



WEEK 1

Centres	Monday 7th	Tuesday 8th	Wednesday 9th	Thursday 10th	Friday 11th
<p><b>Brookhill Children's Centre, Community Centre and Family Hub</b></p> <p>42 Brumwell Avenue Woolwich SE18 6BD</p> <p>020 8319 5320</p> <p><b>BROOKHILL</b> <b>"WELCOME CAFE"</b></p> <p><b>Monday/Tuesday</b> <b>8.30am – 2.30pm</b> Hot Drinks/Light Bites</p> <p><b>Weds/Thursday</b> <b>10.00am - 11.00am</b> Hot Drinks/Light Bites</p> <p><b>12.00pm-2.00pm</b> <b>Cooked Lunch Service</b> <b>(Subsidised)</b></p> <p><b>Friday</b> <b>10.00am - 12.00am</b> Hot Drinks/Light Bites</p> <p><b>COMMUNITY MEAL</b> <b>(Every Friday)</b></p>	<p><b>Thames Midwives Clinic</b> (All day) Appointment only</p> <p><b>WELCOME CAFE</b> <b>8.30am-2.30pm</b> Hot Drink/Light Bites</p> <p>2 Year Development Reviews <b>9.30am – 12.00pm</b> Appointment only (Family Room)</p> <p><b>NEW: Mini Musicians</b> <b>Play &amp; Explore for all ages</b> <b>9.30am – 10.15am (Babies)</b> <b>10.30am - 11.15am (2-5 years)</b> A fun interactive music session where children can sing, play instruments and explore rhythms. Call to book <b>FREE</b> <b>HALL</b></p> <p><b>Theatre Performance</b> <b>Workshop</b> <b>(Dancing/Singing &amp; Drama) -</b> <b>12.00pm-3.00pm</b> Build self- confidence, whilst learning new performance skills. (Snack Provided) 7-15 year olds Call to book (FREE - Hall)</p> <p><b>Autistic Inclusive Meets</b> (Autistic led organisation) Every Monday from <b>4.00pm-5.30pm</b> No diagnosis is necessary</p>	<p><b>Best Beginnings Midwives Clinic</b> (All Day) Appointment Only</p> <p><b>WELCOME CAFE</b> <b>8.30am-2.30pm</b> Hot Drinks/Light Bites</p> <p><b>NEW: Little Crocs Football Coaching</b> <b>11.00-11.45</b> <b>Walkers to 3 years</b> <b>12.00-12.45</b> <b>4 Years to 6 Years</b> Call book (Hall)</p> <p><b>NEW: Children's Mindfulness &amp; Sugar Scrub Workshop</b> <b>(for 8-15 year olds)</b> <b>2.00pm - 4.00pm</b> Snack Provided (Call to book) <b>HALL</b></p> <p>Mum's Aid Counselling <b>12.30pm – 4.00pm</b> Appointment only</p>	<p><b>Thames Midwives Clinic</b> (All day) Appointment only</p> <p><b>WELCOME CAFE</b> <b>CLOSED 9<sup>TH</sup> APRIL</b></p> <p><b>Easter Laugh, Sing &amp; Play Session</b> Play, Singing, Bubbles and Parachute Games 10.00am - 10.45am (Call to book) (Hall)</p> <p> <b>Infant Feeding Clinic</b> <b>1.00pm – 2.30pm</b> (Drop in) (Hall)</p>	<p><b>Thames Midwives Clinic</b> (All Day) Appointment only</p> <p><b>WELCOME CAFE</b> <b>(CLOSED 10<sup>TH</sup> APRIL)</b></p> <p><b>SENDSory Group</b> <b>10.00am-11.30am</b> (Drop in) Suitable for babies and children with abilities and disabilities (Siblings are welcome) <b>(£1.00 donation per family)</b> (Hall)</p> <p><b>Well Baby Clinic</b> <b>(Including weighing)</b> <b>1.30pm – 3.30pm</b> (Drop in) (Hall)</p> <p><b>New: Easter Yarn Weaving Workshop</b> <b>(learn a new hobby)</b> <b>(for 8-15 year olds)</b> <b>2.00pm - 4.00pm</b> Snack Provided (Call to book) <b>FAMILY ROOM</b></p>	<p><b>Blood Spots Clinics</b> <b>9.30am – 12.00pm</b> Appointment only</p> <p><b>WELCOME CAFE</b> <b>10.00am-12.00pm</b> Hot Drinks/Light Bites</p> <p><b>Thames Midwives Clinic</b> (PM) Appointment only</p> <p><b>COMMUNITY CAFE</b> <b>Free Community Meal</b> <b>1.00pm-2.00pm</b> (Contributions welcome)</p> <p><b>Stay &amp; Play (Birth -5yrs)</b> <i>Baby &amp; Toddler</i> <b>EASTER BONNET PARTY</b> Come with your decorated Easter hats <b>1.30pm - 3.00pm</b> <b>(£1.00 per family, per session)</b> (Call to book)</p> <p><b>Employment &amp; Benefit Advice Session</b> Delivered by the Department for Work and Pensions (DWP) <b>1.00pm-4.00pm</b> Advice on Benefits, Employment and Childcare Support. <b>Drop in</b> (Family Room)</p> <p><b>FOOD PROVISION</b> <b>3.00pm - 3.45pm</b> (approximately)</p>

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Appointments only



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Centres	Monday 7th	Tuesday 8th	Wednesday 9th	Thursday 10th	Friday 11th
<p><b>1.00pm-2.00pm</b> Menu Changes Weekly (Contributions welcome)</p> <p>Food Provision 3.00pm-3.45pm (approximately)</p>	<p>Siblings welcome £2.00 per family (Refreshments included) (Hall)</p>				
<p><b>Cardwell</b> 118 Frances Street Woolwich SE18 5LP</p> <p><b>020 8854 7342</b></p>	<p><b>Davonport Midwives Clinic</b> (AM)  <b>Appointment only</b></p>	<p><b>Young Mum's Aid Counselling</b> 9.30am – 12.30pm  <b>Appointment only</b></p>	<p><b>Akwaaba</b> <b>With Mum's Aid</b> 1.00pm-3.00pm Sign Up or call 07758 763908</p>	<p><b>Best Beginnings Clinic</b> (All day)  <b>Appointment only</b></p> <p><b>Restore with Mum's Aid</b>  10.00am – 4.00pm <b>Appointment only</b></p>	<p><b>Davonport Midwives Clinic</b> (All day)  <b>Appointment only</b></p>
<p><b>Plumstead</b> 6 Purrett Road Plumstead SE18 1JW</p> <p><b>020 8836 9252</b></p>	<p><b>Mums Aid Counselling</b> 12.00 – 4.00 pm  <b>Appointment Only</b></p>	<p><b>Oxleas Perinatal Team</b> <b>Journey through Motherhood Group</b>  10.00am – 12.00pm <b>Appointment only</b></p> <p><b>Oxleas Perinatal Therapy</b> 10 – 12.30am  <b>Appointment Only</b></p> <p><b>2 Year Developmental Reviews</b>  1.00pm – 4.00pm <b>Appointment only</b></p>	<p><b>10-12 Month Developmental Reviews</b>  1.00pm – 4.00pm <b>Appointment Only</b></p> <p><b>Mum's Aid Counselling</b>  12.30pm – 4.00pm <b>Appointment only</b></p>		<p><b>EASTER BONNET COMPETITION</b> Come with your decorated Easter hats (Birth-5yrs) Suitable for babies and children 9.45am - 11.45am (Drop in) (£1.00 per family, per session)</p>

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WEEK 1

Centres	Monday 7th	Tuesday 8th	Wednesday 9th	Thursday 10th	Friday 11th
<p><b>Eglinton</b> Paget Rise Woolwich SE18 3PY  020 8331 0374</p>	<p>2 Year Development Reviews 9.30am – 11.30am  Appointment only</p> <p>10-12 Months Development Reviews 1.00pm – 4.00pm  Appointment only</p> <p><b>BABY GROUP (Birth-18mths)</b> 1.30pm – 3.00pm (Drop in) (£1.00 donation per family)</p>	<p>Thames Midwives Clinic (All day)  Appointment only</p> <p><b>Stay &amp; Play (Birth-5yrs)</b> Suitable for babies and children 1.30pm - 3.00pm (Drop in) (£1.00 per family, per session)</p>	<p>Best Beginnings Clinic (All day)  Appointment only</p>	<p>Thames Midwives Clinic (All day)  Appointment only</p> <p><b>Childminders Stay &amp; Play</b> 9.30am – 11.30am (This session is for foster carers, nannies &amp; childminders) (£1.00 per family, per session)</p>	<p>2 Year Development Reviews 9.30am – 12.30pm  Appointment only</p> <p><b>Stay &amp; Play (Birth-5yrs) Baby &amp; Toddler</b> <b>EASTER BONNET COMPETITION</b> Come with your decorated Easter hats 9.30am-11.30am (Drop in) (£1.00 per family, per session)</p>
<p><b>School House</b> Whitworth Road Woolwich SE18 3QA  0330 057 6051</p>					
<p><b>Mulgrave</b> Rectory Place Woolwich SE18 5DL  020 8854 7342</p>	<p><b>Baby Group (Birth-1yr)</b> 9.30am – 11.30pm (Drop in) (£1.00 donation per family) Sessions suitable for all abilities and disabilities</p>	<p>Mum's Aid Counselling 11.00am – 2.00pm  Appointment only</p>	<p>2 Year Developmental Reviews 1.00pm – 4.00pm  Appointment only</p>		
<p><b>Slade</b> Erindale Plumstead SE18 2QQ  020 8854 7900 opt 2.</p>	<p>Thames Midwives (All Day)  Appointment Only</p> <p><b>BABY GROUP (Birth-18mths) Messy Time</b> 1.45pm-2.30pm (Drop in)</p>	<p>Poppy Team Midwife Clinic AM  Appointment only</p> <p>Slade Library Rhyme Time 10.30am – 11.00am (Drop in)</p>	<p>Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In) 9:30am -11.30am</p> <p>Best Beginnings Clinic Young Parents</p>	<p><b>Stay &amp; Play (Birth-5yrs) Baby &amp; Toddler</b> <b>EASTER BONNET COMPETITION/Parade</b> Come with your decorated Easter hats Family Session</p>	<p>10-12 Month Development Reviews 9.30am – 12.00pm  Appointment only</p> <p>Slade Library Rhyme Time 10:30am – 11am</p>

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	<p>(£1.00 donation per family)</p> <p>Slade Library Stay &amp; Play (Birth-5yrs) 3.00pm-3.30pm (Drop in)</p>	<p>Infant Feeding Clinic 10.00am – 11.30am (Drop In)</p> <p>CHIT CHAT COFFEE/TEATIME Taster session (Birth- 5yrs) 1.00pm- 3.00pm (Call to book) Sessions suitable for all abilities and disabilities (£3.00 per family, per session)</p>	<p>PM Appointment only</p>  <p>Stay &amp; Play (Birth - 5yrs) TOTs Nature Space</p> <p>EASTER EGG HUNT Outdoor Messy Play with Rhymes &amp; Games 1.30pm – 2.45pm Sessions suitable for all abilities (Drop in) Please dress appropriately for the weather (£2.00 per family, per session)</p> <p>Baby Steps Soft Play (Birth- 18mths) 1:30pm – 2:45pm Sessions suitable for all abilities and disabilities (Drop in) (£1.50 per family, per session)</p>	<p>1.30pm – 2.45pm (Drop in) (£1.00 per family, per session)</p>	<p>(Drop in)</p> <p>Tiny Steps Soft Play (Birth-3yrs) 1:30pm – 2:45pm Sessions suitable for all abilities and disabilities (Tube Feeding Friendly) (Drop in) (£1.50 per family, per session)</p>

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WEEK 2

Centres	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th	Good Friday
<p><b>Brookhill Children's Centre, Community Centre and Family Hub</b></p> <p>42 Brumwell Avenue Woolwich SE18 6BD</p> <p>020 8319 5320</p> <p><b>BROOKHILL "WELCOME CAFE"</b></p> <p><u>Monday/Tuesday 8.30am – 2.30pm</u> Hot Drinks/Light Bites</p> <p><u>Weds/Thursday 10.00am - 11.00am</u> Hot Drinks/Light Bites</p> <p><u>12.00pm-2.00pm</u> <b>Cooked Lunch Service (Subsidised)</b></p>	<p><b>Thames Midwives Clinic (All day)</b> Appointment only</p> <p><u>WELCOME CAFE 8.30am-2.30pm</u> Hot Drink/Light Bites</p> <p><b>2 Year Development Reviews 9.30am – 12.00pm</b> Appointment only (Family Room)</p> <p><b>Mini Musicians Play &amp; Explore for all ages 9.30am – 10.15am</b> <b>10.30am - 11.15am</b> A fun interactive music session where children can sing, play instruments and explore rhythms. Call to book <b>FREE HALL</b></p> <p><b>Theatre Performance Workshop (Dancing/Singing &amp; Drama) 12.00pm-3.00pm</b> Build self- confidence, whilst learning new performance skills. (Snack Provided) 7-15 year olds Call to book (FREE) (Hall)</p> <p><b>Autistic Inclusive Meets (Autistic led organisation)</b> Every Monday from <b>4.00pm-5.30pm</b> No diagnosis is necessary Siblings welcome</p>	<p><b>Best Beginnings Midwives Clinic (All Day)</b> Appointment Only</p> <p><u>WELCOME CAFE 8.30am-2.30pm</u> Hot Drinks/Light Bites</p> <p><b>Tiny Feet Family Dance Sessions 10.00am - 10.45am</b> (Walkers) (£1.00 per family) Call to book (Hall)</p> <p><b>Little Crocs Football Coaching Fun &amp; Engaging Sessions 11.00-11.45</b> Walkers – to 3 years 12.00-12.45 4 Years to 6 Years Call to book (Hall)</p> <p><b>NEW: Children's Slime Making Workshop (for 8-15 year olds) 2.00pm - 4.00pm</b> Snack Provided HALL</p> <p><b>Mum's Aid Counselling 12.30pm – 4.00pm</b> Appointment only</p>	<p><b>Thames Midwives Clinic (All day)</b> Appointment only</p> <p><u>WELCOME CAFE 10.00am-11.00am</u> Hot Drinks/Light Bites</p> <p><b>12.00pm - 2.00pm</b> Cooked Lunch Service (Subsidised Meals to purchase) <u>See Cafe Board for Menu</u></p> <p><b>Easter Laugh, Sing &amp; Play Session</b> Play, Singing, Bubbles and Parachute Games 10.00am - 10.45am (Call to book) (Hall)</p> <p> <b>Infant Feeding Clinic 1.00pm – 2.30pm</b> (Drop in) (Hall)</p> <p><b>NEW: Children's Pattern Crafting and Decoration Workshop</b> (Learn how to design and craft your own clothing) (for 8-15 year olds) 2.00pm - 4.00pm Snack Provided (Limited spaces – call to book) (Family Room)</p>	<p><b>Thames Midwives Clinic (All Day)</b> Appointment only</p> <p><b>WELCOME CAFE (CLOSED 17<sup>th</sup> APRIL)</b></p> <p><b>EASTER EGG HUNT SENSory Group 10.00am-11.30am</b> (Drop in) Suitable for babies and children with abilities and disabilities (Siblings are welcome) <b>(£1.00 donation per family)</b> (Hall)</p> <p><b>Well Baby Clinic (Including weighing) 1.30pm – 3.30pm</b> (Drop in) (Hall)</p>	<p><b>BANK HOLIDAY CENTRE CLOSED</b></p>

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WEEK 2

Centres	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th	Good Friday
	£2.00 per family (Refreshments included) (Hall)				
<b>Cardwell</b> 118 Frances Street Woolwich SE18 5LP  020 8854 7342	Davonport Midwives Clinic (AM) Appointment only	Young Mum's Aid Counselling 9.30am – 12.30pm Appointment only	Akwaaba With Mum's Aid 1.00pm-3.00pm Sign Up or call 07758 763908	Best Beginnings Clinic (All day) Appointment only  Restore with Mum's Aid 10.00am – 4.00pm Appointment only	BANK HOLIDAY CENTRE CLOSED
<b>Plumstead</b> 6 Purrett Road Plumstead SE18 1JW  020 8836 9252	Mums Aid Counselling 12 .00 – 4.00 pm Appointment Only	Oxleas Perinatal Team Journey through Motherhood Group 10.00am – 12.00pm Appointment only  Oxleas Perinatal Therapy 10 – 12.30am Appointment Only  2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only	10-12 Month Developmental Reviews 1.00pm – 4.00pm Appointment Only  Mum's Aid Counselling 12.30pm – 4.00pm Appointment only		BANK HOLIDAY CENTRE CLOSED

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Centres	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th	Good Friday
<b>Eglinton</b> Paget Rise Woolwich SE18 3PY  <b>020 8331 0374</b>	2 Year Development Reviews 9.30am – 11.30am Appointment only  10-12 Months Development Reviews 1.00pm – 4.00pm Appointment only  <b>BABY GROUP</b> (Birth-18mths) 1.30pm – 3.00pm (Drop in) (£1.00 donation per family)	Thames Midwives Clinic (All day) Appointment only  <b>Stay &amp; Play (Birth-5yrs)</b> <b>EASTER EGG HUNT</b> Suitable for babies and children 1.30pm - 3.00pm (Drop in) (£1.00 per family, per session)	Best Beginnings Clinic (All day) Appointment only	Thames Midwives Clinic (All day) Appointment only  <b>Childminders Stay &amp; Play</b> 9.30am – 11.30am (This session is for foster carers, nannies & childminders) (£1.00 per family, per session)	BANK HOLIDAY CENTRE CLOSED
<b>School House</b> Whitworth Road Woolwich SE18 3QA  <b>0330 057 6051</b>					BANK HOLIDAY CENTRE CLOSED

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Centres	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th	Good Friday
<p><b>Mulgrave</b> Rectory Place Woolwich SE18 5DL</p> <p><b>020 8854 7342</b></p>	<p><b>Baby Group (Birth-1yr)</b> 9.30am – 11.30pm <b>(Drop in)</b> (£1.00 donation per family) Sessions suitable for all abilities and disabilities</p>	<p><b>Mum's Aid Counselling</b> 11.00am – 2.00pm <b>Appointment only</b></p> 	<p><b>2 Year Developmental Reviews</b> 1.00pm – 4.00pm <b>Appointment only</b></p> 		<p><b>BANK HOLIDAY CENTRE CLOSED</b></p>
<p><b>Slade</b> Erindale Plumstead SE18 2QQ</p> <p><b>020 8854 7900 opt 2.</b></p>	<p><b>Thames Midwives (All Day)</b>  <b>Appointment Only</b></p> <p><b>BABY GROUP (Birth-18mths) Messy Time</b> 1.45pm-2.30pm <b>(Drop in)</b> (£1.00 donation per family)</p> <p>Slade Library Stay &amp; Play (Birth-5yrs) 3.00pm-3.30pm <b>(Drop in)</b></p>	<p><b>Poppy Team Midwife Clinic</b> <u>AM</u>  <b>Appointment only</b></p> <p>Slade Library Rhyme Time 10.30am – 11.00am <b>(Drop in)</b></p> <p> <b>Infant Feeding Clinic</b> 10.00am – 11.30am (Drop In)</p> <p><b>CHIT CHAT COFFEE/TEATIME</b> Taster session (Birth- 5yrs) 1.00pm- 3.00pm (Call to book) Sessions suitable for all abilities and disabilities (£3.00 per family)</p> <p><b>BOUNCING BUNNIES</b> (Birth - non crawlers) 1.45pm-2.30pm (Call to book) Sessions suitable for all abilities and disabilities (£1.00 per family, per session)</p>	<p><b>Well Baby Clinic</b> (Including weighing) 9.30am – 11.30am (Drop In) 9:30am -11.30am</p> <p><b>Best Beginnings Clinic</b> Young Parents <u>PM</u> <b>Appointment only</b></p> <p></p> <p><b>Stay &amp; Play (Birth - 5yrs)</b> TOTs Nature Space <b>SPRING PLANTERS /GROWERS</b> 1.30pm – 2.45pm Sessions suitable for all abilities <b>(Drop in)</b> Please dress appropriately for the weather (£1.00 per family, per session)</p> <p><b>Baby Steps Soft Play</b> (Birth- 18mths) 1:30pm – 2:45pm Sessions suitable for all abilities and disabilities <b>(Drop in)</b> (£1.50 per family, per session)</p>	<p><b>EASTER EGG HUNT/PARTY</b> <b>Stay &amp; Play (Birth-5yrs)</b> <i>Baby &amp; Toddler</i> Family Session 1.30pm – 2.45pm <b>(Drop in)</b> (£1.00 per family, per session)</p>	<p><b>BANK HOLIDAY CENTRE CLOSED</b></p>

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Services Explained	Additional Information
<p style="text-align: center;"><b>All our Centres are Breastfeeding Friendly</b></p>  <ul style="list-style-type: none"> <li>• <b>Baby Groups &amp; Soft Play:</b> Sessions provide stimulating activities, including signing songs, opportunities to bond with your baby and make new friends.</li> <li>• <b>Stay &amp; Play Sessions:</b> A variety of activities for parents and children to enjoy together with opportunities to meet other parents and carers in a friendly and relaxed atmosphere. (Light refreshments provided for a £1 voluntary contribution per family)</li> <li>• <b>Learning Through Play &amp; Sticky Fingers:</b> This is an Interactive play session to engage with your child's early learning.</li> <li>• <b>Messy Play:</b> Open-ended play that allows children to explore different materials and their properties.</li> <li>• <b>Rhyme Time:</b> Interactive Music sessions for children under 5.</li> <li>• <b>Creative Storytelling Sessions:</b> An opportunity for children to develop their early literacy skills.</li> <li>• <b>Autistic Inclusive Meets:</b> A weekly group for families with Autistic Children (no age limit).</li> <li>• <b>Childminders Stay &amp; Play:</b> Ofsted Registered Childminders meet with the children in their care.</li> <li>• <b>Special Educational Needs and Disabilities (SEND) Baby &amp; Toddler Support Groups:</b> Music, singing &amp; sensory activities for babies with developmental delays or children with SEND.</li> <li>• <b>Tots Talking:</b> Join us for a session where you can find information and activities to help parents and carers support their two-year-olds with language development. Children do not need to attend all training sessions. Practitioners trained by Speech &amp; Language Therapists will provide advice and ideas to support you."</li> <li>• <b>Music Therapy:</b> This session is led by a music therapist to provide children with opportunities to explore various instruments. These sessions will help your child to develop their core skills of listening, confidence and social awareness <b>(term time only)</b>.</li> <li>• <b>Laugh, Sing &amp; Play:</b> Interactive play and singing session with bubbles, twirlers &amp; parachute games £1 per family <b>(term time only)</b>.</li> <li>• <b>Nature Space (Outdoor Play):</b> Provides freedom and space to explore, to gain independence, awareness of the environment, consequences of their actions and teamwork (please dress appropriately for the weather).</li> <li>• <b>Migrant Women's DANCE Session:</b> Dance Sessions for migrant women to explore movement around different themes in a relaxed and inclusive space.</li> <li>• <b>Midwife Clinics:</b> By appointment only via the Midwifery Teams for before (antenatal) and after the birth of your baby.</li> <li>• <b>Understanding your child's behavior:</b> The Solihull approach is for parents and carers who want to know more about parenting and how children develop.</li> <li>• <b>Akwaaba:</b> A new group from <b>Mums Aid</b> offering counselling, parenting support and guidance for new mums from Black, Asian, and Ethnic minority communities – <i>Sign up via their website or call 07758763908</i></li> <li>• <b>Big Hopes Big Futures:</b> 12-week parent and child sessions planned around school readiness. Supporting parents to engage in their children's early learning. Suitable for children from 2 years upwards.</li> <li>• <b>Bobo's Book Club:</b> Aims to inspire children of all ages to gain a love of reading from an early age (new and old stories covered). Helping to plant the seed of reading in each child, whilst building a strong foundation for future learning.</li> <li>• <b>Dad's Forum:</b> Monthly meet up for new Dad's or Dad's-to-be, opportunities to meet and discuss different topics around fatherhood in a relaxed sitting.</li> <li>• <b>Young Parents Group:</b> Supporting the wellbeing of young parents and parents to be during pregnancy, childbirth and early childhood.</li> <li>• <b>Skate School/Theatre Performance Groups:</b> After school sessions for older children to gain new skills and confidence whilst making new friends.</li> </ul>	<p style="text-align: center;"><b>Plumstead Day Nursery</b></p> <p>Open 8am to 6pm Monday to Friday (51 weeks per year)</p> <p><b>Offering full or half day sessions:</b> <u>8.00am to 1.00pm OR 1.00pm to 6.00pm</u> Plus 15 hour and 30-hour government funded sessions.</p> <p><b>To arrange a visit or for more information call:</b> <b>0208 8369 252</b> or alternatively get in touch via any of our Children's Centre's.</p> <p style="text-align: center;"><b>Eglinton Nursery</b></p> <p>Open 8.45am to 3.45pm Monday to Friday (Term-time only)</p> <p><b>Offering full or half day sessions:</b> <u>8.45am to 11.45pm OR 12.45pm to 3.45pm</u></p> <p><b>To arrange a visit or for more information call:</b> <b>0208 331 0374</b> or Alternatively get in touch via any of our Children Centre's.</p> <p style="text-align: center;"><b>Together for Twos</b></p>  <p>Offering full or half day sessions: <u>9.15am to 12.15pm OR 12.30pm to 3.30pm</u> Are you eligible for the <b>FREE 15-hour funded sessions?</b></p> <p>If you would like further information regarding your eligibility, please speak to a member of staff or call any of our Children's Centre's. We now offer morning and afternoon sessions.</p> <p style="text-align: center;"><b>Vitamins</b></p> <p>Did you know that you can pick up your <b>FREE vitamins</b> at your nearest Children's Centre? Just bring your Healthy Start Card to collect or for more information speak to a member of staff or call any of our Children Centres.</p>

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.

**Bromley Health Visiting & Breastfeeding Support Services are appointment only - contact on. ☎ 0300 330 5777 option 3, then option 2, then option 3**



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)



WEEK 2

Centres	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th	Good Friday
<ul style="list-style-type: none"> <li><b>ADULT EVENING CLASSES (Hair Braiding/Keep Fit):</b> – Early evening sessions for parents to get fit/learn new skills/develop interests whilst meeting other parents.</li> <li><b>Baby- Me-Fit:</b> Exercise Classes designed for mums to attend with their babies, to help improve fitness levels and bond with their babies.</li> <li><b>Tiny Feet Dance Class:</b> Active Dance Classes for you and your new walkers/toddlers engage, develop skills and confidence whilst having fun.</li> <li><b>Community Choir (18 years plus):</b> Bringing people together through the power of song and connection.</li> </ul> <p>A variety of the above sessions are suitable for children with additional needs - please speak to a member of staff for further information or support. We welcome feedback on our services, please share your experiences with us by contacting our Centres, speaking to a member of staff on site or emailing: <a href="mailto:enquiries@homestartgreenwich.org.uk">enquiries@homestartgreenwich.org.uk</a></p>				<p><b>Volunteering</b> Do you have what it takes to become a Home-Start Greenwich Volunteer and help make a difference to the lives of families in need. For more information contact any of our Centre's or email <a href="mailto:volunteer@homestartgreenwich.org.uk">volunteer@homestartgreenwich.org.uk</a></p>	

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