


WEEK ONE: 21<sup>st</sup> July – Friday 25<sup>th</sup> July 2025

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	Monday 21 <sup>st</sup>	Tuesday 22 <sup>nd</sup>	Wednesday 23 <sup>rd</sup>	Thursday 24 <sup>th</sup>	Friday 25 <sup>th</sup>
<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>IMPORTANT ANNOUNCEMENT</b></div><div>Please note that there can be cancellations that are out of our control. We will do our best to update our programme when it is needed.</div></div><div><div>Parents, for any cancellation of an activity, please let the Centre know.</div></div></div><div><div><div><b>ALL CENTRES OPENING TIMES FROM 9AM-5PM</b></div></div><div><div><b>NO NUTS ONSITE PLEASE</b></div></div></div></div></div>	<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL &amp; SLADE</b></div><div>Thames Midwives (All Day)</div><div>Appointment Only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>2 Year Development Reviews</div><div>9.30am – 11.30am</div><div>Appointment only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>2 Year Development Reviews</div><div>9.30am – 11.30am</div><div>Appointment only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>10-12 Months Development Reviews 1.00pm – 4.00pm</div><div>Appointment only</div></div></div></div></div></div></div></div></div></div></div>	<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>Best Beginnings Midwives Clinic (AM)</div><div>Appointment only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>SLADE</b></div><div>Poppy Team Midwife Clinic AM</div><div>Appointment only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>Thames Midwives (All Day)</div><div>Appointment Only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>MULGRAVE</b></div><div>Mum’s Aid Counselling</div><div>11.00am – 2.00pm</div><div>Appointment only</div></div></div></div></div></div></div></div></div></div></div>	<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>Thames Midwives Clinic (All day)</div><div>Appointment only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>Best Beginnings Clinic (All day)</div><div>Appointment only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>MULGRAVE</b></div><div>2 Year Developmental Reviews</div><div>1.00pm – 4.00pm</div><div>Appointment only (ON HOLD)</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>SLADE</b></div><div>Best Beginnings Clinic Young Parents PM</div><div>Appointment only</div></div></div></div></div></div></div></div></div></div></div>	<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>Thames Midwives Clinic (All day)</div><div>Appointment only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>Thames Midwives Clinic (All day)</div><div>Appointment only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>Blood Spots Clinics</div><div>9.30am – 12.00pm</div><div>Appointment only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>Thames Midwives Clinic (PM)</div><div>Appointment only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>2 Year Development Reviews</div><div>9.30am – 12.30am</div><div>Appointment only</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>SLADE</b></div><div>10-12 Month Development Reviews</div><div>9.30am – 12.00pm</div><div>Appointment only</div></div></div></div></div></div></div></div></div></div></div></div></div></div></div>	
<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>Brookhill Children’s Centre</b></div><div><b>Community Centre &amp; Family Hub</b></div><div>SE18 6BD</div><div>Tel: 020 8319 5320</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>Slade Children’s Centre</b></div><div>Erindale, Plumstead</div><div>SE18 2QQ</div><div>Tel: 020 8854 7900</div><div>Option 2</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>Eglinton Children’s Centre</b></div><div>Paget Rise, Woolwich</div><div>SE18 3PY</div><div>Tel: 020 8331 0374</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>Mulgrave Children’s Centre</b></div></div></div></div></div></div></div></div></div></div></div>	<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>“WELCOME CAFE”</b></div><div>MONDAY &amp; TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites</div><div>WEDNESDAY-FIRDAY WELCOME CAFE CLOSED</div></div></div></div></div>				
	<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Stay &amp; Play (Birth -5yrs)</div><div>Baby &amp; Toddler Messy Play</div><div>1.30pm - 2.45pm</div><div>(Drop In)</div><div>(£1.00 per family)</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(MULGRAVE)</b></div><div>Baby Group (Birth-1yr)</div><div>1.00pm – 2.30pm</div><div>(Drop In)</div><div>(£1.00 donation per family)</div></div></div></div></div></div></div>	<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Little Crocs Football Coaching</div><div>10.00am -10.45am (walkers-3 years)</div><div>11.00am - 11.45am (4-6 years)</div><div>(Call to book)</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Well-being Welcome</div><div>1.00pm - 3.00pm</div><div>(Drop In)</div><div>Term Time Only</div></div></div></div></div></div></div>	<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Laugh, Sing &amp; Play (Birth-5 years)</div><div>10.00am - 10.45am</div><div>(Call to book)</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>NEW: Get Creative Session</div><div>“Badge Making”</div><div>(5-7 years)</div><div>11.00am - 12.00pm</div><div>(Call to book)</div></div></div></div></div></div></div>	<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>SENDSory Group</div><div>10am-11.30am</div><div>(Drop In)</div><div>For babies and children with abilities and disabilities (Siblings are welcome)</div><div>(£1.00 voluntary contribution per family)</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>New: Doll Making Workshop</div><div>(for 5-8 years)</div><div>12.00pm -1.30pm</div><div>(Call to book)</div></div></div></div></div></div></div>	<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Mini Musicians</div><div>(Interactive Music Session)</div><div>Play &amp; Explore</div><div>9.30am - 10.15am (Babies)</div><div>10.30am - 11.15am (2-5 years)</div><div>(Call to book)</div></div></div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Employment &amp; Benefit</div><div>Advice Session</div><div>1.00pm-4.00pm</div><div>(Drop In)</div></div></div></div></div></div></div>

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.

Bromley Health Visiting &amp; Breastfeeding Support Services are appointment only - contact on. ☎ 0300 330 5777 option 3, then option 2, then option 3



Call each Centre to book onto some sessions




Appointments only



£ charges apply for certain sessions (cash/card optional)



<p>Rectory Place, Woolwich SE18 5DL Tel: 020 8319 5666</p> <p><b>School House</b> Whitworth Road Woolwich SE18 3QA Tel: 0330 057 6051</p>	<p><b>(SLADE)</b> <b>Baby Group (Birth-1yr)</b> Messy Time 1.00pm – 2.30pm <b>(Drop In)</b> (£1.00 donation per family)</p>	<p><b>(EGLINTON)</b> <b>Stay &amp; Play (Birth-5yrs)</b> Super worm 1:30pm-3.00pm <b>(Drop In)</b> (£1.00 per family)</p> <p><b>(SCHOOL HOUSE)</b> <b>Extra Help for You</b> <b>(Young Parents Group)</b> Every Tuesday 11.00am-12.30pm For further details and to book email: <a href="mailto:parenting@parentpower-ed.co.uk">parenting@parentpower-ed.co.uk</a></p> <p> <b>(SLADE)</b> <b>Infant Feeding Clinic</b> 10.00am – 11.30am <b>(Drop In)</b></p>	<p><b>(BROOKHILL)</b> <b>NEW: Games &amp; Fitness</b> <b>"Wellbeing Hacks"</b> (8-15 years) 11.00am - 12.00 pm <b>(Call to book)</b></p> <p> <b>(BROOKHILL)</b> <b>Infant Feeding Clinic</b> 1.00pm – 2.30pm <b>(Drop In)</b></p> <p><b>GREENWICH SCHOOL</b> <b>SUMMER HOLIDAYS BEGIN</b></p> <p><b>(SLADE)</b> <b>Well Baby Clinic (Including weighing)</b> 9.30am – 11.30am <b>(Drop In)</b></p> <p><b>(SLADE)</b> <b>Learning Through Play</b> <b>TOTs Nature Space (Walkers - 5yrs)</b> Outdoor Messy Play with Rhymes &amp; Games 1.00pm – 2.30pm <b>(Drop In)</b></p>	<p><b>(BROOKHILL)</b> <b>Well Baby Clinic</b> <b>(Including weighing)</b> 1.30pm – 3.30pm <b>(Drop In)</b></p> <p><b>(BROOKHILL)</b> <b>New: Hand Sewing Workshop</b> <b>(for 8 – 15 years)</b> 2.00pm-3.30pm <b>(Call to book)</b></p> <p><b>(EGLINTON)</b> <b>Childminders Stay &amp; Play</b> 9:30am-11:30am <b>(Drop In)</b> <b>ONLY</b> for foster carers, nannies &amp; childminders. (£1.00 per session)</p> <p><b>(SLADE)</b> <b>Beach Party Stay &amp; Play</b> <b>(Birth -5yrs)</b> 1.30pm – 3.00pm <b>(Drop In)</b> Bring along your towel, blanket, suncream and packed lunch. (£1.50 per family)</p>	<p><b>(BROOKHILL)</b> <b>Stay &amp; Play (Birth -5yrs)</b> 1.30pm - 2.45pm <b>(Drop In)</b> (£1.00 per family)</p> <p><b>(BROOKHILL)</b> <b>FOOD PROVISION</b> 3.00pm - 3.45pm <b>(approximately)</b></p> <p><b>(EGLINTON)</b> <b>Stay &amp; Play (Birth -5yrs)</b> "Teddy Bear's Picnic" 9.45am -11.45am Bring a packed lunch, blankets and a Teddy Bear <b>(Drop In)</b> (£1.00 per family)</p> <p><b>(SCHOOL HOUSE)</b> <b>Parent Coaching</b> 10.00am-1.00pm <b>Appointment Only</b> <b>(From July onwards)</b> <a href="mailto:parenting@parentpower-ed.co.uk">parenting@parentpower-ed.co.uk</a></p> <p><b>(SLADE)</b> <b>SEND Baby Group</b> <b>Tiny Steps Soft Play (Birth- 3yrs)</b> Play &amp; Rhyme Time 1.30pm – 3.00pm <b>(Drop In)</b> (£1.50 per family) <b>(The wearing of socks is advisable for adults please)</b></p>
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## WEEK TWO: 28th July – 1st August 2025

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	Monday 28 <sup>th</sup>	Tuesday 29 <sup>th</sup>	Wednesday 30 <sup>th</sup>	Thursday 31 <sup>st</sup>	Friday 1 <sup>st</sup> AUG
<p><b>IMPORTANT ANNOUNCEMENT</b></p> <p>Please note that there can be cancellations that are out of our control. We will do our best to update our programme when it is needed.</p> <p>Parents, for any cancellation of an activity, please let the Centre know.</p> <p><b>ALL CENTRES OPENING TIMES FROM 9AM-5PM</b></p> <p><b>NO NUTS ONSITE PLEASE</b></p>	<p><b>BROOKHILL &amp; SLADE</b> Thames Midwives (All Day) Appointment Only</p> <p><b>BROOKHILL</b> 2 Year Development Reviews 9.30am – 11.30am Appointment only</p> <p><b>EGLINTON</b> 2 Year Development Reviews 9.30am – 11.30am Appointment only</p> <p><b>EGLINTON</b> 10-12 Months Development Reviews 1.00pm – 4.00pm Appointment only</p>	<p><b>BROOKHILL</b> Best Beginnings Midwives Clinic (AM) Appointment only</p> <p><b>SLADE</b> Poppy Team Midwife Clinic AM Appointment only</p> <p><b>EGLINTON</b> Thames Midwives (All Day) Appointment Only</p> <p><b>MULGRAVE</b> Mum's Aid Counselling 11.00am – 2.00pm Appointment only</p>	<p><b>BROOKHILL</b> Thames Midwives Clinic (All day) Appointment only</p> <p><b>EGLINTON</b> Thames Midwives Clinic (All day) Appointment only</p> <p><b>MULGRAVE</b> 2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only (ON HOLD)</p> <p><b>SLADE</b> Best Beginnings Clinic Young Parents PM Appointment only</p>	<p><b>BROOKHILL</b> Blood Spots Clinics 9.30am – 12.00pm Appointment only</p> <p><b>BROOKHILL</b> Thames Midwives Clinic (PM) Appointment only</p> <p><b>EGLINTON</b> 2 Year Development Reviews 9.30am – 12.30pm Appointment only</p> <p><b>SLADE</b> 10-12 Month Development Reviews 9.30am – 12.00pm Appointment only</p>	<p><b>Brookhill Children's Centre</b> Community Centre &amp; Family Hub SE18 6BD Tel: 020 8319 5320</p> <p><b>Slade Children's Centre</b> Erindale, Plumstead SE18 2QQ Tel: 020 8854 7900 Option 2</p> <p><b>Eglinton Children's Centre</b> Paget Rise, Woolwich SE18 3PY Tel: 020 8331 0374</p> <p><b>Mulgrave Children's Centre</b> Rectory Place, Woolwich</p>
<p align="center"><b>"WELCOME CAFE"</b> MONDAY &amp; TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites WEDNESDAY-FRIDAY WELCOME CAFE CLOSED</p>					
	<p><b>(BROOKHILL)</b> THEATRE PERFORMANCE "SUMMER SCHOOL" (7-15 Years) 10.30am - 12.30pm (Call to book)</p> <p><b>(BROOKHILL)</b> "Timeless Together" (Monthly Group) For ages 60 and over (Carers Welcome) 12.30pm-2.30pm (Call to book)</p>	<p><b>(BROOKHILL)</b> Little Crocs Football Coaching 10.00am -10.45am (walkers-3 years) 11.00am - 11.45am (4-6 years) (Call to book)</p> <p><b>(ALL CENTRES)</b> Maryon Wilson Animal Park (Trip) With Picnic @Charlton Park SE7 8HX Meet @10.00am Charlton Road entrance of Maryon Wilson Farm. Family friendly games @ 12.30pm-1.00pm</p>	<p><b>(BROOKHILL)</b> Laugh, Sing &amp; Play (Birth-5 years) 10.00am - 10.45am (Call to book)</p> <p><b>(BROOKHILL)</b> NEW: Get Creative Session "Scribble Art" (5-7 years) 11.00am - 12.00pm (Call to book)</p> <p><b>(BROOKHILL)</b> NEW: Games &amp; Fitness "Wellbeing Hacks"</p>	<p><b>(BROOKHILL)</b> <b>SENdsory Group</b> 10am-11.30am (Drop In) For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 voluntary contribution per family)</p> <p><b>(BROOKHILL)</b> Well Baby Clinic (Including weighing) 1.30pm – 3.30pm (Drop In)</p>	<p><b>(BROOKHILL)</b> Mini Musicians (Interactive Music Session) Play &amp; Explore 9.30am - 10.15am (Babies) 10.30am - 11.15am (2-5 years) (Call to book)</p> <p><b>(BROOKHILL)</b> Employment &amp; Benefit Advice Session 1.00pm-4.00pm (Drop In)</p>

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## WEEK THREE: 4th August - 8th August 2025

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	Monday 4 <sup>th</sup>	Tuesday 5 <sup>th</sup>	Wednesday 6 <sup>th</sup>	Thursday 7 <sup>th</sup>	Friday 8 <sup>th</sup>
<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>IMPORTANT ANNOUNCEMENT</b></div><div>Please note that there can be cancellations that are out of our control. We will do our best to update our programme when it is needed.</div></div><div><div>Parents, for any cancellation of an activity, please let the Centre know.</div></div></div><div><div><div><b>ALL CENTRES OPENING TIMES FROM 9 AM-5PM</b></div></div><div><div><b>NO NUTS ONSITE PLEASE</b></div></div></div></div></div></div>	<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL &amp; SLADE</b></div><div>Thames Midwives (All Day)</div><div>Appointment Only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>2 Year Development Reviews</div><div>9.30am – 11.30am</div><div>Appointment only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>2 Year Development Reviews</div><div>9.30am – 11.30am</div><div>Appointment only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>10-12 Months Development Reviews 1.00pm – 4.00pm</div><div>Appointment only</div></div></div></div></div></div></div></div></div></div></div></div></div></div></div>	<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>Best Beginnings Midwives Clinic (AM)</div><div>Appointment only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>SLADE</b></div><div>Poppy Team Midwife Clinic AM</div><div>Appointment only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>Thames Midwives (All Day)</div><div>Appointment Only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>MULGRAVE</b></div><div>Mum’s Aid Counselling 11.00am – 2.00pm</div><div>Appointment only</div></div></div></div></div></div></div></div></div></div></div></div></div></div></div>	<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>Thames Midwives Clinic (All day)</div><div>Appointment only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>Best Beginnings Clinic (All day)</div><div>Appointment only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>MULGRAVE</b></div><div>2 Year Developmental Reviews 1.00pm – 4.00pm</div><div>Appointment only (ON HOLD)</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>SLADE</b></div><div>Best Beginnings Clinic Young Parents PM</div><div>Appointment only</div></div></div></div></div></div></div></div></div></div></div></div></div></div></div>	<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>Thames Midwives Clinic (All day)</div><div>Appointment only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>Thames Midwives Clinic (All day)</div><div>Appointment only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>Blood Spots Clinics 9.30am – 12.00pm</div><div>Appointment only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>BROOKHILL</b></div><div>Thames Midwives Clinic (PM)</div><div>Appointment only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>EGLINTON</b></div><div>2 Year Development Reviews 9.30am – 12.30pm</div><div>Appointment only</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>SLADE</b></div><div>10-12 Month Development Reviews 9.30am – 12.00pm</div><div>Appointment only</div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div></div>	
<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>Brookhill Children’s Centre</b></div><div>Community Centre &amp; Family Hub</div><div>SE18 6BD</div><div>Tel: 020 8319 5320</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>Slade Children’s Centre</b></div><div>Erindale, Plumstead</div><div>SE18 2QQ</div><div>Tel: 020 8854 7900</div><div>Option 2</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>Eglinton Children’s Centre</b></div><div>Paget Rise, Woolwich</div><div>SE18 3PY</div><div>Tel: 020 8331 0374</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>Mulgrave Children’s Centre</b></div><div>Rectory Place, Woolwich</div></div></div></div></div></div></div></div></div></div></div></div></div></div></div>	<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>“WELCOME CAFE”</b></div><div>MONDAY &amp; TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites</div><div>WEDNESDAY-FIRDAY WELCOME CAFE CLOSED</div></div></div></div></div></div>				
	<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Family Arts Session</div><div>10.30am–12.15pm (0-4 years)</div><div>12.15pm-1.30pm (4–11 years) -</div><div>(Call to book)</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>THEATRE PERFORMANCE</div><div>“SUMMER SCHOOL” (7-15 Years)</div><div>10.30am - 12.30pm</div><div>(Call to book)</div></div></div></div></div></div></div></div></div>	<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Junior Chef Workshop: Energy Bars (8 years- 13 years)</div><div>10.00am-11.00am</div><div>(Call to book)</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Little Crocs Football Coaching</div><div>10.00am -10.45am (walkers-3 years)</div><div>11.00am - 11.45am (4-6 years)</div><div>(Call to book)</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(EGLINTON)</b></div><div>Summer Fun Beach Party (Birth-5yr)</div></div></div></div></div></div></div></div></div></div></div></div>	<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Laugh, Sing &amp; Play (Birth-5 years)</div><div>10.00am - 10.45am</div><div>(Call to book)</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>NEW: Get Creative Session</div><div>“T-Shirt Printing” (5-7 years)</div><div>11.00am - 12.00pm</div><div>(Call to book)</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>NEW: Games &amp; Fitness</div><div>“Multi Sports”</div></div></div></div></div></div></div></div></div></div></div></div>	<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>SENDSory Group</div><div>10am-11.30am</div><div>(Drop In)</div><div>For babies and children with abilities and disabilities (Siblings are welcome)</div><div>(£1.00 voluntary contribution per family)</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Well Baby Clinic</div><div>(Including weighing)</div><div>1.30pm – 3.30pm</div><div>(Drop In)</div></div></div></div></div></div></div></div></div>	<div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Mini Musicians</div><div>(Interactive Music Session)</div><div>Play &amp; Explore</div><div>9.30am - 10.15am (Babies)</div><div>10.30am - 11.15am (2-5 years)</div><div>(Call to book)</div></div></div><div><div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div><b>(BROOKHILL)</b></div><div>Employment &amp; Benefit</div><div>Advice Session</div><div>1.00pm-4.00pm</div><div>(Drop In)</div></div></div></div></div></div></div></div></div>

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.

Bromley Health Visiting &amp; Breastfeeding Support Services are appointment only - contact on. ☎ 0300 330 5777 option 3, then option 2, then option 3



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)



<p>SE18 5DL Tel: 020 8319 5666</p> <p><b>School House</b> Whitworth Road Woolwich SE18 3QA Tel: 0330 057 6051</p>	<p><b>(ALL CENTRES)</b> <b>Mudchute Farm (Trip)</b> Depart from Woolwich DLR Costa @9:30am Finish @ 1.00pm Bring packed lunch <b>(Call to book on 020 8319 5320)</b></p>	<p>1:30pm – 3:00pm <b>(Drop In)</b> (£1.00 per family)</p> <p><b>(SCHOOL HOUSE)</b> <b>Extra Help for You</b> <b>(Young Parents Group)</b> <b>Every Tuesday</b> 11.00am-12.30pm For further details and to book <a href="mailto:parenting@parentpower-ed.co.uk">parenting@parentpower-ed.co.uk</a></p> <p> <b>(SLADE)</b> <b>Infant Feeding Clinic</b> 10.00am – 11.30am <b>(Drop In)</b></p> <p><b>(SLADE)</b> <b>Family Art Session</b> 12.30pm-2.00pm <b>(Birth-4 years)</b> 2.15pm 3.30pm <b>(4 years-11 years)</b> <b>(Call to book)</b></p>	<p><b>(8-15 years)</b> 11.00am - 12.00 pm <b>(Call to book)</b></p> <p> <b>(BROOKHILL)</b> <b>Infant Feeding Clinic</b> 1.00pm – 2.30pm <b>(Drop In)</b></p> <p><b>(EGLINTON)</b> <b>Family Arts &amp; Craft Session</b> <b>(For 3-11 years)</b> 10.30am - 12.00pm <b>(Call to book)</b></p> <p><b>(SLADE)</b> <b>Well Baby Clinic (Including weighing)</b> 9.30am – 11.30am <b>(Drop In)</b></p> <p><b>(SLADE)</b> <b>Sport Day &amp; Teddy Bears Picnic</b> <b>(Birth – 7 years)</b> (Meet at Slade for 10.15am and head to Plumstead Common for a 10.30am start) 10.30am-2:00pm <b>(No Booking Required)</b> (£1.00 per family) (ALL AGES)</p>	<p><b>(BROOKHILL)</b> <b>NEW: Moon Lamp Painting</b> <b>(6-10 years)</b> 2.00pm-3.30pm <b>(Call to book)</b></p> <p><b>(EGLINTON)</b> <b>Childminders Stay &amp; Play</b> 9:30am-11:30am <b>(Drop In)</b> <b>ONLY</b> for foster carers, nannies &amp; childminders. (£1.00 per session)</p> <p><b>(SLADE)</b> <b>Stay &amp; Play (Birth-5yrs)</b> 1:30pm – 3:00pm <b>(Drop In)</b> For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 per session)</p> <p><b>(SLADE)</b> <b>Baby Group Tiny Steps Soft Play</b> <b>(Birth- 12mths)</b> Play &amp; Rhyme Time 1.30pm – 3.00pm <b>(Drop In)</b> (£1.50 per family) <b>(The wearing of socks is advisable for adults please)</b></p>	<p><b>(BROOKHILL)</b> <b>Baby Group (Birth-18mths)</b> 1.30pm – 2.45pm <b>(Drop In)</b> (£1.00 donation per family)</p> <p><b>(BROOKHILL)</b> <b>FOOD PROVISION</b> 3.00pm - 3.45pm <b>(approximately)</b></p> <p><b>(EGLINTON)</b> <b>Stay &amp; Play (Birth-5yrs)</b> 9.30am-11.30am <b>(Drop In)</b> (£1.00 per family, per session)</p> <p><b>(SCHOOL HOUSE)</b> <b>Parent Coaching</b> 10.00am-1.00pm <b>Appointment Only</b> <a href="mailto:parenting@parentpower-ed.co.uk">parenting@parentpower-ed.co.uk</a></p>
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WEEK FOUR: 11th August – 15<sup>th</sup> August 2025

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Monday 11 <sup>th</sup>		Tuesday 12 <sup>th</sup>		Wednesday 13 <sup>th</sup>		Thursday 14 <sup>th</sup>		Friday 15 <sup>th</sup>	
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Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.

Bromley Health Visiting &amp; Breastfeeding Support Services are appointment only - contact on. ☎ 0300 330 5777 option 3, then option 2, then option 3



Call each Centre to book onto some sessions





Appointments only



£ charges apply for certain sessions (cash/card optional)



<p><b>Tel: 020 8331 0374</b></p> <p> <b>Mulgrave Children's Centre</b> Rectory Place, Woolwich SE18 5DL <b>Tel: 020 8319 5666</b></p> <p> <b>School House</b> Whitworth Road Woolwich SE18 3QA <b>Tel: 0330 057 6051</b></p>	<p><b>(£1.00 per family)</b></p> <p><b>(EGLINTON)</b> <b>Baby Group (Birth-1yrs)</b> 1.30pm – 3.00pm <b>(Drop In)</b> (£1.00 donation per family)</p> <p><b>(SLADE)</b> <b>Family Fun with Food</b> <b>(For 2 – 5-year-olds)</b> 10:30am-12:30pm <b>(Call to book)</b></p>	<p>11.00am-12.30pm For further details and to book <a href="mailto:parenting@parentpower-ed.co.uk">parenting@parentpower-ed.co.uk</a></p> <p> <b>(SLADE)</b> <b>Infant Feeding Clinic</b> 10.00am – 11.30am <b>(Drop In)</b></p> <p><b>(ALL CENTRE)</b> <b>Broadstairs Beach Trip (Day Trip)</b> <b>(Birth- 5yrs)</b> Please wear suitable clothing, please bring a towel, spare clothes, and a packed lunch. <b>(£5 per adult)</b> <b>(Call Brookhill &amp; Slade to book)</b> <b><u>ALL AGES</u></b></p>	<p><b>(BROOKHILL)</b> <b>NEW: Games &amp; Fitness</b> <b>"Go Wild Art"</b> <b>(8-15 years)</b> 11.00am - 12.00 pm <b>(Call to book)</b></p> <p> <b>(BROOKHILL)</b> <b>Infant Feeding Clinic</b> 1.00pm – 2.30pm <b>(Drop In)</b></p> <p><b>(EGLINTON)</b> <b>Family Arts &amp; Craft Session</b> <b>(For 3-11 years)</b> 10.30am - 12.00pm <b>(Call to book)</b></p> <p><b>(SLADE)</b> <b>Well Baby Clinic (Including</b> <b>weighing)</b> 9.30am – 11.30am <b>(Drop In)</b></p> <p><b>(SLADE)</b> <b>Baby Group Tiny Steps Soft Play</b> Play &amp; Rhyme Time (Birth- 12mths) 1.30pm – 2.30pm <b>(Drop In)</b> (£1.50 per family) <b>(The wearing of socks is advisable</b> <b>for adults please)</b></p>	<p><b><u>ONLY</u></b> for foster carers, nannies &amp; childminders. (£1.00 per session) <b>(ALL CENTRES)</b> <b>FAMILY SUMMER FUNDRAISING</b> <b>FUNDAY</b> (Family Event @SLADE) 12:00pm – 3:00pm <b>(Drop In)</b> Table-Top Sale, Arts &amp; Crafts, Children's Activities, Games, Raffle, Steel Pans &amp; Music. (£1.00 per family)</p>	<p><b>Advice on Oral Health</b> 12.00pm-3.00pm <b>(BROOKHILL)</b> <b>Stay and play (Birth-5years)</b> 1:30pm-3.00pm <b>(Drop In)</b></p> <p><b>(BROOKHILL)</b> <b>Employment &amp; Benefit</b> <b>Advice Session</b> 1.00pm-4.00pm <b>(Drop In)</b></p> <p><b>(BROOKHILL)</b> <b>FOOD PROVISION</b> 3.00pm - 3.45pm <b>(approximately)</b></p> <p><b>(EGLINTON)</b> <b>Stay &amp; Play (Birth -5yrs)</b> 9:30am -11.30am <b>(Drop In)</b> (£1.00 per family)</p> <p><b>(SCHOOL HOUSE)</b> <b>Parent Coaching</b> 10.00am-1.00pm <b>Appointment Only</b> <a href="mailto:parenting@parentpower-ed.co.uk">parenting@parentpower-ed.co.uk</a></p>
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Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.

**Bromley Health Visiting & Breastfeeding Support Services are appointment only - contact on. ☎ 0300 330 5777 option 3, then option 2, then option 3**



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)




WEEK FIVE: 18th August – 22<sup>nd</sup> August 2025

PAGE 9 PTO

Monday 18 <sup>th</sup>		Tuesday 19 <sup>th</sup>		Wednesday 20 <sup>th</sup>		Thursday 21 <sup>st</sup>		Friday 22 <sup>nd</sup>	
<div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b>IMPORTANT ANNOUNCEMENT</b> Please note that there can be cancellations that are out of our control. We will do our best to update our programme when it is needed.  Parents, for any cancellation of an activity, please let the Centre know.  <b><u>ALL CENTRES OPENING TIMES FROM 9 AM-5PM</u></b>  <b><u>NO NUTS ONSITE PLEASE</u></b></div></div>		<div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>BROOKHILL &amp; SLADE</u></b> Thames Midwives (All Day) Appointment Only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>EGLINTON</u></b> 2 Year Development Reviews 9.30am – 11.30am Appointment only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>BROOKHILL</u></b> 2 Year Development Reviews 9.30am – 11.30am Appointment only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>EGLINTON</u></b> 10-12 Months Development Reviews 1.00pm – 4.00pm Appointment only</div></div></div></div></div></div></div></div>		<div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>BROOKHILL</u></b> Best Beginnings Midwives Clinic (AM) Appointment only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>SLADE</u></b> Poppy Team Midwife Clinic AM Appointment only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>EGLINTON</u></b> Thames Midwives (All Day) Appointment Only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>MULGRAVE</u></b> Mum's Aid Counselling 11.00am – 2.00pm Appointment only</div></div></div></div></div></div></div></div>		<div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>BROOKHILL</u></b> Thames Midwives Clinic (All day) Appointment only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>EGLINTON</u></b> Best Beginnings Clinic (All day) Appointment only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>MULGRAVE</u></b> 2 Year Developmental Reviews 1.00pm – 4.00pm Appointment only (<b>ON HOLD</b>)  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>SLADE</u></b> Best Beginnings Clinic Young Parents PM Appointment only</div></div></div></div></div></div></div></div>		<div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>BROOKHILL</u></b> Thames Midwives Clinic (All day) Appointment only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>EGLINTON</u></b> Thames Midwives Clinic (All day) Appointment only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>BROOKHILL</u></b> Blood Spots Clinics 9.30am – 12.00pm Appointment only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>BROOKHILL</u></b> Thames Midwives Clinic (PM) Appointment only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>EGLINTON</u></b> 2 Year Development Reviews 9.30am – 12.30pm Appointment only  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>SLADE</u></b> 10-12 Month Development Reviews 9.30am – 12.00pm Appointment only</div></div></div></div></div></div></div></div></div></div></div></div>	
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<div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>(BROOKHILL)</u></b> <b><u>THEATRE PERFORMANCE</u></b> <b><u>"SUMMER SCHOOL" (7-15 Years)</u></b> 10.30am - 12.30pm <b>(Call to book)</b>  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>(BROOKHILL)</u></b> <b><u>"Timeless Together"</u></b> <b><u>(Monthly Group)</u></b> <b><u>For ages 60 and over</u></b> <b><u>(Carers Welcome)</u></b> 12.30pm-2.30pm</div></div></div></div>		<div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>(BROOKHILL)</u></b> Little Crocs Football Coaching <b><u>10.00am -10.45am (walkers-3 years)</u></b> <b><u>11.00am - 11.45am (4-6 years)</u></b> <b>(Call to book)</b>  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>(ALL CENTRE)</u></b> Queen Elizabeth Olympic Park (Trip) Meeting @ Woolwch DLR Station for 9:00am.</div></div></div></div>		<div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>(BROOKHILL)</u></b> <b><u>Laugh, Sing &amp; Play (Birth-5 years)</u></b> 10.00am - 10.45am <b>(Call to book)</b>  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>(BROOKHILL)</u></b> <b><u>NEW: Get Creative: "Tiny Gardens"</u></b> <b><u>(5-7 years)</u></b> 11.00am - 12.00pm <b>(Call to book)</b>  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>(BROOKHILL)</u></b></div></div></div></div></div></div>		<div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>(BROOKHILL)</u></b> <b><u>SENdsory Group</u></b> 10am-11.30am <b>(Drop In)</b> For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 voluntary contribution per family)  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>(BROOKHILL)</u></b> <b><u>Well Baby Clinic</u></b> <b><u>(Including weighing)</u></b> 1.30pm – 3.30pm <b>(Drop In)</b></div></div></div></div>		<div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>(BROOKHILL)</u></b> <b><u>Mini Musicians</u></b> <b><u>(Interactive Music Session)</u></b> <b><u>Play &amp; Explore</u></b> <b><u>9.30am - 10.15am (Babies)</u></b> <b><u>10.30am - 11.15am (2-5 years)</u></b> <b>(Call to book)</b>  <div><div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div><div><div></div><div></div><div></div></div></div><div><b><u>(BROOKHILL)</u></b> <b><u>Employment &amp; Benefit</u></b> <b><u>Advice Session</u></b> 1.00pm-4.00pm <b>(Drop In)</b></div></div></div></div>	

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.

Bromley Health Visiting &amp; Breastfeeding Support Services are appointment only - contact on. ☎ 0300 330 5777 option 3, then option 2, then option 3



Call each Centre to book onto some sessions






Appointments only



£ charges apply for certain sessions (cash/card optional)



<p> <b>Mulgrave Children's Centre</b> Rectory Place, Woolwich SE18 5DL Tel: 020 8319 5666</p> <p> <b>School House</b> Whitworth Road Woolwich SE18 3QA Tel: 0330 057 6051</p>	<p><b>(BROOKHILL)</b> <b>Stay &amp; Play (Birth -5yrs)</b> <b>Baby &amp; Toddler</b> 1.30pm - 2.45pm <b>(Call to book)</b> (£1.00 per family, per session)</p>	<p>Departing: 9.15am and Returning: 2.00pm Bring packed lunch and blanket. <b>(Call Eglinton to book)</b> <b>ALL AGES</b></p> <p><b>(SCHOOL HOUSE)</b> <b>Extra Help for You</b> <b>(Young Parents Group)</b> <b>Every Tuesday</b> 11.00am-12.30pm For further details and to book <a href="mailto:parenting@parentpower-ed.co.uk">parenting@parentpower-ed.co.uk</a></p> <p> <b>(SLADE)</b> <b>Infant Feeding Clinic</b> 10.00am – 11.30am <b>(Drop In)</b></p>	<p><b>NEW: Games &amp; Fitness</b> <b>"Boot Camp"</b> <b>(8-15 years)</b> 11.00am - 12.00 pm <b>(Call to book)</b></p> <p> <b>(BROOKHILL)</b> <b>Infant Feeding Clinic</b> 1.00pm – 2.30pm <b>(Drop In)</b></p> <p><b>(EGLINTON)</b> <b>Family Arts &amp; Craft Session</b> <b>Crafts, drawing &amp; making</b> <b>(For 3-11 years)</b> 10.30am-12.00pm <b>(Call to book)</b></p> <p><b>(SLADE)</b> <b>Well Baby Clinic</b> <b>(Including weighing)</b> 9.30am – 11.30am <b>(Drop In)</b></p> <p><b>(SLADE)</b> <b>Baby Group Dads Only</b> <b>(Birth- 12mths)</b> Play &amp; Rhyme Time 1.30pm – 3.00pm <b>(Drop In)</b> <b>(£1.50 per session)</b></p>	<p><b>(BROOKHILL)</b> <b>NEW: Comic Booking Making</b> <b>Workshop (6 years-10 years)</b> 2.00pm-3.30pm <b>(Call to book)</b></p> <p><b>(EGLINTON)</b> <b>Childminders Stay &amp; Play</b> 9:30am-11:30am <b>(Drop In)</b> <b>ONLY</b> for foster carers, nannies &amp; childminders. (£1.00 per session)</p> <p><b>(SLADE)</b> <b>Stay &amp; Play (Birth -5yrs)</b> <b>Baby &amp; Toddler</b> 1.30pm - 2.45pm <b>(£1.00 per family, per session)</b> <b>(Call to book)</b></p>	<p><b>(BROOKHILL)</b> <b>FOOD PROVISION</b> <u>3.00pm - 3.45pm</u> <u>(approximately)</u></p> <p><b>(SCHOOL HOUSE)</b> <b>Parent Coaching</b> 10.00am-1.00pm <b>Appointment Only</b> <a href="mailto:parenting@parentpower-ed.co.uk">parenting@parentpower-ed.co.uk</a></p>
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Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.

**Bromley Health Visiting & Breastfeeding Support Services are appointment only - contact on. ☎ 0300 330 5777 option 3, then option 2, then option 3**




WEEK SIX: 25<sup>th</sup> August – 29<sup>th</sup> August 2025

PAGE 11 PTO

Monday 25 <sup>th</sup>		Tuesday 26 <sup>th</sup>		Wednesday 27 <sup>th</sup>		Thursday 28 <sup>th</sup>		Friday 29	
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Call each Centre to book onto some sessions







Appointments only



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<p> <b>Mulgrave Children's Centre</b> Rectory Place, Woolwich SE18 5DL Tel: 020 8319 5666</p> <p> <b>School House</b> Whitworth Road Woolwich SE18 3QA Tel: 0330 057 6051</p>		<p>For further details and to book <a href="mailto:parenting@parentpower-ed.co.uk">parenting@parentpower-ed.co.uk</a></p> <p> <b>(SLADE)</b> <b>Infant Feeding Clinic</b> 10.00am – 11.30am (Drop In)</p>	<p><b>(BROOKHILL)</b> <b>NEW: African Drumming</b> (8-15 years) 11.00am - 12.00 pm (Call to book)</p> <p> <b>(BROOKHILL)</b> <b>Infant Feeding Clinic</b> 1.00pm – 2.30pm (Drop In)</p> <p><b>(SLADE)</b> <b>Well Baby Clinic</b> (Including weighing) 9.30am – 11.30am (Drop In)</p> <p><b>(SLADE)</b> <b>Baby Group Tiny Steps Soft Play</b> Play &amp; Rhyme Time (Birth- 12mths) 1.30pm – 3.00pm (Drop In) (£1.50 per family) (The wearing of socks is advisable for adults please)</p> <p><b>(SLADE)</b> <b>Stay and Play</b> TOTs Nature Space Games (Walkers - 7yrs) 1:30pm – 2:45pm Sessions suitable for all abilities (Drop In) Please dress appropriately for the weather (£1.00 per family)</p>	<p><b>(Call to book)</b></p> <p><b>(BROOKHILL)</b> <b>Well Baby Clinic</b> (Including weighing) 1.30pm – 3.30pm (Drop In)</p> <p><b>(BROOKHILL)</b> <b>Hair Braiding Workshop</b> (for 8-15 year olds) 2.00pm-3.30pm (Call to book)</p> <p><b>(EGLINTON)</b> <b>Childminders Stay &amp; Play</b> 9:30am-11:30am (Drop In) <b>ONLY</b> for foster carers, nannies &amp; childminders. (£1.00 per session)</p>	<p><b>(Drop In)</b></p> <p><b>(BROOKHILL)</b> <b>FOOD PROVISION</b> 3.00pm - 3.45pm (approximately)</p> <p><b>(EGLINTON)</b> <b>Stay &amp; Play (Birth -5yrs)</b> 10.00am -12.00pm (Drop In) (£1.00 per family)</p> <p><b>(SCHOOL HOUSE)</b> <b>Parent Coaching</b> 10.00am-1.00pm <b>Appointment only</b> (From July onwards) <a href="mailto:parenting@parentpower-ed.co.uk">parenting@parentpower-ed.co.uk</a></p>
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Services Explained	Additional Information
<p style="text-align: center;"></p> <p style="text-align: center;"><b>All our Centres are Breastfeeding Friendly</b></p> <p style="text-align: center;"><u><b>Educational and Social Support</b></u></p> <ul style="list-style-type: none"> <li>• Baby Groups &amp; Soft Play: Sessions provide stimulating activities, including signing songs, opportunities to bond with your baby and make new friends.</li> <li>• Stay &amp; Play Sessions: A variety of activities for parents and children to enjoy together with opportunities to meet other parents and carers in a friendly and relaxed atmosphere. (Light refreshments provided for a £1 voluntary contribution per family)</li> <li>• Learning Through Play &amp; Sticky Fingers: This is an Interactive play session to engage with your child's early learning. Messy Play: Open-ended play that allows children to explore different materials and their properties.</li> <li>• Rhyme Time: Interactive Music sessions for children under 5.</li> <li>• Creative Storytelling Sessions: An opportunity for children to develop their early literacy skills</li> <li>• Autistic Inclusive Meets: A weekly group for families with Autistic Children (no age limit).</li> <li>• Childminders Stay &amp; Play: Ofsted Registered Childminders meet with the children in their care.</li> <li>• Special Educational Needs and Disabilities (SEND) Baby &amp; Toddler Support Groups: Music, singing &amp; sensory activities for babies with developmental delays or children with SEND.</li> <li>• Nature Space (Outdoor Play): Provides freedom and space to explore, to gain independence, awareness of the environment, consequences of their actions and teamwork (please dress appropriately for the weather).</li> <li>• Tots Talking: Join us for a session where you can find information and activities to help parents and carers support their two-year-olds with language development. Children do not need to attend all training sessions. Practitioners trained by Speech &amp; Language Therapists will provide advice and ideas to support you.</li> <li>• Music Therapy: This session is led by a music therapist to provide children with opportunities to explore various instruments. These sessions will help your child to develop their core skills of listening, confidence and social awareness (term time only).</li> <li>• Understanding your child's behaviour: The Solihull approach is for parents and carers who want to know more about parenting and how children develop.</li> <li>• Big Hopes Big Futures: 12-week parent and child sessions planned around school readiness. Supporting parents to engage in their children's early learning. Suitable for children from 2 years upwards.</li> </ul> <p style="text-align: center;"><u><b>Support &amp; Health</b></u></p> <ul style="list-style-type: none"> <li>• Well-being Welcome: Meet the Well-being Team and discover the support available for you and your family</li> <li>• Midwife Clinics: By appointment only via the Midwifery Teams for before (antenatal) and after the birth of your baby.</li> <li>• Akwaaba: A new group from Mums Aid offering counselling, parenting support and guidance for new mums from Black, Asian, and Ethnic minority communities – Sign up via their website or call 07758763908</li> <li>• Young Parents Group: Supporting the wellbeing of young parents and parents to be during pregnancy, childbirth and early childhood.</li> <li>• Development Review: By appointment only via the health visitor team for child's development.</li> </ul> <p style="text-align: center;"><u><b>Family Hub and Community</b></u></p> <ul style="list-style-type: none"> <li>• Laugh, Sing &amp; Play: Interactive play and singing session with bubbles, twirlers &amp; parachute games £1 per family (term time only).</li> <li>• Theatre Performance Groups: After-school Club for 8-15 year olds to gain new skills and confidence whilst making friends (term time only).</li> <li>• Adult Hair Braiding Workshop: Early evening sessions for parents to learn new skills and develop interests whilst meeting other parents (term time only).</li> <li>• Migrant Women's DANCE Session: Dance Sessions for migrant women to explore movement around different themes in a relaxed and inclusive space (term time only).</li> <li>• Dad's Forum: Monthly meet up for new Dad's and Dad's-to-be, opportunities to meet and discuss different topics around fatherhood in a relaxed setting.</li> <li>• Bobo's Book Club: Aims to inspire children of all ages to gain a love of reading from an early age (new and old stories covered). Helping to plant the seed of reading in each child, whilst building a strong foundation for future learning (term time only).</li> <li>• Parents Creative Group: A place for parents to connect and socialise, whilst learning whilst learning new crafts and creative activities (term time only).</li> <li>• Baby-Me-Fit: Exercise Classes designed for mums to attend with their babies, to help improve fitness levels and bond with their babies (term time only).</li> </ul>	<p style="text-align: center;"><u><b>Plumstead Day Nursery</b></u> Open 8am to 6pm Monday to Friday (51 weeks per year) <b>Offering full or half day sessions:</b> <u>8.00am to 1.00pm OR 1.00pm to 6.00pm</u> Plus 15 hour and 30-hour government funded sessions. <b>To arrange a visit or for more information call:</b> <b>52020</b> <b>0208 8369 252 or alternatively get in touch via any of our Children's Centres.</b></p> <p style="text-align: center;"><u><b>Eglinton Nursery</b></u> Open 8.45am to 3.45pm Monday to Friday (Term-time only) <b>Offering full or half day sessions:</b> <u>8.45am to 11.45pm OR 12.45pm to 3.45pm</u> <b>To arrange a visit or for more information call:</b> <b>52020</b> <b>0208 331 0374 or alternatively get in touch via any of our Children Centres.</b></p> <p style="text-align: center;"><b>Together for Twos</b>  Offering full or half day sessions: <u>9.15am to 12.15pm OR 12.30pm to 3.30pm</u> Are you eligible for the <b>FREE 15-hour funded sessions?</b> If you would like further information regarding your eligibility, please speak to a member of staff or call any of our Children's Centre's. We now offer morning and afternoon sessions.</p> <p style="text-align: center;"><b>Vitamins</b> Did you know that you can pick up your <b>FREE vitamins</b> at your nearest Children's Centre?</p>

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<https://www.facebook.com/homestartgreenwich/>



[https://www.instagram.com/homestart\\_greenwich/](https://www.instagram.com/homestart_greenwich/)

- Tiny Feet Dance Class: Active Dance Classes for you and your new walkers/toddlers to engage, develop skills and confidence whilst having fun (term time only).
- Little Crocs Football: Fun engaging football sessions focus on developing coordination, confidence and teamwork (term time only).
- Family Dance Class: Get fit and have fun with the whole family, whilst learning new dance routines, suitable for all ages (term time only).
- Timeless Together Elderly Group: Monthly meet up for the over 60' (Carers welcome) - refreshments and themed craft activities.

A variety of the above sessions are suitable for children with additional needs - please speak to a member of staff for further information or support.

We welcome feedback on our services, please share your experiences with us by contacting our Centres, speaking to a member of staff on site or emailing:

[enquiries@homestartgreenwich.org.uk](mailto:enquiries@homestartgreenwich.org.uk)

Just bring your Healthy Start Card to collect or for more information speak to a member of staff or call any of our Children Centres.

## Volunteering

Do you have what it takes to become a Home-Start Greenwich Volunteer and help make a difference to the lives of families in need. For more information contact any of our Centre's or email

[volunteer@homestartgreenwich.org.uk](mailto:volunteer@homestartgreenwich.org.uk)

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