






WEEK 1

Centres	Monday 7th	Tuesday 8th	Wednesday 9th	Thursday 10th	Friday 11th
<p>Brookhill Children's Centre, Community Centre and Family Hub</p> <p>42 Brumwell Avenue Woolwich SE18 6BD</p> <p>020 8319 5320</p> <p>BROOKHILL "WELCOME CAFE"</p> <p>Monday/Tuesday 8.30am – 2.30pm Hot Drinks/Light Bites</p> <p>Weds/Thursday 10.00am - 11.00am Hot Drinks/Light Bites</p> <p>12.00pm-2.00pm Cooked Lunch Service (Subsidised)</p> <p>Friday 10.00am - 12.00am Hot Drinks/Light Bites</p> <p>COMMUNITY MEAL (Every Friday)</p>	<p>Thames Midwives Clinic (All day) Appointment only</p> <p>WELCOME CAFE 8.30am-2.30pm Hot Drink/Light Bites</p> <p>2 Year Development Reviews 9.30am – 12.00pm Appointment only (Family Room)</p> <p>NEW: Mini Musicians Play & Explore for all ages 9.30am – 10.15am (Babies) 10.30am - 11.15am (2-5 years) A fun interactive music session where children can sing, play instruments and explore rhythms. Call to book FREE HALL</p> <p>Theatre Performance Workshop (Dancing/Singing & Drama) - 12.00pm-3.00pm Build self- confidence, whilst learning new performance skills. (Snack Provided) 7-15 year olds Call to book (FREE - Hall)</p> <p>Autistic Inclusive Meets (Autistic led organisation) Every Monday from 4.00pm-5.30pm No diagnosis is necessary</p>	<p>Best Beginnings Midwives Clinic (All Day) Appointment Only</p> <p>WELCOME CAFE 8.30am-2.30pm Hot Drinks/Light Bites</p> <p>NEW: Little Crocs Football Coaching 11.00-11.45 Walkers to 3 years 12.00-12.45 4 Years to 6 Years Call to book (Hall)</p> <p>NEW: Children's Mindfulness & Sugar Scrub Workshop (for 8-15 year olds) 2.00pm - 4.00pm Snack Provided (Call to book) HALL</p> <p>Mum's Aid Counselling 12.30pm – 4.00pm Appointment only</p>	<p>Thames Midwives Clinic (All day) Appointment only</p> <p>WELCOME CAFE CLOSED 9TH APRIL</p> <p>Easter Laugh, Sing & Play Session Play, Singing, Bubbles and Parachute Games 10.00am - 10.45am (Call to book) (Hall)</p> <p> Infant Feeding Clinic 1.00pm – 2.30pm (Drop in) (Hall)</p>	<p>Thames Midwives Clinic (All Day) Appointment only</p> <p>WELCOME CAFE (CLOSED 10TH APRIL)</p> <p>SENDsory Group 10.00am-11.30am (Drop in) Suitable for babies and children with abilities and disabilities (Siblings are welcome) (£1.00 donation per family) (Hall)</p> <p>Well Baby Clinic (Including weighing) 1.30pm – 3.30pm (Drop in) (Hall)</p> <p>New: Easter Yarn Weaving Workshop (learn a new hobby) (for 8-15 year olds) 2.00pm - 4.00pm Snack Provided (Call to book) FAMILY ROOM</p>	<p> Blood Spots Clinics 9.30am – 12.00pm Appointment only</p> <p>WELCOME CAFE 10.00am-12.00pm Hot Drinks/Light Bites</p> <p> Thames Midwives Clinic (PM) Appointment only</p> <p>COMMUNITY CAFE Free Community Meal 1.00pm-2.00pm (Contributions welcome)</p> <p>Stay & Play (Birth -5yrs) Baby & Toddler EASTER BONNET PARTY Come with your decorated Easter hats 1.30pm - 3.00pm (£1.00 per family, per session) (Call to book)</p> <p>Employment & Benefit Advice Session Delivered by the Department for Work and Pensions (DWP) 1.00pm-4.00pm Advice on Benefits, Employment and Childcare Support. Drop in (Family Room)</p> <p>FOOD PROVISION 3.00pm - 3.45pm (approximately)</p>

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Appointments only



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Centres	Monday 7th	Tuesday 8th	Wednesday 9th	Thursday 10th	Friday 11th
1.00pm-2.00pm Menu Changes Weekly (Contributions welcome) Food Provision 3.00pm-3.45pm (approximately)	Siblings welcome £2.00 per family (Refreshments included) (Hall)				
Cardwell 118 Frances Street Woolwich SE18 5LP	Devonport Midwives Clinic (AM) Appointment only	Young Mum's Aid Counselling 9.30am – 12.30pm Appointment only	Akwaaba With Mum's Aid 1.00pm-3.00pm Sign Up or call 07758 763908	Best Beginnings Clinic (All day) Appointment only Restore with Mum's Aid 10.00am – 4.00pm Appointment only	Devonport Midwives Clinic (All day) Appointment only
Plumstead 6 Purrett Road Plumstead SE18 1JW 020 8836 9252	Mums Aid Counselling 12.00 – 4.00 pm Appointment Only	Oxleas Perinatal Team Journey through Motherhood Group 10.00am – 12.00pm Appointment only Oxleas Perinatal Therapy 10 – 12.30am Appointment Only 2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only	10-12 Month Developmental Reviews 1.00pm – 4.00pm Appointment Only Mum's Aid Counselling 12.30pm – 4.00pm Appointment only		EASTER BONNET COMPETITION Come with your decorated Easter hats (Birth-5yrs) Suitable for babies and children 9.45am - 11.45am (Drop in) (£1.00 per family, per session)

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Eglinton Paget Rise Woolwich SE18 3PY 020 8331 0374	2 Year Development Reviews 9.30am – 11.30am Appointment only 10-12 Months Development Reviews 1.00pm – 4.00pm Appointment only BABY GROUP (Birth-18mths) 1.30pm – 3.00pm (Drop in) (£1.00 donation per family)	Thames Midwives Clinic (All day) Appointment only Stay & Play (Birth-5yrs) Suitable for babies and children 1.30pm - 3.00pm (Drop in) (£1.00 per family, per session)	Best Beginnings Clinic (All day) Appointment only	Thames Midwives Clinic (All day) Appointment only Childminders Stay & Play 9.30am – 11.30am (This session is for foster carers, nannies & childminders) (£1.00 per family, per session)	2 Year Development Reviews 9.30am – 12.30pm Appointment only Stay & Play (Birth-5yrs) <i>Baby & Toddler</i> EASTER BONNET COMPETITION Come with your decorated Easter hats 9.30am-11.30am (Drop in) (£1.00 per family, per session)
School House Whitworth Road Woolwich SE18 3QA 0330 057 6051					
Mulgrave Rectory Place Woolwich SE18 5DL 020 8319 5666	Baby Group (Birth-1yr) 9.30am – 11.30pm (Drop in) (£1.00 donation per family) Sessions suitable for all abilities and disabilities	Mum's Aid Counselling 11.00am – 2.00pm Appointment only	2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only	 Infant Feeding Clinic 9.30am - 12.30pm (Appointment only)	 Infant Feeding Clinic 9.30am - 12.30pm (Appointment only)
Slade Erindale Plumstead SE18 2QQ	Thames Midwives (All Day) Appointment Only BABY GROUP (Birth-18mths) Messy Time	Poppy Team Midwife Clinic Appointment only Slade Library Rhyme Time 10.30am – 11.00am (Drop in)	Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In) 9:30am -11.30am Best Beginnings Clinic	Stay & Play (Birth-5yrs) <i>Baby & Toddler</i> EASTER BONNET COMPETITION/Parade Come with your decorated Easter hats	10-12 Month Development Reviews 9.30am – 12.00pm Appointment only Slade Library Rhyme Time

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020 8854 7900 opt 2.	<p>1.45pm-2.30pm (Drop in) (£1.00 donation per family)</p> <p>Slade Library Stay & Play (Birth-5yrs) 3.00pm-3.30pm (Drop in)</p>	 <p>Infant Feeding Clinic 10.00am – 11.30am (Drop In)</p> <p>CHIT CHAT COFFEE/TEATIME Taster session (Birth- 5yrs) 1.00pm- 3.00pm (Call to book) Sessions suitable for all abilities and disabilities (£3.00 per family, per session)</p>	 <p>Young Parents PM Appointment only</p>  <p>Stay & Play (Birth - 5yrs) TOTs Nature Space</p> <p>EASTER EGG HUNT Outdoor Messy Play with Rhymes & Games 1.30pm – 2.45pm Sessions suitable for all abilities (Drop in) Please dress appropriately for the weather (£2.00 per family, per session)</p> <p>Baby Steps Soft Play (Birth- 18mths) 1:30pm – 2:45pm Sessions suitable for all abilities and disabilities (Drop in) (£1.50 per family, per session)</p>	<p>Family Session 1.30pm – 2.45pm (Drop in) (£1.00 per family, per session)</p>	<p>10:30am – 11am (Drop in)</p> <p>Tiny Steps Soft Play (Birth-3yrs) 1:30pm – 2:45pm Sessions suitable for all abilities and disabilities (Tube Feeding Friendly) (Drop in) (£1.50 per family, per session)</p>

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WEEK 2

Centres	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th	Good Friday
<p>Brookhill Children's Centre, Community Centre and Family Hub</p> <p>42 Brumwell Avenue Woolwich SE18 6BD</p> <p>020 8319 5320</p> <p>BROOKHILL "WELCOME CAFE"</p> <p><u>Monday/Tuesday</u> 8.30am – 2.30pm <u>Hot Drinks/Light Bites</u></p> <p><u>Weds/Thursday</u> 10.00am - 11.00am <u>Hot Drinks/Light Bites</u></p> <p>12.00pm-2.00pm <u>Cooked Lunch Service</u> <u>(Subsidised)</u></p>	<p>Thames Midwives Clinic (All day) Appointment only</p> <p><u>WELCOME CAFE</u> 8.30am-2.30pm Hot Drink/Light Bites</p> <p>2 Year Development Reviews 9.30am – 12.00pm Appointment only (Family Room)</p> <p>Mini Musicians Play & Explore for all ages 9.30am – 10.15am 10.30am - 11.15am A fun interactive music session where children can sing, play instruments and explore rhythms. Call to book FREE HALL</p> <p><u>Theatre Performance</u> <u>Workshop (Dancing/Singing &</u> <u>Drama)</u> 12.00pm-3.00pm Build self- confidence, whilst learning new performance skills. (Snack Provided) 7-15 year olds Call to book (FREE) (Hall)</p> <p>Autistic Inclusive Meets (Autistic led organisation) Every Monday from 4.00pm-5.30pm No diagnosis is necessary Siblings welcome</p>	<p>Best Beginnings Midwives Clinic (All Day) Appointment Only</p> <p><u>WELCOME CAFE</u> 8.30am-2.30pm Hot Drinks/Light Bites</p> <p>Tiny Feet Family Dance Sessions 10.00am - 10.45am (Walkers) (£1.00 per family) Call to book (Hall)</p> <p>Little Crocs Football Coaching Fun & Engaging Sessions 12.00pm-1.00pm 4 Years to 6 Years 1.15pm 2.15pm Walkers – to 3 years Call to book (Hall)</p> <p>NEW: Children's Slime Making Workshop (for 8-15 year olds) 2.00pm - 4.00pm Snack Provided CAFE</p> <p>Mum's Aid Counselling 12.30pm – 4.00pm Appointment only</p>	<p>Thames Midwives Clinic (All day) Appointment only</p> <p><u>WELCOME CAFE</u> 10.00am-11.00am Hot Drinks/Light Bites</p> <p>12.00pm - 2.00pm Cooked Lunch Service (Subsidised Meals to purchase) <u>See Cafe Board for Menu</u></p> <p>Easter Laugh, Sing & Play Session Play, Singing, Bubbles and Parachute Games 10.00am - 10.45am (Call to book) (Hall)</p> <p> Infant Feeding Clinic 1.00pm – 2.30pm (Drop in) (Hall)</p> <p>NEW: Children's Pattern Crafting and Decoration Workshop (Learn how to design and craft your own clothing) (for 8-15 year olds) 2.00pm - 4.00pm Snack Provided (Limited spaces – call to book) (Family Room)</p>	<p>Thames Midwives Clinic (All Day) Appointment only</p> <p><u>WELCOME CAFE</u> (CLOSED 17th APRIL)</p> <p>EASTER EGG HUNT <u>SENdsory Group</u> 10.00am-11.30am (Drop in) Suitable for babies and children with abilities and disabilities (Siblings are welcome) (£1.00 donation per family) (Hall)</p> <p>Well Baby Clinic (Including weighing) 1.30pm – 3.30pm (Drop in) (Hall)</p>	<p>BANK HOLIDAY CENTRE CLOSED</p>

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Centres	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th	Good Friday
	£2.00 per family (Refreshments included) (Hall)				
Cardwell 118 Frances Street Woolwich SE18 5LP 020 8854 7342	Davonport Midwives Clinic (AM) Appointment only	Young Mum's Aid Counselling 9.30am – 12.30pm Appointment only	Akwaaba With Mum's Aid 1.00pm-3.00pm Sign Up or call 07758 763908	Best Beginnings Clinic (All day) Appointment only Restore with Mum's Aid 10.00am – 4.00pm Appointment only	BANK HOLIDAY CENTRE CLOSED
Plumstead 6 Purrett Road Plumstead SE18 1JW 020 8836 9252	Mums Aid Counselling 12.00 – 4.00 pm Appointment Only	Oxleas Perinatal Team Journey through Motherhood Group 10.00am – 12.00pm Appointment only Oxleas Perinatal Therapy 10 – 12.30am Appointment Only 2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only	10-12 Month Developmental Reviews 1.00pm – 4.00pm Appointment Only Mum's Aid Counselling 12.30pm – 4.00pm Appointment only		BANK HOLIDAY CENTRE CLOSED

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Centres	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th	Good Friday
Eglinton Paget Rise Woolwich SE18 3PY 020 8331 0374	<p>2 Year Development Reviews 9.30am – 11.30am Appointment only</p> <p>10-12 Months Development Reviews 1.00pm – 4.00pm Appointment only</p> <p>BABY GROUP (Birth-18mths) 1.30pm – 3.00pm (Drop in) (£1.00 donation per family)</p>	<p>Thames Midwives Clinic (All day) Appointment only</p> <p>Stay & Play (Birth-5yrs) EASTER EGG HUNT Suitable for babies and children 1.30pm - 3.00pm (Drop in) (£1.00 per family, per session)</p>	<p>Best Beginnings Clinic (All day) Appointment only</p>	<p>Thames Midwives Clinic (All day) Appointment only</p> <p>Childminders Stay & Play 9.30am – 11.30am (This session is for foster carers, nannies & childminders) (£1.00 per family, per session)</p>	BANK HOLIDAY CENTRE CLOSED
School House Whitworth Road Woolwich SE18 3QA 0330 057 6051					BANK HOLIDAY CENTRE CLOSED

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Centres	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th	Good Friday
Mulgrave Rectory Place Woolwich SE18 5DL 020 8854 7342	Baby Group (Birth-1yr) 9.30am – 11.30pm (Drop in) (£1.00 donation per family) Sessions suitable for all abilities and disabilities	Mum's Aid Counselling 11.00am – 2.00pm Appointment only	2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only		BANK HOLIDAY CENTRE CLOSED
Slade Erindale Plumstead SE18 2QQ 020 8854 7900 opt 2.	Thames Midwives (All Day) Appointment Only BABY GROUP (Birth-18mths) Messy Time 1.45pm-2.30pm (Drop in) (£1.00 donation per family) Slade Library Stay & Play (Birth-5yrs) 3.00pm-3.30pm (Drop in)	Poppy Team Midwife Clinic <u>AM</u> Appointment only Slade Library Rhyme Time 10.30am – 11.00am (Drop in) Infant Feeding Clinic 10.00am – 11.30am (Drop In) CHIT CHAT COFFEE/TEATIME Taster session (Birth- 5yrs) 1.00pm- 3.00pm (Call to book) Sessions suitable for all abilities and disabilities (£3.00 per family) BOUNCING BUNNIES (Birth - non crawlers) 1.45pm-2.30pm (Call to book) Sessions suitable for all abilities and disabilities (£1.00 per family, per session)	Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In) 9:30am -11.30am Best Beginnings Clinic Young Parents <u>PM</u> Appointment only Stay & Play (Birth - 5yrs) TOTs Nature Space SPRING PLANTERS /GROWERS 1.30pm – 2.45pm Sessions suitable for all abilities (Drop in) Please dress appropriately for the weather (£1.00 per family, per session) Baby Steps Soft Play (Birth- 18mths) 1:30pm – 2:45pm Sessions suitable for all abilities and disabilities (Drop in) (£1.50 per family, per session)	EASTER EGG HUNT/PARTY Stay & Play (Birth-5yrs) Baby & Toddler Family Session 1.30pm – 2.45pm (Drop in) (£1.00 per family, per session)	BANK HOLIDAY CENTRE CLOSED

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Services Explained	Additional Information
<p>All our Centres are Breastfeeding Friendly</p>  <ul style="list-style-type: none"> Baby Groups & Soft Play: Sessions provide stimulating activities, including signing songs, opportunities to bond with your baby and make new friends. Stay & Play Sessions: A variety of activities for parents and children to enjoy together with opportunities to meet other parents and carers in a friendly and relaxed atmosphere. (Light refreshments provided for a £1 voluntary contribution per family) Learning Through Play & Sticky Fingers: This is an Interactive play session to engage with your child's early learning. Messy Play: Open-ended play that allows children to explore different materials and their properties. Rhyme Time: Interactive Music sessions for children under 5. Creative Storytelling Sessions: An opportunity for children to develop their early literacy skills. Autistic Inclusive Meets: A weekly group for families with Autistic Children (no age limit). Childminders Stay & Play: Ofsted Registered Childminders meet with the children in their care. Special Educational Needs and Disabilities (SEND) Baby & Toddler Support Groups: Music, singing & sensory activities for babies with developmental delays or children with SEND. Tots Talking: Join us for a session where you can find information and activities to help parents and carers support their two-year-olds with language development. Children do not need to attend all training sessions. Practitioners trained by Speech & Language Therapists will provide advice and ideas to support you." Music Therapy: This session is led by a music therapist to provide children with opportunities to explore various instruments. These sessions will help your child to develop their core skills of listening, confidence and social awareness (term time only). Laugh, Sing & Play: Interactive play and singing session with bubbles, twirlers & parachute games £1 per family (term time only). Nature Space (Outdoor Play): Provides freedom and space to explore, to gain independence, awareness of the environment, consequences of their actions and teamwork (please dress appropriately for the weather). Migrant Women's DANCE Session: Dance Sessions for migrant women to explore movement around different themes in a relaxed and inclusive space. Midwife Clinics: By appointment only via the Midwifery Teams for before (antenatal) and after the birth of your baby. Understanding your child's behavior: The Solihull approach is for parents and carers who want to know more about parenting and how children develop. Akwaaba: A new group from Mums Aid offering counselling, parenting support and guidance for new mums from Black, Asian, and Ethnic minority communities – <i>Sign up via their website or call 07758763908</i> Big Hopes Big Futures: 12-week parent and child sessions planned around school readiness. Supporting parents to engage in their children's early learning. Suitable for children from 2 years upwards. Bobo's Book Club: Aims to inspire children of all ages to gain a love of reading from an early age (new and old stories covered). Helping to plant the seed of reading in each child, whilst building a strong foundation for future learning. Dad's Forum: Monthly meet up for new Dad's or Dad's-to-be, opportunities to meet and discuss different topics around fatherhood in a relaxed sitting. Young Parents Group: Supporting the wellbeing of young parents and parents to be during pregnancy, childbirth and early childhood. Skate School/Theatre Performance Groups: After school sessions for older children to gain new skills and confidence whilst making new friends. 	<p>Plumstead Day Nursery Open 8am to 6pm Monday to Friday (51 weeks per year) Offering full or half day sessions: 8.00am to 1.00pm OR 1.00pm to 6.00pm Plus 15 hour and 30-hour government funded sessions. To arrange a visit or for more information call: 0208 8369 252 or alternatively get in touch via any of our Children's Centre's.</p> <p>Eglinton Nursery Open 8.45am to 3.45pm Monday to Friday (Term-time only) Offering full or half day sessions: 8.45am to 11.45pm OR 12.45pm to 3.45pm To arrange a visit or for more information call: 0208 331 0374 or Alternatively get in touch via any of our Children Centre's.</p> <p>Together for Twos</p>  <p>Offering full or half day sessions: <u>9.15am to 12.15pm OR 12.30pm to 3.30pm</u> Are you eligible for the FREE 15-hour funded sessions? If you would like further information regarding your eligibility, please speak to a member of staff or call any of our Children's Centre's. We now offer morning and afternoon sessions.</p> <p>Vitamins Did you know that you can pick up your FREE vitamins at your nearest Children's Centre? Just bring your Healthy Start Card to collect or for more information speak to a member of staff or call any of our Children Centres.</p>

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<ul style="list-style-type: none"> ADULT EVENING CLASSES (Hair Braiding/Keep Fit): – Early evening sessions for parents to get fit/learn new skills/develop interests whilst meeting other parents. Baby- Me-Fit: Exercise Classes designed for mums to attend with their babies, to help improve fitness levels and bond with their babies. Tiny Feet Dance Class: Active Dance Classes for you and your new walkers/toddlers engage, develop skills and confidence whilst having fun. Community Choir (18 years plus): Bringing people together through the power of song and connection. <p>A variety of the above sessions are suitable for children with additional needs - please speak to a member of staff for further information or support.</p> <p>We welcome feedback on our services, please share your experiences with us by contacting our Centres, speaking to a member of staff on site or emailing: enquiries@homestartgreenwich.org.uk</p>				<p>Volunteering</p> <p>Do you have what it takes to become a Home-Start Greenwich Volunteer and help make a difference to the lives of families in need. For more information contact any of our Centre's or email volunteer@homestartgreenwich.org.uk</p>	

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