


WEEK ONE: 21st July – Friday 25th July 2025

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	Monday 21 st	Tuesday 22 nd	Wednesday 23 rd	Thursday 24 th	Friday 25 th
IMPORTANT ANNOUNCEMENT Please note that there can be cancellations that are out of our control. We will do our best to update our programme when it is needed. Parents, for any cancellation of an activity, please let the Centre know. ALL CENTRES OPENING TIMES FROM 9AM-5PM NO NUTS ONSITE PLEASE	 BROOKHILL & SLADE Thames Midwives (All Day) Appointment Only  BROOKHILL 2 Year Development Reviews 9.30am – 11.30am Appointment only  EGLINTON 2 Year Development Reviews 9.30am – 11.30am Appointment only  EGLINTON 10-12 Months Development Reviews 1.00pm – 4.00pm Appointment only	 BROOKHILL Best Beginnings Midwives Clinic (AM) Appointment only  SLADE Poppy Team Midwife Clinic AM Appointment only  EGLINTON Thames Midwives (All Day) Appointment Only  MULGRAVE Mum's Aid Counselling 11.00am – 2.00pm Appointment only	 BROOKHILL Thames Midwives Clinic (All day) Appointment only  EGLINTON Best Beginnings Clinic (All day) Appointment only  MULGRAVE 2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only (ON HOLD)  SLADE Best Beginnings Clinic Young Parents PM Appointment only	 BROOKHILL Thames Midwives Clinic (All day) Appointment only  EGLINTON Thames Midwives Clinic (All day) Appointment only	 BROOKHILL Blood Spots Clinics 9.30am – 12.00pm Appointment only  BROOKHILL Thames Midwives Clinic (PM) Appointment only  EGLINTON 2 Year Development Reviews 9.30am – 12.30am Appointment only  SLADE 10-12 Month Development Reviews 9.30am – 12.00pm Appointment only
 Brookhill Children's Centre Community Centre & Family Hub SE18 6BD Tel: 020 8319 5320  Slade Children's Centre Erindale, Plumstead SE18 2QQ Tel: 020 8854 7900 Option 2  Eglinton Children's Centre Paget Rise, Woolwich SE18 3PY Tel: 020 8331 0374  Mulgrave Children's Centre	"WELCOME CAFE" MONDAY & TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites WEDNESDAY-FRIDAY WELCOME CAFE CLOSED				
	 (BROOKHILL) Stay & Play (Birth -5yrs) Baby & Toddler Messy Play 1.30pm - 2.45pm (Drop In) (£1.00 per family)  (MULGRAVE) Baby Group (Birth-1yr) 1.00pm – 2.30pm (Drop In) (£1.00 donation per family)	 (BROOKHILL) Little Crocs Football Coaching 10.00am -10.45am (walkers-3 years) 11.00am - 11.45am (4-6 years) (Call to book)  (BROOKHILL) Well-being Welcome 1.00pm - 3.00pm (Drop In) Term Time Only	 (BROOKHILL) Laugh, Sing & Play (Birth-5 years) 10.00am - 10.45am (Call to book)  (BROOKHILL) NEW: Get Creative Session "Badge Making" (5-7 years) 11.00am - 12.00pm (Call to book)	 (BROOKHILL) SENDSory Group 10am-11.30am (Drop In) For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 voluntary contribution per family)  (BROOKHILL) New: Doll Making Workshop (for 5-8 years) 12.00pm -1.30pm (Call to book)	 (BROOKHILL) Mini Musicians (Interactive Music Session) Play & Explore 9.30am - 10.15am (Babies) 10.30am - 11.15am (2-5 years) (Call to book)  (BROOKHILL) Employment & Benefit Advice Session 1.00pm-4.00pm (Drop In)

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.

Bromley Health Visiting & Breastfeeding Support Services are appointment only - contact on. ☎ 0300 330 5777 option 3, then option 2, then option 3



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)



Rectory Place, Woolwich SE18 5DL Tel: 020 8319 5666 School House Whitworth Road Woolwich SE18 3QA Tel: 0330 057 6051	(SLADE) Baby Group (Birth-1yr) Messy Time 1.00pm – 2.30pm (Drop In) (£1.00 donation per family)	(SCHOOL HOUSE) Extra Help for You (Young Parents Group) Every Tuesday 11.00am-12.30pm For further details and to book email: parenting@parentpower-ed.co.uk (SLADE) Infant Feeding Clinic 10.00am – 11.30am (Drop In) 	(BROOKHILL) NEW: Games & Fitness "Wellbeing Hacks" (8-15 years) 11.00am – 12.00 pm (Call to book) (BROOKHILL) Infant Feeding Clinic 1.00pm – 2.30pm (Drop In)  <u>GREENWICH SCHOOL</u> <u>SUMMER HOLIDAYS BEGIN</u> (SLADE) Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In) (SLADE) Learning Through Play TOTs Nature Space (Walkers - 5yrs) Outdoor Messy Play with Rhymes & Games 1.00pm – 2.30pm (Drop In)	(BROOKHILL) Well Baby Clinic (Including weighing) 1.30pm – 3.30pm (Drop In) (BROOKHILL) New: Hand Sewing Workshop (for 8 – 15 years) 2.00pm-3.30pm (Call to book) (EGLINTON) Childminders Stay & Play 9:30am-11:30am (Drop In) ONLY for foster carers, nannies & childminders. (£1.00 per session) (SLADE) Beach Party Stay & Play (Birth -5yrs) 1.30pm – 3.00pm (Drop In) Bring along your towel, blanket, suncream and packed lunch. (£1.50 per family)	(BROOKHILL) Stay & Play (Birth -5yrs) 1.30pm - 2.45pm (Drop In) (£1.00 per family) (BROOKHILL) FOOD PROVISION 3.00pm - 3.45pm (approximately) (EGLINTON) Stay & Play (Birth -5yrs) "Teddy Bear's Picnic" 9.45am -11.45am Bring a packed lunch, blankets and a Teddy Bear (Drop In) (£1.00 per family) (SCHOOL HOUSE) Parent Coaching 10.00am-1.00pm Appointment Only (From July onwards) parenting@parentpower-ed.co.uk (SLADE) SEND Baby Group Tiny Steps Soft Play (Birth- 3yrs) Play & Rhyme Time 1.30pm – 3.00pm (Drop In) (£1.50 per family) (The wearing of socks is advisable for adults please)
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Appointments only



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WEEK TWO: 28th July – 1st August 2025

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	Monday 28 th	Tuesday 29 th	Wednesday 30 th	Thursday 31 st	Friday 1 st AUG
IMPORTANT ANNOUNCEMENT Please note that there can be cancellations that are out of our control. We will do our best to update our programme when it is needed. Parents, for any cancellation of an activity, please let the Centre know. ALL CENTRES OPENING TIMES FROM 9AM-5PM NO NUTS ONSITE PLEASE	BROOKHILL & SLADE Thames Midwives (All Day) Appointment Only BROOKHILL 2 Year Development Reviews 9.30am – 11.30am Appointment only EGLINTON 2 Year Development Reviews 9.30am – 11.30am Appointment only EGLINTON 10-12 Months Development Reviews 1.00pm – 4.00pm Appointment only	BROOKHILL Best Beginnings Midwives Clinic (AM) Appointment only SLADE Poppy Team Midwife Clinic AM Appointment only EGLINTON Thames Midwives (All Day) Appointment Only MULGRAVE Mum's Aid Counselling 11.00am – 2.00pm Appointment only	BROOKHILL Thames Midwives Clinic (All day) Appointment only EGLINTON Best Beginnings Clinic (All day) Appointment only MULGRAVE 2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only (ON HOLD) SLADE Best Beginnings Clinic Young Parents PM Appointment only	BROOKHILL Thames Midwives Clinic (All day) Appointment only EGLINTON Thames Midwives Clinic (All day) Appointment only EGLINTON 2 Year Development Reviews 9.30am – 12.30pm Appointment only SLADE 10-12 Month Development Reviews 9.30am – 12.00pm Appointment only	BROOKHILL Blood Spots Clinics 9.30am – 12.00pm Appointment only BROOKHILL Thames Midwives Clinic (PM) Appointment only EGLINTON 2 Year Development Reviews 9.30am – 12.30pm Appointment only SLADE 10-12 Month Development Reviews 9.30am – 12.00pm Appointment only
Brookhill Children's Centre Community Centre & Family Hub SE18 6BD Tel: 020 8319 5320 Slade Children's Centre Erindale, Plumstead SE18 2QQ Tel: 020 8854 7900 Option 2 Eglinton Children's Centre Paget Rise, Woolwich SE18 3PY Tel: 020 8331 0374 Mulgrave Children's Centre Rectory Place, Woolwich	"WELCOME CAFE" MONDAY & TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites WEDNESDAY-FRIDAY WELCOME CAFE CLOSED				
	(BROOKHILL) THEATRE PERFORMANCE "SUMMER SCHOOL" (7-15 Years) 10.30am - 12.30pm (Call to book) (BROOKHILL) "Timeless Together" (Monthly Group) For ages 60 and over (Carers Welcome) 12.30pm-2.30pm (Call to book)	(BROOKHILL) Little Crocs Football Coaching 10.00am -10.45am (walkers-3 years) 11.00am - 11.45am (4-6 years) (Call to book) (ALL CENTRES) Maryon Wilson Animal Park (Trip) With Picnic @Charlton Park SE7 8HX Meet @10.00am Charlton Road entrance of Maryon Wilson Farm. Family friendly games @ 12.30pm-1.00pm	(BROOKHILL) Laugh, Sing & Play (Birth-5 years) 10.00am - 10.45am (Call to book) (BROOKHILL) NEW: Get Creative Session "Scribble Art" (5-7 years) 11.00am - 12.00pm (Call to book) (BROOKHILL) NEW: Games & Fitness "Wellbeing Hacks"	(BROOKHILL) SENdsory Group 10am-11.30am (Drop In) For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 voluntary contribution per family) (BROOKHILL) Well Baby Clinic (Including weighing) 1.30pm – 3.30pm (Drop In)	(BROOKHILL) Mini Musicians (Interactive Music Session) Play & Explore 9.30am - 10.15am (Babies) 10.30am - 11.15am (2-5 years) (Call to book) (BROOKHILL) Employment & Benefit Advice Session 1.00pm-4.00pm (Drop In)

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SE18 5DL Tel: 020 8319 5666 School House Whitworth Road Woolwich SE18 3QA Tel: 0330 057 6051	(BROOKHILL) Beach Party Stay & Play (Birth-5yrs) 1.30pm-2.45pm (Drop In) (£1.00 per family) (EGLINTON) Baby Group (Birth-1yr) 1.30pm – 2.30pm (Drop In) (£1.00 donation per family) (SLADE) Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 12mths) 1.30pm – 3.00pm (Drop In) (£1.50 per family) (Wearing socks is advisable for adults, please)	Bring a packed lunch and a blanket. (Call Eglinton to book) (SCHOOL HOUSE) Extra Help for You (Young Parents Group) Every Tuesday 11.00am-12.30pm For further details and to book parenting@parentpower-ed.co.uk  (SLADE) Infant Feeding Clinic 10.00am – 11.30am (Drop In)	(8-15 years) 11.00am - 12.00pm (Call to book)  (BROOKHILL) Infant Feeding Clinic 1.00pm – 2.30pm (Drop In) (EGLINTON) Learning Through Play (Birth-5yrs) Messy Play 1.30pm-3.00pm (Drop In) (£1.00 per family) (SLADE) Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In)	(EGLINTON) Childminders Stay & Play 9:30am-11:30am (Drop In) ONLY for foster carers, nannies & childminders. (£1.00 per session) (SLADE) Summer Garden Party (with Slade Library) Stay & Play 1.30pm – 3.00pm (Drop In) (£2.00 per family) Bring a towel, spare clothes and pack lunch.	(BROOKHILL) Baby Group (Birth-18mths) 1.30pm – 2.45pm (Drop In) (£1.00 donation per family) (BROOKHILL) FOOD PROVISION <u>3.00pm - 3.45pm</u> (approximately) (EGLINTON) Stay & Play (Birth-5yrs) 9.30am-11.30am (Drop In) (£1.00 per family, per session) (SCHOOL HOUSE) Parent Coaching 10.00am-1.00pm Appointment Only parenting@parentpower-ed.co.uk
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WEEK THREE: 4th August - 8th August 2025

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	Monday 4 th	Tuesday 5 th	Wednesday 6 th	Thursday 7 th	Friday 8 th
IMPORTANT ANNOUNCEMENT Please note that there can be cancellations that are out of our control. We will do our best to update our programme when it is needed. Parents, for any cancellation of an activity, please let the Centre know. ALL CENTRES OPENING TIMES FROM 9 AM-5PM NO NUTS ONSITE PLEASE	BROOKHILL & SLADE Thames Midwives (All Day) Appointment Only BROOKHILL 2 Year Development Reviews 9.30am – 11.30am Appointment only EGLINTON 2 Year Development Reviews 9.30am – 11.30am Appointment only EGLINTON 10-12 Months Development Reviews 1.00pm – 4.00pm Appointment only	BROOKHILL Best Beginnings Midwives Clinic (AM) Appointment only SLADE Poppy Team Midwife Clinic AM Appointment only EGLINTON Thames Midwives (All Day) Appointment Only MULGRAVE Mum's Aid Counselling 11.00am – 2.00pm Appointment only	BROOKHILL Thames Midwives Clinic (All day) Appointment only EGLINTON Best Beginnings Clinic (All day) Appointment only MULGRAVE 2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only (ON HOLD) SLADE Best Beginnings Clinic Young Parents PM Appointment only	BROOKHILL Thames Midwives Clinic (All day) Appointment only EGLINTON Thames Midwives Clinic (All day) Appointment only BROOKHILL Blood Spots Clinics 9.30am – 12.00pm Appointment only BROOKHILL Thames Midwives Clinic (PM) Appointment only EGLINTON 2 Year Development Reviews 9.30am – 12.30pm Appointment only SLADE 10-12 Month Development Reviews 9.30am – 12.00pm Appointment only	
Brookhill Children's Centre Community Centre & Family Hub SE18 6BD Tel: 020 8319 5320 Slade Children's Centre Erindale, Plumstead SE18 2QQ Tel: 020 8854 7900 Option 2 Eglinton Children's Centre Paget Rise, Woolwich SE18 3PY Tel: 020 8331 0374 Mulgrave Children's Centre Rectory Place, Woolwich	"WELCOME CAFE" MONDAY & TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites WEDNESDAY-FIRDAY WELCOME CAFE CLOSED				
	(BROOKHILL) Family Arts Session 10.30am–12.15pm (0-4 years) 12.15pm-1.30pm (4–11 years) - (Call to book) (BROOKHILL) THEATRE PERFORMANCE "SUMMER SCHOOL" (7-15 Years) 10.30am - 12.30pm (Call to book)	(BROOKHILL) Junior Chef Workshop: Energy Bars (8 years- 13 years) 10.00am-11.00am (Call to book) (BROOKHILL) Little Crocs Football Coaching 10.00am -10.45am (walkers-3 years) 11.00am - 11.45am (4-6 years) (Call to book) (EGLINTON) Summer Fun Beach Party (Birth-5yr)	(BROOKHILL) Laugh, Sing & Play (Birth-5 years) 10.00am - 10.45am (Call to book) (BROOKHILL) NEW: Get Creative Session "T-Shirt Printing" (5-7 years) 11.00am - 12.00pm (Call to book) (BROOKHILL) NEW: Games & Fitness "Multi Sports"	(BROOKHILL) SENdsory Group 10am-11.30am (Drop In) For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 voluntary contribution per family) (BROOKHILL) Well Baby Clinic (Including weighing) 1.30pm – 3.30pm (Drop In)	(BROOKHILL) Mini Musicians (Interactive Music Session) Play & Explore 9.30am - 10.15am (Babies) 10.30am - 11.15am (2-5 years) (Call to book) (BROOKHILL) Employment & Benefit Advice Session 1.00pm-4.00pm (Drop In)

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Appointments only



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SE18 5DL Tel: 020 8319 5666 School House Whitworth Road Woolwich SE18 3QA Tel: 0330 057 6051	(ALL CENTRES) Mudchute Farm (Trip) Depart from Woolwich DLR Costa @9:30am Finish @ 1.00pm Bring packed lunch (Call to book on 020 8319 5320)	1:30pm – 3:00pm (Drop In) (£1.00 per family) (SCHOOL HOUSE) Extra Help for You (Young Parents Group) Every Tuesday 11.00am-12.30pm For further details and to book parenting@parentpower-ed.co.uk  (SLADE) Infant Feeding Clinic 10.00am – 11.30am (Drop In) (SLADE) Family Art Session 12.30pm-2.00pm (Birth-4 years) 2.15pm 3.30pm (4 years-11 years) (Call to book)	(8-15 years) 11.00am - 12.00 pm (Call to book)  (BROOKHILL) Infant Feeding Clinic 1.00pm – 2.30pm (Drop In) (EGLINTON) Family Arts & Craft Session (For 3-11 years) 10.30am - 12.00pm (Call to book) (SLADE) Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In) (SLADE) Sport Day & Teddy Bears Picnic (Birth – 7 years) (Meet at Slade for 10.15am and head to Plumstead Common for a 10.30am start) 10.30am-2:00pm (No Booking Required) (£1.00 per family) (ALL AGES)	(BROOKHILL) NEW: Moon Lamp Painting (6-10 years) 2.00pm-3.30pm (Call to book) (EGLINTON) Childminders Stay & Play 9:30am-11:30am (Drop In) ONLY for foster carers, nannies & childminders. (£1.00 per session) (SLADE) Stay & Play (Birth-5yrs) 1:30pm – 3:00pm (Drop In) For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 per session) (SLADE) Baby Group Tiny Steps Soft Play (Birth- 12mths) Play & Rhyme Time 1.30pm – 3.00pm (Drop In) (£1.50 per family) (The wearing of socks is advisable for adults please)	(BROOKHILL) Baby Group (Birth-18mths) 1.30pm – 2.45pm (Drop In) (£1.00 donation per family) (BROOKHILL) FOOD PROVISION 3.00pm - 3.45pm (approximately) (EGLINTON) Stay & Play (Birth-5yrs) 9.30am-11.30am (Drop In) (£1.00 per family, per session) (SCHOOL HOUSE) Parent Coaching 10.00am-1.00pm Appointment Only parenting@parentpower-ed.co.uk
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WEEK FOUR: 11th August – 15th August 2025

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Monday 11 th		Tuesday 12 th		Wednesday 13 th		Thursday 14 th		Friday 15 th	

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Appointments only



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Tel: 020 8331 0374  Mulgrave Children's Centre Rectory Place, Woolwich SE18 5DL Tel: 020 8319 5666  School House Whitworth Road Woolwich SE18 3QA Tel: 0330 057 6051	(£1.00 per family) (EGLINTON) Baby Group (Birth-1yrs) 1.30pm – 3.00pm (Drop In) (£1.00 donation per family) (SLADE) Family Fun with Food (For 2 – 5-year-olds) 10:30am-12:30pm (Call to book)	11.00am-12.30pm For further details and to book parenting@parentpower-ed.co.uk  (SLADE) Infant Feeding Clinic 10.00am – 11.30am (Drop In) (ALL CENTRE) Broadstairs Beach Trip (Day Trip) (Birth- 5yrs) Siblings are welcome. Please wear suitable clothing, please bring a towel, spare clothes, and a packed lunch. (£5 per adult) (Call Brookhill & Slade to book) <u>ALL AGES</u>	(BROOKHILL) NEW: Games & Fitness "Go Wild Art" (8-15 years) 11.00am - 12.00 pm (Call to book)  (BROOKHILL) Infant Feeding Clinic 1.00pm – 2.30pm (Drop In) (EGLINTON) Family Arts & Craft Session (For 3-11 years) 10.30am - 12.00pm (Call to book) (SLADE) Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In) (SLADE) Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 12mths) 1.30pm – 2.30pm (Drop In) (£1.50 per family) (The wearing of socks is advisable for adults please)	ONLY for foster carers, nannies & childminders. (£1.00 per session) (ALL CENTRES) FAMILY SUMMER FUNDRAISING FUNDAY (Family Event @SLADE) 12:00pm – 3:00pm (Drop In) Table-Top Sale, Arts & Crafts, Children's Activities, Games, Raffle, Steel Pans & Music. (£1.00 per family)	Advice on Oral Health 12.00pm-3.00pm (BROOKHILL) Stay and play (Birth-5years) 1:30pm-3.00pm (Drop In) (BROOKHILL) Employment & Benefit Advice Session 1.00pm-4.00pm (Drop In) (BROOKHILL) FOOD PROVISION 3.00pm - 3.45pm (approximately) (EGLINTON) Stay & Play (Birth -5yrs) 9:30am -11.30am (Drop In) (£1.00 per family) (SCHOOL HOUSE) Parent Coaching 10.00am-1.00pm Appointment Only parenting@parentpower-ed.co.uk
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WEEK FIVE: 18th August – 22nd August 2025

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Monday 18 th		Tuesday 19 th		Wednesday 20 th		Thursday 21 st		Friday 22 nd	
IMPORTANT ANNOUNCEMENT Please note that there can be cancellations that are out of our control. We will do our best to update our programme when it is needed. Parents, for any cancellation of an activity, please let the Centre know. ALL CENTRES OPENING TIMES FROM 9 AM-5PM NO NUTS ONSITE PLEASE		BROOKHILL & SLADE Thames Midwives (All Day) Appointment Only EGLINTON 2 Year Development Reviews 9.30am – 11.30am Appointment only BROOKHILL 2 Year Development Reviews 9.30am – 11.30am Appointment only EGLINTON 10-12 Months Development Reviews 1.00pm – 4.00pm Appointment only		BROOKHILL Best Beginnings Midwives Clinic (AM) Appointment only SLADE Poppy Team Midwife Clinic AM Appointment only EGLINTON Thames Midwives (All Day) Appointment Only MULGRAVE Mum’s Aid Counselling 11.00am – 2.00pm Appointment only		BROOKHILL Thames Midwives Clinic (All day) Appointment only EGLINTON Best Beginnings Clinic (All day) Appointment only MULGRAVE 2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only (ON HOLD) SLADE Best Beginnings Clinic Young Parents PM Appointment only		BROOKHILL Thames Midwives Clinic (All day) Appointment only EGLINTON Thames Midwives Clinic (All day) Appointment only BROOKHILL Thames Midwives Clinic (PM) Appointment only EGLINTON 2 Year Development Reviews 9.30am – 12.30pm Appointment only SLADE 10-12 Month Development Reviews 9.30am – 12.00pm Appointment only	
Brookhill Children’s Centre Community Centre & Family Hub SE18 6BD Tel: 020 8319 5320 Slade Children’s Centre Erindale, Plumstead SE18 2QQ Tel: 020 8854 7900 Option 2 Eglinton Children’s Centre Paget Rise, Woolwich SE18 3PY Tel: 020 8331 0374		“WELCOME CAFE” MONDAY & TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites WEDNESDAY-FIRDAY WELCOME CAFE CLOSED							
(BROOKHILL) THEATRE PERFORMANCE “SUMMER SCHOOL” (7-15 Years) 10.30am - 12.30pm (Call to book) (BROOKHILL) “Timeless Together” (Monthly Group) For ages 60 and over (Carers Welcome) 12.30pm-2.30pm		(BROOKHILL) Little Crocs Football Coaching 10.00am -10.45am (walkers-3 years) 11.00am - 11.45am (4-6 years) (Call to book) (ALL CENTRE) Queen Elizabeth Olympic Park (Trip) Meeting @Woolwch DLR Station for 9:00am.		(BROOKHILL) Laugh, Sing & Play (Birth-5 years) 10.00am - 10.45am (Call to book) (BROOKHILL) NEW: Get Creative: “Tiny Gardens” (5-7 years) 11.00am - 12.00pm (Call to book)		(BROOKHILL) SENDSory Group 10am-11.30am (Drop In) For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 voluntary contribution per family) (BROOKHILL) Well Baby Clinic (Including weighing) 1.30pm – 3.30pm		(BROOKHILL) Mini Musicians (Interactive Music Session) Play & Explore 9.30am - 10.15am (Babies) 10.30am - 11.15am (2-5 years) (Call to book) (BROOKHILL) Employment & Benefit Advice Session 1.00pm-4.00pm	

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 Mulgrave Children's Centre Rectory Place, Woolwich SE18 5DL Tel: 020 8319 5666  School House Whitworth Road Woolwich SE18 3QA Tel: 0330 057 6051	(BROOKHILL) Stay & Play (Birth -5yrs) Baby & Toddler 1.30pm - 2.45pm (Call to book) (£1.00 per family, per session)	Departing: 9.15am and Returning: 2.00pm Bring packed lunch and blanket. (Call Eglinton to book) ALL AGES (SCHOOL HOUSE) Extra Help for You (Young Parents Group) Every Tuesday 11.00am-12.30pm For further details and to book parenting@parentpower-ed.co.uk  (SLADE) Infant Feeding Clinic 10.00am – 11.30am (Drop In)	(BROOKHILL) NEW: Games & Fitness "Boot Camp" (8-15 years) 11.00am - 12.00 pm (Call to book)  (BROOKHILL) Infant Feeding Clinic 1.00pm – 2.30pm (Drop In) (EGLINTON) Family Arts & Craft Session Crafts, drawing & making (For 3-11 years) 10.30am-12.00pm (Call to book) (SLADE) Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In) (SLADE) Baby Group Dads Only (Birth- 12mths) Play & Rhyme Time 1.30pm – 3.00pm (Drop In) (£1.50 per session)	(Drop In) (BROOKHILL) NEW: Comic Booking Making Workshop (6 years-10 years) 2.00pm-3.30pm (Call to book) (EGLINTON) Childminders Stay & Play 9:30am-11:30am (Drop In) ONLY for foster carers, nannies & childminders. (£1.00 per session)	(Drop In) (BROOKHILL) FOOD PROVISION 3.00pm - 3.45pm (approximately) (SCHOOL HOUSE) Parent Coaching 10.00am-1.00pm Appointment Only parenting@parentpower-ed.co.uk
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WEEK SIX: 25th August – 29th August 2025

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Monday 25 th		Tuesday 26 th		Wednesday 27 th		Thursday 28 th		Friday 29	
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Bromley Health Visiting & Breastfeeding Support Services are appointment only - contact on. ☎ 0300 330 5777 option 3, then option 2, then option 3



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)



SE18 3PY Tel: 020 8331 0374  Mulgrave Children's Centre Rectory Place, Woolwich SE18 5DL Tel: 020 8319 5666  School House Whitworth Road Woolwich SE18 3QA Tel: 0330 057 6051		Every Tuesday 11.00am-12.30pm For further details and to book parenting@parentpower-ed.co.uk  (SLADE) Infant Feeding Clinic 10.00am – 11.30am (Drop In)	(BROOKHILL) NEW: African Drumming (8-15 years) 11.00am – 12.00 pm (Call to book)  (BROOKHILL) Infant Feeding Clinic 1.00pm – 2.30pm (Drop In) (SLADE) Well Baby Clinic (Including weighing) 9.30am – 11.30am (Drop In) (SLADE) Baby Group Tiny Steps Soft Play Play & Rhyme Time (Birth- 12mths) 1.30pm – 3.00pm (Drop In) (£1.50 per family) (The wearing of socks is advisable for adults please) (SLADE) Stay and Play TOTs Nature Space Games (Walkers - 7yrs) 1:30pm – 2:45pm Sessions suitable for all abilities (Drop In) Please dress appropriately for the weather (£1.00 per family)	12.00pm -1.30pm (Call to book) (BROOKHILL) Well Baby Clinic (Including weighing) 1.30pm – 3.30pm (Drop In) (BROOKHILL) Hair Braiding Workshop (for 8-15 year olds) 2.00pm-3.30pm (Call to book) (EGLINTON) Childminders Stay & Play 9:30am-11:30am (Drop In) ONLY for foster carers, nannies & childminders. (£1.00 per session)	<u>Advice Session</u> 1.00pm-4.00pm (Drop In) (BROOKHILL) FOOD PROVISION 3.00pm - 3.45pm (approximately) (EGLINTON) Stay & Play (Birth -5yrs) 10.00am -12.00pm (Drop In) (£1.00 per family) (SCHOOL HOUSE) Parent Coaching 10.00am-1.00pm Appointment only (From July onwards) parenting@parentpower-ed.co.uk
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Services Explained

All our Centres are Breastfeeding Friendly



Educational and Social Support

- Baby Groups & Soft Play: Sessions provide stimulating activities, including signing songs, opportunities to bond with your baby and make new friends.
- Stay & Play Sessions: A variety of activities for parents and children to enjoy together with opportunities to meet other parents and carers in a friendly and relaxed atmosphere. (Light refreshments provided for a £1 voluntary contribution per family)
- Learning Through Play & Sticky Fingers: This is an Interactive play session to engage with your child's early learning. Messy Play: Open-ended play that allows children to explore different materials and their properties.
- Rhyme Time: Interactive Music sessions for children under 5.
- Creative Storytelling Sessions: An opportunity for children to develop their early literacy skills
- Autistic Inclusive Meets: A weekly group for families with Autistic Children (no age limit).
- Childminders Stay & Play: Ofsted Registered Childminders meet with the children in their care.
- Special Educational Needs and Disabilities (SEND) Baby & Toddler Support Groups: Music, singing & sensory activities for babies with developmental delays or children with SEND.
- Nature Space (Outdoor Play): Provides freedom and space to explore, to gain independence, awareness of the environment, consequences of their actions and teamwork (please dress appropriately for the weather).
- Tots Talking: Join us for a session where you can find information and activities to help parents and carers support their two-year-olds with language development. Children do not need to attend all training sessions. Practitioners trained by Speech & Language Therapists will provide advice and ideas to support you.
- Music Therapy: This session is led by a music therapist to provide children with opportunities to explore various instruments. These sessions will help your child to develop their core skills of listening, confidence and social awareness (term time only).
- Understanding your child's behaviour: The Solihull approach is for parents and carers who want to know more about parenting and how children develop.
- Big Hopes Big Futures: 12-week parent and child sessions planned around school readiness. Supporting parents to engage in their children's early learning. Suitable for children from 2 years upwards.

Support & Health

- Well-being Welcome: Meet the Well-being Team and discover the support available for you and your family
- Midwife Clinics: By appointment only via the Midwifery Teams for before (antenatal) and after the birth of your baby.
- Akwaaba: A new group from Mums Aid offering counselling, parenting support and guidance for new mums from Black, Asian, and Ethnic minority communities – Sign up via their website or call 07758763908
- Young Parents Group: Supporting the wellbeing of young parents and parents to be during pregnancy, childbirth and early childhood.
- Development Review: By appointment only via the health visitor team for child's development.

Family Hub and Community

- Laugh, Sing & Play: Interactive play and singing session with bubbles, twirlers & parachute games £1 per family (term time only).
- Theatre Performance Groups: After-school Club for 8-15 year olds to gain new skills and confidence whilst making friends (term time only).
- Adult Hair Braiding Workshop: Early evening sessions for parents to learn new skills and develop interests whilst meeting other parents (term time only).
- Migrant Women's DANCE Session: Dance Sessions for migrant women to explore movement around different themes in a relaxed and inclusive space (term time only).
- Dad's Forum: Monthly meet up for new Dad's and Dad's-to-be, opportunities to meet and discuss different topics around fatherhood in a relaxed setting.
- Bobo's Book Club: Aims to inspire children of all ages to gain a love of reading from an early age (new and old stories covered). Helping to plant the seed of reading in each child, whilst building a strong foundation for future learning (term time only).

Additional Information

Plumstead Day Nursery

Open 8am to 6pm Monday to Friday
(51 weeks per year)

Offering full or half day sessions:

8.00am to 1.00pm OR 1.00pm to 6.00pm

Plus 15 hour and 30-hour government funded sessions.

To arrange a visit or for more information call:
52020

0208 8369 252 or alternatively get in touch via any of our Children's Centres.

Eglinton Nursery

Open 8.45am to 3.45pm Monday to Friday
(Term-time only)

Offering full or half day sessions:

8.45am to 11.45pm OR 12.45pm to 3.45pm

To arrange a visit or for more information call:
52020

0208 331 0374 or

alternatively get in touch via any of our Children Centres.

Together for Twos



Offering full or half day sessions:

9.15am to 12.15pm OR 12.30pm to 3.30pm

Are you eligible for the

FREE 15-hour funded sessions?

If you would like further information regarding your eligibility, please speak to a member of staff or call any of our Children's Centre's. We now offer morning and afternoon sessions.

Vitamins

Did you know that you can pick up your **FREE vitamins** at your nearest Children's Centre?

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<https://www.facebook.com/homestartgreenwich/>



https://www.instagram.com/homestart_greenwich/

- Parents Creative Group: A place for parents to connect and socialise, whilst learning whilst learning new crafts and creative activities (term time only).
- Baby-Me-Fit: Exercise Classes designed for mums to attend with their babies, to help improve fitness levels and bond with their babies (term time only).
- Tiny Feet Dance Class: Active Dance Classes for you and your new walkers/toddlers to engage, develop skills and confidence whilst having fun (term time only).
- Little Crocs Football: Fun engaging football sessions focus on developing coordination, confidence and teamwork (term time only).
- Family Dance Class: Get fit and have fun with the whole family, whilst learning new dance routines, suitable for all ages (term time only).
- Timeless Together Elderly Group: Monthly meet up for the over 60' (Carers welcome) - refreshments and themed craft activities.

A variety of the above sessions are suitable for children with additional needs - please speak to a member of staff for further information or support.
We welcome feedback on our services, please share your experiences with us by contacting our Centres, speaking to a member of staff on site or emailing:
enquiries@homestartgreenwich.org.uk

Just bring your Healthy Start Card to collect or for more information speak to a member of staff or call any of our Children Centres.

Volunteering

Do you have what it takes to become a Home-Start Greenwich Volunteer and help make a difference to the lives of families in need. For more information contact any of our Centre's or email

volunteer@homestartgreenwich.org.uk

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