Midwives Clinic (All day) Appointment only</p>

		<p><u>(Contact Number on the day: 07760 883328)</u> No Booking Required ALL AGES</p>			
<p>Eglinton Paget Rise Woolwich SE18 3PY</p> <p>Tel: 020 8331 0374</p> <p><u>Please wear appropriate shoes & clothing for a fun day out.</u></p>	<p> 2 Year Development Reviews 9.30am – 11.30am Appointment only</p> <p>10-12 Months Development Reviews  1.00pm – 4.00pm Appointment only</p>	<p> Thames Midwives Clinic (All day) Appointment only</p> <p>Pirate Treasure Hunt at Oxleas Woods (Trip) Dress as a pirate and join us at Oxleas Woods. Take-off point: Oxleas Wood Car Park (near the café) @ 10.00am Bring a packed lunch and a blanket. NO NUTS PLEASE <u>(Contact Number on the day: 07760 883328)</u> No Booking Required ALL AGES</p>	<p> Best Beginnings Clinic (All day) Appointment only</p> <p>Family Arts & Craft Session (delivered by GCDA) Crafts, drawing & making 10.30am- 12.00pm (For 3-11 years) Call to book (Free)</p>	<p> Thames Midwives Clinic (All day) Appointment only</p> <p>Childminders Stay & Play 9.30am – 11.30am (Drop in) This session is for foster carers, nannies & childminders. (£1.00 per session)</p> <p> Well baby Clinic 2.30 - 3.30pm Appointment Only Moved from Brookhill</p>	<p> 2 Year Development Reviews 9.30am – 12.30pm Appointment only</p> <p>Stay & Play (0-5yrs) 9:30am – 11:30am (Drop in) (£1.00 per session) No booking required</p>
<p>School House Whitworth Road Woolwich SE18 3QA 0208 719 0050</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>Children's Herb Growing Workshop 1.00pm - 2.30 pm (all ages) Call to book (limited spaces) FREE</p>	<p>Children's Cooking Club 10.00am-11.30am Suitable for 8-12 year olds Call to book (limited spaces) FREE</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>
<p>Mulgrave Rectory Place Woolwich SE18 5DL 020 8854 7342</p>	<p>Baby Group (Birth-1yr) 9.30am – 11.30am (Drop in) (£1.00 per family)</p>	<p> Mum's Aid Counselling 11.00am – 2.00pm Appointment only</p> <p>Pirate Treasure Hunt at Oxleas Woods (Trip) Dress as a pirate and join us at Oxleas Woods. Take-off point: Oxleas Wood Car Park (near the café) @ 10.00am Bring a packed lunch and a blanket. NO NUTS PLEASE <u>(Contact Number on the day: 07760 883328)</u> No Booking Required ALL AGES</p>	<p> 2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only</p>	<p> Specialist Clinic 9.00 - 1.00 pm Appointment Only</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>

<p>Plumstead 6 Purrett Road Plumstead SE18 1JW</p> <p>Tel: 020 8836 9252 Please wear appropriate shoes & clothing for a fun day out.</p>	<p> Mum's Aid Counselling 12.00pm - 4.00pm Appointment Only</p>	<p>Oxleas Perinatal Team Journey through Motherhood Group  10.00am – 12.00pm Appointment only</p> <p> Oxleas Peri-natal Therapy 10.00am - 12.30 pm Appointment Only</p> <p> 2 Year Development Reviews 1.00pm - 4.00pm Appointment Only</p> <p>Pirate Treasure Hunt at Oxleas Woods (Trip) Dress as a pirate and join us at Oxleas Woods. Take-off point: Oxleas Wood Car Park (near the café) @ 10.00am Bring a packed lunch and a blanket. NO NUTS PLEASE (Contact Number on the day: 07760 883328) No Booking Required ALL AGES</p>	<p>10-12 Month Developmental Reviews 1.00pm – 4.00pm Appointment Only</p> <p> Mum's Aid Counselling 12.30pm - 4.00pm Appointment Only</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p> <p>FOOD PROVISION 3.00pm - 3.45pm (approximately) MOVED TFROM BROOKHILL</p>
<p>Slade Erindale Plumstead SE18 2QQ</p> <p>Tel: 020 8854 7900 Option 2</p>	<p> Thames Midwives (All Day) Appointment Only</p> <p> Year Development Reviews 9.30am – 12.00pm Appointment only (Family Room) Moved from Brookhill</p> <p>Family Fun with Food (delivered by GCDA) Focusing on new flavours and foods in a fun and relaxed way. (For 2 – 5 year olds) 10.30am-12.30pm Call to book (Free)</p> <p>'Mums To Be Taster' Relaxation Workshop for pregnant parents <i>Learn to relax and to learn some techniques to help to feel calmer, less stressed and better able to cope with everyday life.</i> <i>See flyer for more details</i> 1.45pm - 2.45pm</p>	<p>Poppy Team Midwife Clinic AM  Appointment only</p> <p> Infant Feeding Clinic 10.00am – 11.30am (Drop In)</p> <p>Pirate Treasure Hunt at Oxleas Woods (Trip) Dress as a pirate and join us at Oxleas Woods. Take-off point: Oxleas Wood Car Park (near the café) @ 10.00am Bring a packed lunch and a blanket. NO NUTS PLEASE (Contact Number on the day: 07760 883328) No Booking Required ALL AGES</p>	<p> Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In)</p> <p>Best Beginnings Clinic Young Parents PM  Appointment only</p> <p>TFTs Stay & Play & Transition Awareness Workshop <i>Together for Twos Advice Session.</i> <i>Come to the Children's Centre to find out more about FREE Early Education for your two years old. Session planned around school readiness.</i> (Suitable for children from 2 years +) 1.00pm – 3.00pm Booking required</p> <p>For more information call Slade CC or to book.</p> <p>Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 12mths) 1.30am – 2.30pm</p>	<p>HOME-START GREENWICH CHARITY FUNDRAISING EVENT FAMILY FUNDAY 12:00pm – 3:00pm Table-Top Sale, Arts & Crafts, Children's Activities, Face Painting, Games, Raffle, Steel Pans & Music. Suitable for families with children of all ages. No booking required Free Entry</p>	<p>10-12 Month Development Reviews  9.30am – 12.00pm Appointment only</p> <p>SEND Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 3yrs) 1.30pm – 3.00pm (Drop in) (£1.50 voluntary contribution per session) (The wearing of socks is advisable for adults please)</p>

(£1.00 voluntary contribution per family)













(Drop in)
(£1.50 per family)
(The wearing of socks is advisable for adults please)














Rhyme Time
(ALL AGES)
2:30pm
(Drop in)



HOMESTART GREENWICH CHILDREN'S CENTRES SUMMER PROGRAMME - WEEK FIVE: 19th August – 23rd August 2024







	MONDAY 19 th	TUESDAY 20 th	WEDNESDAY 21 st	THURSDAY 22 nd	FRIDAY 23 rd
<p>Brookhill Children's Centre Community Centre Family Hub 42 Brumwell Avenue Woolwich SE18 6BD Tel: 020 8319 5320</p> <p><u>BROOKHILL "WELCOME CAFE"</u> (See board for prices)</p> <p><u>Opening Days/Times:</u></p> <p><u>WEDS & THURSDAYS</u> Coffee, Light Bites and Lunch (available to purchase) 9.00am - 2.00pm</p> <p><u>FRIDAYS</u> <u>Coffee & Light Bites</u> 9.00am-11.00am (available to purchase)</p> <p><u>Community Meal</u> 1.00pm-2.00pm Menu Changes Weekly (Contributions welcome)</p> <p><u>Food Provision</u> 3.00pm-3.45pm (approximately)</p>	<p> Thames Midwives Clinic (All day) Appointment only Cancelled</p> <p> Year Development Reviews 9.30am – 12.00pm Appointment only (Family Room)</p> <p>Autistic Inclusive Meets (Autistic led organization) 4.00pm -5.30pm No diagnosis necessary Siblings welcome £2.00 per family (Refreshments included) (Drop in) (Hall)</p>	<p> Best Beginnings Midwives Clinic (AM) Appointment only</p> <p>Mum's Aid Counselling 12.30pm - 4.00pm Appointment Only</p> <p>Tiny Feet Dance Classes for Toddlers (2-4 year olds) 1.30pm -2.15pm Booking Required (Hall) £1.00 per family</p>	<p> Thames Midwives Clinic (All day) Appointment only <u>AM appointments moved to Cardwell</u> <u>PM appointments moved to Glyndon</u></p> <p><u>WELCOME CAFE</u> <u>Breakfast & Lunch Service</u> <u>9.00am-2.00pm</u> (Light bites, hot drinks and lunch time meals available to purchase)</p> <p> Infant Feeding Clinic 1.00pm – 2.30pm (Drop in) (Hall)</p>	<p> Thames Midwives Clinic (All Day) Appointment only <u>Moved to Glyndon</u></p> <p><u>WELCOME CAFE</u> <u>Breakfast & Lunch Service</u> <u>9.00am-2.00pm</u> (Light bites, hot drinks and lunch time meals available to purchase)</p> <p><u>SENdsory Group</u> 10am-11.30am (Drop in) Suitable for babies and children with abilities and disabilities (Siblings are welcome) (£1.00 voluntary contribution per session)</p> <p><u>Well Baby Clinic (Including weighing)</u> 1.30pm – 3.30pm (Drop in) (Hall)</p> <p><u>Sewing & Fabric Design (Workshop 1)</u> (Delivered by Beyond Braidz) Learn new sewing skills and design your own projects. For 8-15 year olds 12.00-2.00 Booking required FREE (Family Room)</p>	<p> Blood Spots Clinics 9.30am – 12.00pm Appointment only</p> <p><u>WELCOME CAFE</u> <u>Coffee Morning</u> <u>9.00am-11.00am</u> <u>(Light bites and hot drinks available to purchase)</u></p> <p> Thames Midwives Clinic (PM) Appointment only <u>Moved to Glyndon</u></p> <p><u>FREE COMMUNITY MEAL</u> <u>1.00pm-2.00pm</u> (Contributions welcome)</p> <p><u>Family Dance Fitness Sessions</u> Delivered by Sipp Sopps Have fun and engage in a fun creative way. (Suitable for all ages) (2.00-2.45) Booking Required (Hall) £1.00 per family</p> <p><u>FOOD PROVISION</u> <u>3.00pm - 3.45pm</u> (approximately)</p>









<p>See staff for further details or visit the HSG Website/Social Media sites for upcoming Healthy Eating and Cookery Skills Workshops</p>					
<p>Cardwell 118 Frances Street Woolwich SE18 5LP Tel: 020 8854 7342</p>	<p> Devonport Midwives Clinic (AM) Appointment only</p> <p>Baby Group (Birth-12mths) Play & Rhyme Time 1:30pm – 3:pm (Drop in) (£1.00 voluntary contribution per family)</p> <p>Family Arts & Craft Session (delivered by GCDA) Crafts, drawing & making 12.00pm-3.00pm (For 3-11 years) Call to book (Free)</p>	<p> 10 –12 months Development Reviews 9.30 - 12.30pm Appointment Only</p>	<p> Thames Midwives Clinic (AM) Appointment only <u>Moved from Brookhill (AM appointments only)</u></p> <p>Stay & Play (Birth-5yrs) Messy Play 1.30pm-2.45pm (Drop in) Limited places due to room capacity (£1.00 per session)</p>	<p> Best Beginnings Clinic (All day) Appointment only</p> <p>Restore with Mum’s Aid  10.00am – 4.00pm Appointment only</p>	<p> Devonport Midwives Clinic (All day) Appointment only</p>
<p>Eglinton Paget Rise Woolwich SE18 3PY Tel: 020 8331 0374</p>	<p> 2 Year Development Reviews 9.30am – 11.30am Appointment only</p> <p> 10-12 Months Development Reviews 1.00pm – 4.00pm Appointment only</p>	<p> Thames Midwives Clinic (All day) Appointment only</p> <p>Stay & Play (0-5yrs) 1:30pm – 3:00pm (Drop in) (£1.00 per family)</p>	<p> Best Beginnings Clinic (All day) Appointment only</p> <p>Family Arts & Craft Session (delivered by GCDA) Crafts, drawing & making 10.30am-12.00pm (For 3-11 years) Call to book (Free)</p>	<p> Thames Midwives Clinic (All day) Appointment only</p> <p>Childminders Stay & Play 9.30am – 11.30am (Drop in) This session is for foster carers, nannies & childminders). (£1.00 per session)</p>	<p> 2 Year Development Reviews 9.30am – 12.30pm Appointment only</p> <p>Stay & Play (0-7yrs) 10.00am-12.00pm Suitable for babies and children with abilities and disabilities (Siblings are welcome) (Drop in) (£1.00 per family)</p>
<p>School House Whitworth Road Woolwich SE18 3QA 0208 719 0050</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>












<p>Mulgrave Rectory Place Woolwich SE18 5DL 020 8854 7342</p>	<p>Baby Group (Birth-1yr) 9.30am – 11.30am (Drop in) (£1.00 per family)</p>	<p> Mum's Aid Counselling 11.00am – 2.00pm Appointment only</p>	<p> 2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>
<p>Plumstead 6 Purrett Road Plumstead SE18 1JW Tel: 020 8836 9252</p>	<p> Mum's Aid Counselling 12.00pm - 4.00pm Appointment Only</p>	<p> Oxleas Perinatal Team Journey through Motherhood Group 10.00am – 12.00pm Appointment only</p> <p> Oxleas Peri-natal Therapy 10.00am - 12.30 pm Appointment Only</p> <p> 2 Year Development Reviews 1.00pm - 4.00pm Appointment Only</p>	<p> 10-12 Month Developmental Reviews 1.00pm – 4.00pm Appointment Only</p> <p>Mum's Aid Counselling 12.30pm - 4.00pm Appointment Only</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>
<p>Slade Erindale Plumstead SE18 2QQ Tel: 020 8854 7900 Option 2</p>	<p> Thames Midwives (All Day) Appointment Only</p>	<p> Poppy Team Midwife Clinic <u>AM</u> Appointment only</p> <p>Infant Feeding Clinic 10.00am – 11.30am (Drop In)</p> 	<p> Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In)</p> <p> Best Beginnings Clinic Young Parents <u>PM</u> Appointment only</p> <p>Stay & Play (0-5yrs) Book Storytelling “Going on a Bear Hunt” 1:30pm – 3:00pm (Drop in) (£1.00 per family)</p> <p>Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 12mths) 1.30pm – 3.00pm (Drop in) (£1.50 per session) (The wearing of socks advisable for adults please)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p> 12 Month Development Reviews 9.30am – 12.00pm Appointment only</p> <p>SEND Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 3yrs) 1.30pm – 3.00pm (Drop in) (£1.50 per family) (The wearing of socks is advisable for adults please)</p>



HOMESTART GREENWICH CHILDREN'S CENTRES SUMMER PROGRAMME- WEEK SIX: 26th August – 30th August 2024

	MONDAY 26 th	TUESDAY 27 th	WEDNESDAY 28 th	THURSDAY 29 th	FRIDAY 30 th
<p>Brookhill Children's Centre Community Centre Family Hub</p> <p>42 Brumwell Avenue Woolwich SE18 6BD Tel: 020 8319 5320</p> <p><u>BROOKHILL "WELCOME CAFE"</u> (See board for prices)</p> <p><u>Opening Days/Times:</u></p> <p>WEDS & THURSDAYS Coffee, Light Bites and Lunch (available to purchase) 9.00am - 2.00pm</p> <p>FRIDAYS Coffee & Light Bites 9.00am-11.00am (available to purchase)</p> <p><u>Community Meal</u> 1.00pm-2.00pm</p>	<p>BANK HOLIDAY CENTRE CLOSED</p>	<p> Best Beginnings Midwives Clinic (AM) Appointment only</p> <p>Baby Massage Taster Session (Birth - non crawlers) 9:40am – 11:30am (Call to book) (£1.50 per family) (Hall)</p> <p>Tiny Feet Dance Classes for Toddlers (2-4 year olds) 1.30pm -2.15pm Booking Required (Hall) £1.00 per family</p>	<p> Thames Midwives Clinic (All day) Appointment only</p> <p>WELCOME CAFE Breakfast & Lunch Service 9.00am-2.00pm (Light bites, hot drinks and lunch time meals available to purchase)</p> <p>Children/Young Persons Skin & Body Care Workshop Delivered by Ebonaire Skincare 1.00pm-3.00pm (8-16 years olds) Call to book FREE (Family Room)</p> <p> Infant Feeding Clinic 1.00pm – 2.30pm (Drop in) (Hall)</p>	<p> Thames Midwives Clinic (All Day) Appointment only</p> <p>WELCOME CAFE Breakfast & Lunch Service 9.00am-2.00pm (Light bites, hot drinks and lunch time meals available to purchase)</p> <p>SENDSory Group 10am-11.30pm (Drop in) Suitable for babies and children with abilities and disabilities (Siblings are welcome) (£1.50 voluntary contribution per session)</p> <p>Well Baby Clinic (Including weighing) 1.30pm – 3.30pm (Drop in) (Hall)</p> <p>Sewing & Fabric Design Work-Shop 2 (Delivered by Beyond Braidz) Learn new sewing skills and design your own projects. For 8-15 year olds 12.00-2.00 Booking required FREE (Family Room)</p> <p>EVENING EVENT - TBC Can You See Me? County-Lines Awareness Session For Parents, Youth Leaders & Teenagers (delivered by A21). Short film and guest speakers and</p>	<p> Blood Spots Clinics 9.30am – 12.00pm Appointment only</p> <p>WELCOME CAFE Coffee Morning 9.00am-11.00am (Light bites and hot drinks available to purchase)</p> <p> Thames Midwives Clinic (PM) Appointment only</p> <p>Community Meal 12.30pm-1.30pm (Contributions welcome)</p> <p>Family Dance Fitness Sessions Delivered by Sipp Soppis Have fun and engage in a fun creative way. (Suitable for all ages) (2.00-2.45) Booking Required (Hall) £1.00 per family</p> <p>FOOD PROVISION 3.00pm - 3.45pm (approximately)</p>

<p>Menu Changes Weekly (Contributions welcome) Food Provision 3.00pm-3.45pm (approximately)</p> <p>See staff for further details or visit the HSG Website/Social Media sites for upcoming Healthy Eating and Cookery Skills Workshops</p>				<p>an opportunity to speak to a specialist in this field.</p> <p>The aim; to know the signs of exploitation and what we can do in our communities.</p> <p>Drop in 6.30 onwards</p> <p>See Home-Start Greenwich Website/Social Media Sites for more information regarding this event.</p>	
<p>Cardwell 118 Frances Street Woolwich SE18 5LP Tel: 020 8854 7342</p>	<p>BANK HOLIDAY CENTRE CLOSED</p>	<p> 10 –12 months Development Reviews 9.30 - 12.30pm Appointment Only</p> <p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>Stay & Play (Birth-5yrs) Messy Play 1.30pm-2.45pm (Drop in)</p> <p>Limited places due to room capacity (£1.00 per session)</p>	<p> Best Beginnings Clinic (All day) Appointment only</p> <p> Restore with Mum's Aid 10.00am – 4.00pm Appointment only</p> <p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p> Devonport Midwives Clinic (All day) Appointment only</p> <p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>
<p>Eglinton Paget Rise Woolwich SE18 3PY Tel: 020 8331 0374</p>	<p>BANK HOLIDAY CENTRE CLOSED</p>	<p> Thames Midwives Clinic (All day) Appointment only</p> <p>Stay & Play (0-5yrs) Arts & Crafts 1:30pm – 3:00pm (Drop in) (£1.00 per session)</p>	<p> Best Beginnings Clinic (All day) Appointment only</p> <p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p> Thames Midwives Clinic (All day) Appointment only</p> <p>Childminders Stay & Play 9.30am – 11.30am (Drop in)</p> <p>This session is for foster carers, nannies & childminders (£1.00 per session)</p>	<p> 2 Year Development Reviews 9.30am – 12.30pm Appointment only</p> <p>Stay & Play (0-5yrs) 10am-12pm Suitable for babies and children with abilities and disabilities (Siblings are welcome) (£1.00 per session)</p>
<p>School House Whitworth Road Woolwich SE18 3QA 0208 719 0050</p>	<p>BANK HOLIDAY CENTRE CLOSED</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>

<p>Mulgrave Rectory Place Woolwich SE18 5DL 020 8854 7342</p>	<p>BANK HOLIDAY CENTRE CLOSED</p>	<p>Mum's Aid Counselling 11.00am – 2.00pm  Appointment only</p>	<p>2 Year Developmental Reviews 1.00pm – 4.00pm  Appointment only</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>
<p>Plumstead 6 Purrett Road Plumstead SE18 1JW Tel: 020 8836 9252</p>	<p>BANK HOLIDAY CENTRE CLOSED</p>	<p>Oxleas Perinatal Team Journey through Motherhood Group  10.00am – 12.00pm Appointment only</p> <p>Oxleas Peri-natal Therapy  10.00am - 12.30 pm Appointment Only</p> <p>2 Year Development Reviews  1.00pm - 4.00pm Appointment Only</p>	<p>10-12 Month Developmental Reviews  1.00pm – 4.00pm Appointment Only</p> <p>Mum's Aid Counselling  12.30pm - 4.00pm Appointment Only</p>	<p>Stay & Play (Birth-5yrs) Messy Play 1.30pm-2.45pm (Drop in) Limited places due to room capacity (£1.00 per family)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>
<p>Slade Erindale Plumstead SE18 2QQ Tel: 020 8854 7900 Option 2</p>	<p>BANK HOLIDAY CENTRE CLOSED</p>	<p>Poppy Team Midwife Clinic <u>AM</u>  Appointment only</p> <p> Infant Feeding Clinic 10.00am – 11.30am (Drop In)</p>	<p>Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In)</p> <p>Best Beginnings Clinic  Young Parents PM Appointment only</p> <p>Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 12mths) 1.30pm – 3.00pm (Drop in) (£1.50 per session) (The wearing of socks advisable for adults please)</p> <p>Stay & Play TOTs Nature Space (Walkers - 7yrs) Games 1:30pm – 2:45pm Sessions suitable for all abilities (Drop in) Please dress appropriately for the weather (£1.00 per family)</p>	<p>(SEE OTHER CENTRES FOR ACTIVITIES)</p>	<p> 10-12 Month Development Reviews 9.30am – 12.00pm Appointment only</p> <p>SEND Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 3yrs) 1.30pm – 3.00pm (Drop in) (£1.50 per family) The wearing of socks advisable for adults please</p>

Services Explained

All our Centres are Breastfeeding Friendly



- **Baby Groups & Soft Play:** Sessions provide stimulating activities, including signing songs, opportunities to bond with your baby and make new friends.
- **Stay & Play Sessions:** A variety of activities for parents and children to enjoy together with opportunities to meet other parents and carers in a friendly and relaxed atmosphere. (Light refreshments provided for a £1 voluntary contribution per family)
- **Learning Through Play & Sticky Fingers:** This is an Interactive play session to engage with your child's early learning.
- **Messy Play:** Open-ended play that allows children to explore different materials and their properties.
- **Rhyme Time:** Interactive Music sessions for children under 5.
- **Creative Storytelling Sessions:** An opportunity for children to develop their early literacy skills.
- **Monthly session for Children with Downs Syndrome:** First Tuesday of the month, led by parents with children who have Downs Syndrome (no age limit, Term Time only).
- **Autistic Inclusive Meets:** A weekly group for families with Autistic Children (no age limit).
- **Childminders Stay & Play:** Ofsted Registered Childminders meet with the children in their care.
- **Special Educational Needs and Disabilities (SEND) Baby & Toddler Support Groups:** Music, singing & sensory activities for babies with developmental delays or children with SEND.
- **Tots Talking:** Session to find out information and activities to support parents to help their two-year-old get ahead start.
- **Music Therapy:** This session is led by a music therapist to provide children with opportunities to explore various instruments. These sessions will help your child to develop their core skills of listening, confidence and social awareness (**term time only**).
- **Laugh, Sing & Play:** Interactive play and singing session with bubbles, twirlers & parachute games £1 per family (**term time only**).
- **Nature Space (Outdoor Play):** Provides freedom and space to explore, to gain independence, awareness of the environment, consequences of their actions and teamwork (please dress appropriately for the weather).
- **Migrant Women's DANCE Session:** Dance Sessions for migrant women to explore movement around different themes in a relaxed and inclusive space.
- **Migrant Women's Creatively Together:** Creative Activities, skill sharing and an opportunity to connect with others, whilst gaining confidence.
- **Midwife Clinics:** By appointment only via the Midwifery Teams for before (antenatal) and after the birth of your baby.
- **Understanding your child's behavior:** The Solihull approach is for parents and carers who want to know more about parenting and how children develop.
- **Akwaaba:** A new group from **Mums Aid** offering counselling, parenting support and guidance for new mums from Black, Asian, and Ethnic minority communities – *Sign up via their website or call 07758763908*
- **Big Hopes Big Futures:** 12-week parent and child sessions planned around school readiness. Supporting parents to engage in their children's early learning. Suitable for children from 2 years upwards.
- **Rhythm Masters Dance Classes:** Learn new dance skills and routines in a spacious and welcoming environment (for 8-15 year olds).
- **Teeny/Tiny/Baby Ballers:** Age-appropriate activity classes for walkers up to 6 years, helping your child to develop new skills and build confidence.
- **Tiny Feet** – Dance Classes for Toddler to help them learn dance skills and gain confidence.
- **Adult Exercise Classes** – Trim/tone and full body workouts – get fit and make friends (for all levels of fitness).

A variety of the above sessions are suitable for children with additional needs - please speak to a member of staff for further information or support.

We welcome feedback on our services, please share your experiences with us by contacting our Centres, speaking to a member of staff on site or emailing:

enquiries@homestartgreenwich.org.uk

Additional Information

[Plumstead Day Nursery](#)

Open 8am to 6pm Monday to Friday
(51 weeks per year)

Offering full or half day sessions:

8.00am to 1.00pm OR 1.00pm to 6.00pm

Plus 15 hour and 30-hour government funded sessions.

**To arrange a visit or for more information call:
0208 8369 252 or alternatively get in touch via any of
our Children's Centres.**

Together for Twos

Are you eligible for the

FREE 15-hour funded sessions?

If you would like further information regarding your eligibility, please speak to a member of staff or call any of our Children's Centre's. We now offer morning and afternoon sessions.

Vitamins

Did you know that you can pick up your **FREE**

vitamins at your nearest Children's Centre?

Just bring your Healthy Start Card to collect or for more information speak to a member of staff or call any of our Children's Centre's.

Volunteering

Do you have what it takes to become a Home-Start Greenwich Volunteer and help make a difference to the lives of families in need. For more information contact any of our Centre's or email

volunteer@homestartgreenwich.org.uk