HOME-START GREENWICH SUMMER PROGRAMME 2025

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WEEK ONE: 21st July – Friday 25th July 2025

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IMPORTANT ANNOUNCEMENT
Please note that there can be cancellations that are out of our control. We will do our best to update our programme when it is needed.

Parents, for any cancellation of an activity, please let the Centre know.

ALL CENTRES OPENING TIMES FROM 9AM-5PM

NO NUTS ONSITE PLEASE

Brookhill Children's Centre
Community Centre & Family Hub
SE18 6BD
Tel: 020 8319 5320

Slade Children's Centre
Erindale, Plumstead
SE18 2QQ
Tel: 020 8854 7900
Option 2

Eglinton Children's Centre
Paget Rise, Woolwich
SE18 3PY
Tel: 020 8331 0374

Mulgrave Children's Centre
Rectory Place, Woolwich
SE18 5DL
Tel: 020 8319 5666

"WELCOME CAFE"
MONDAY & TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites
WEDNESDAY-FRIDAY WELCOME CAFE CLOSED

Monday 21st	Tuesday 22nd	Wednesday 23rd	Thursday 24th	Friday 25th
(BROOKHILL) **Stay & Play (Birth -5yrs)** Baby &Toddler Messy Play 1.30pm - 2.45pm **(Drop In)** (£1.00 per family) (MULGRAVE) **Baby Group (Birth-1yr)** 1.00pm – 2.30pm **(Drop In)** (£1.00 donation per family (SLADE) **Baby Group (Birth-1yr)** Messy Time 1.00pm – 2.30pm **(Drop In)** (£1.00 donation per family	(BROOKHILL) **Little Crocs Football Coaching** 10.00am -10.45am **(walkers-3 years)** 11.00am - 11.45am **(4-6 years)** **(Drop In)** (BROOKHILL) **Well-being Welcome** 1.00pm - 3.00pm **(Drop In)** **Term Time Only** (SCHOOL HOUSE) **Extra Help for You** **(Young Parents Group)** **Every Tuesday** 11.00am-12.30pm For further details and to book email: parenting@parentpower-ed.co.uk (SLADE) **Infant Feeding Clinic** 10.00am – 11.30am **(Drop In)**	(BROOKHILL) **Laugh, Sing & Play (Birth-5 years)** 10.00am - 10.45am **(Call to book)** (BROOKHILL) **NEW: Get Creative Session** **"Badge Making"** **(5-7 years)** 11.00am - 12.00pm **(Call to book)** (BROOKHILL) **NEW: Games & Fitness** **"Wellbeing Hacks"** **(8-15 years)** 11.00am - 12.00 pm **(Call to book)** (BROOKHILL) **Infant Feeding Clinic** 1.00pm – 2.30pm **(Drop In)** **GREENWICH SCHOOL SUMMER HOLIDAYS BEGIN** (SLADE) **Well Baby Clinic (Including weighing)** 9.30am – 11.30am **(Drop In)**	(BROOKHILL) ***SENDsory* Group** 10am-11.30am **(Drop In)** For babies and children with abilities and disabilities (Siblings are welcome) **(£1.00 voluntary contribution per family)** (BROOKHILL) **New: Doll Making Workshop** **(for 5-8 years)** 12.00pm -1.30pm **(Call to book)** (BROOKHILL) **Well Baby Clinic** **(Including weighing)** 1.30pm – 3.30pm **(Drop In)** (BROOKHILL) **New: Hand Sewing Workshop** **(for 8 – 15 years)** 2.00pm-3.30pm **(Call to book)** (EGLINTON) **Childminders Stay & Play** 9:30am-11:30am **(Drop In)** **ONLY** for foster carers, nannies & childminders. (£1.00 per session)	(BROOKHILL) **Mini Musicians** **(Interactive Music Session)** **Play & Explore** 9.30am - 10.15am **(Babies)** 10.30am - 11.15am **(2-5 years)** **(Call to book)** (BROOKHILL) **Employment & Benefit Advice Session** 1.00pm-4.00pm **(Drop In)** (BROOKHILL) **Stay & Play (Birth -5yrs)** 1.30pm - 2.45pm **(Drop In)** (£1.00 per family) (BROOKHILL) **FOOD PROVISION** 3.00pm - 3.45pm **(approximately)** (EGLINTON) **Stay & Play (Birth -5yrs)** "Teddy Bear's Picnic" 9.45am -11.45am Bring a packed lunch, blankets and a Teddy Bear **(Drop In)** (£1.00 per family)

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.

Bromley Health Visiting & Breastfeeding Support Services are appointment only - contact on. 0300 330 5777 option 3, then option 2, then option 3

Call each Centre to book onto some sessions Appointments only £ charges apply for certain sessions (cash/card optional)

■ *School House* *Whitworth Road* *Woolwich* *SE18 3QA* *Tel: 0330 057 6051*			(SLADE) Learning Through Play TOTs Nature Space **(Walkers - 5yrs)** Outdoor Messy Play with Rhymes & Games 1.00pm – 2.30pm **(Drop In)**	(SLADE) Beach Party Stay & Play **(Birth -5yrs)** 1.30pm – 3.00pm **(Drop In)** Bring along your towel, blanket, suncream and packed lunch. (£1.50 per family)	(SCHOOL HOUSE) **Parent Coaching** 10.00am-1.00pm **Appointment Only** **(From July onwards)** parenting@parentpower-ed.co.uk (SLADE) SEND Baby Group Tiny Steps Soft Play **(Birth- 3yrs)** Play & Rhyme Time 1.30pm – 3.00pm **(Drop In)** (£1.50 per family) **(The wearing of socks is advisable for adults please)**

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WEEK TWO: 28th July – 1st August 2025

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"WELCOME CAFE"
MONDAY & TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites
WEDNESDAY-FRIDAY WELCOME CAFE CLOSED

Monday 28th	Tuesday 29th	Wednesday 30th	Thursday 31st	Friday 1st AUG
(BROOKHILL) **THEATRE PERFORMANCE** **"SUMMER SCHOOL" (7-15 Years)** 10.30am - 12.30pm **(Drop In)** (BROOKHILL) **"Timeless Together" (Monthly Group)** **For ages 60 and over** **(Carers Welcome)** 12.30pm-2.30pm **(Call to book)** (BROOKHILL) **Beach Party Stay & Play** **(Birth-5yrs)** 1.30pm-2.45pm **(Drop In)** (£1.00 per family) (EGLINTON) **Baby Group (Birth-1yr)** 1.30pm – 2.30pm **(Drop In)** (£1.00 donation per family) (SLADE) **Baby Group Tiny Steps Soft Play** Play & Rhyme Time **(Birth- 12mths)** 1.30pm – 3.00pm **(Drop In)**	(BROOKHILL) **Little Crocs Football Coaching** 10.00am -10.45am **(walkers-3 years)** **(Drop In)** 11.00am - 11.45am **(4-6 years)** **(Drop In)** (BROOKHILL) **Family Law Outreach** **1.00pm-3.00pm** **(Drop In)** Last Tuesday of every month **(ALL CENTRES)** **Maryon Wilson Animal Park (Trip)** **With Picnic @Charlton Park** SE7 8HX Meet @10.00am Charlton Road entrance of Maryon Wilson Farm. Family friendly games @ 12.30pm-1.00pm Bring a packed lunch and a blanket. **(Call Eglinton to book)** **(SCHOOL HOUSE)** **Extra Help for You** **(Young Parents Group)** **Every Tuesday** 11.00am-12.30pm For further details and to book parenting@parentpower-ed.co.uk	(BROOKHILL) **Laugh, Sing & Play (Birth-5 years)** 10.00am - 10.45am **(Drop In)** (BROOKHILL) **NEW: Get Creative Session** **"Scribble Art"** **(5-7 years)** 11.00am - 12.00pm **(Call to book)** (BROOKHILL **NEW: Games & Fitness** **"Wellbeing Hacks"** **(8-15 years)** 11.00am - 12.00pm **(Call to book)** (BROOKHILL) **Infant Feeding Clinic** 1.00pm – 2.30pm **(Drop In)** (EGLINTON) **Learning Through Play (Birth-5yrs)** Messy Play 1.30pm-3.00pm **(Drop In)** (£1.00 per family) (SLADE) **Well Baby Clinic (Including weighing)**	(BROOKHILL) ***SENDsory* Group** 10am-11.30am **(Drop In)** For babies and children with abilities and disabilities (Siblings are welcome) **(£1.00 voluntary contribution per family)** (BROOKHILL) **Well Baby Clinic** **(Including weighing)** 1.30pm – 3.30pm **(Drop In)** (EGLINTON) **Childminders Stay & Play** 9:30am-11:30am **(Drop In)** **ONLY** for foster carers, nannies & childminders. (£1.00 per session) (SLADE) **Summer Garden Party** **(with Slade Library)** Stay & Play 1.30pm – 3.00pm **(Drop In)** (£2.00 per family) Bring a towel, spare clothes and pack lunch.	(BROOKHILL) **Mini Musicians** **(Interactive Music Session)** **Play & Explore** 9.30am - 10.15am **(Babies)** 10.30am - 11.15am **(2-5 years)** **(Drop In)** (BROOKHILL) **Employment & Benefit Advice Session** 1.00pm-4.00pm **(Drop In)** (BROOKHILL) **Baby Group (Birth-18mths)** 1.30pm – 2.45pm **(Drop In)** (£1.00 donation per family (BROOKHILL) **FOOD PROVISION** 3.00pm - 3.45pm **(approximately)** (EGLINTON) **Stay & Play (Birth-5yrs)** 9.30am-11.30am **(Drop In)** (£1.00 per family, per session) **(SCHOOL HOUSE)** **Parent Coaching** 10.00am-1.00pm

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Call each Centre to book onto some sessions Appointments only £ charges apply for certain sessions (cash/card optional)

■ *School House* *Whitworth Road* *Woolwich* *SE18 3QA* *Tel: 0330 057 6051*	**(£1.50 per family)** (Wearing socks is advisable for adults, please)	(SLADE) **Infant Feeding Clinic** 10.00am – 11.30am **(Drop In)**	9.30am – 11.30am **(Drop In)**		**Appointment Only** parenting@parentpower-ed.co.uk

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WEEK THREE: 4th August - 8th August 2025

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School House

"WELCOME CAFE"
MONDAY & TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites
WEDNESDAY-FRIDAY WELCOME CAFE CLOSED

Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
(BROOKHILL) **Family Arts Session** 10.30am–12.15pm **(0-4 years)** 12.15pm-1.30pm **(4–11 years)** - **(Call to book)** **(BROOKHILL)** **THEATRE PERFORMANCE** **"SUMMER SCHOOL" (7-15 Years)** 10.30am - 12.30pm **(Drop In)** **(ALL CENTRES)** **Mudchute Farm (Trip)** Depart from Woolwich DLR Costa @9:30am Finish @ 1.00pm Bring packed lunch **(Call to book on 020 8319 5320)**	**(BROOKHILL)** **Junior Chef Workshop: Energy Bars** **(8 years- 13 years)** 10.00am-11.00am **(Call to book)** **(BROOKHILL)** **Little Crocs Football Coaching** 10.00am -10.45am **(walkers-3 years)** **(Drop In)** 11.00am - 11.45am **(4-6 years)** **(Drop In)** **(EGLINTON)** **Summer Fun Beach Party** **(Birth-5yr)** 1:30pm – 3:00pm **(Drop In)** (£1.00 per family) **(SCHOOL HOUSE)** **Extra Help for You** **(Young Parents Group)** **Every Tuesday** 11.00am-12.30pm For further details and to book parenting@parentpower-ed.co.uk **(SLADE)** **Infant Feeding Clinic** 10.00am – 11.30am **(Drop In)**	**(BROOKHILL)** **Laugh, Sing & Play (Birth-5 years)** 10.00am - 10.45am **(Drop In)** **(BROOKHILL)** **Dad's Forum Meet-Up** **10.30am-12.00pm** Meet and connect with other new Dads **Refreshments provide** **(BROOKHILL)** **NEW: Get Creative Session** **"T-Shirt Printing"** **(5-7 years)** 11.00am - 12.00pm **(Call to book)** **(BROOKHILL)** **NEW: Games & Fitness** **"Multi Sports** **(8-15 years)** 11.00am - 12.00 pm **(Call to book)** **(BROOKHILL)** **Infant Feeding Clinic** 1.00pm – 2.30pm **(Drop In)** **(EGLINTON)** **Family Arts & Craft Session** **(For 3-11 years)** 10.30am - 12.00pm	**(BROOKHILL)** ***SENDsory* Group** 10am-11.30am **(Drop In)** For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 voluntary contribution per family) **(BROOKHILL)** **Well Baby Clinic** **(Including weighing)** 1.30pm – 3.30pm **(Drop In)** **(BROOKHILL)** **NEW: Moon Lamp Painting** **(6-10 years)** 2.00pm-3.30pm **(Call to book)** **(EGLINTON)** **Childminders Stay & Play** 9:30am-11:30am **(Drop In)** **ONLY** for foster carers, nannies & childminders. (£1.00 per session) **(SLADE)** **Stay & Play (Birth-5yrs)** 1:30pm – 3:00pm **(Drop In)** For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 per session)	**(BROOKHILL)** **Mini Musicians** **(Interactive Music Session)** **Play & Explore** 9.30am - 10.15am **(Babies)** 10.30am - 11.15am **(2-5 years)** **(Drop In)** **(BROOKHILL)** **Employment & Benefit Advice Session** 1.00pm-4.00pm **(Drop In)** **(BROOKHILL)** **Royal Borough of Greenwich** Community Safety "Pop-Up" **1.00pm-3.00pm** **(Drop In)** **(BROOKHILL)** **Baby Group (Birth-18mths)** 1.30pm – 2.45pm **(Drop In)** (£1.00 donation per family) **(BROOKHILL)** **FOOD PROVISION** 3.00pm - 3.45pm **(approximately)** **(EGLINTON)** **Stay & Play (Birth-5yrs)**

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Call each Centre to book onto some sessions Appointments only £ charges apply for certain sessions (cash/card optional)

Whitworth Road *Woolwich* *SE18 3QA* ***Tel: 0330 057 6051***		**(SLADE)** **Family Art Session** 12.30pm-2.00pm **(Birth-4 years)** 2.15pm 3.30pm **(4 years-11 years)** **(Call to book)**	**(Call to book)** **(SLADE)** **Well Baby Clinic (Including weighing)** 9.30am – 11.30am **(Drop In)** **(SLADE)** **Sport Day & Teddy Bears Picnic** **(Birth – 7 years)** (Meet at Slade for 10.15am and head to Plumstead Common for a 10.30am start) 10.30am-2:00pm **(No Booking Required)** (£1.00 per family) (ALL AGES)	**(SLADE)** **Baby Group Tiny Steps Soft Play** **(Birth- 12mths)** Play & Rhyme Time 1.30pm – 3.00pm **(Drop In)** (£1.50 per family) **(The wearing of socks is advisable for adults please)**	9.30am-11.30am **(Drop In)** (£1.00 per family, per session) **(SCHOOL HOUSE)** **Parent Coaching** 10.00am-1.00pm **Appointment Only** parenting@parentpower-ed.co.uk

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WEEK FOUR: 11th August – 15th August 2025

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IMPORTANT ANNOUNCEMENT
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ALL CENTRES OPENING TIMES FROM 9AM-5PM

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SE18 5DL

"WELCOME CAFE"
MONDAY & TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites
WEDNESDAY-FRIDAY WELCOME CAFE CLOSED

Monday 11th	Tuesday 12th	Wednesday 13th	Thursday 14th	Friday 15th
(BROOKHILL) **THEATRE PERFORMANCE** **"SUMMER SCHOOL" (7-15 Years)** 10.30am - 12.30pm **(Drop in)** **(BROOKHILL)** **Stay & Play (Birth-5yrs)** Rhyme Time 1.30pm-3.00pm **(Drop In)** **(£1.00 per family)** **(EGLINTON)** **Baby Group (Birth-1yrs)** 1.30pm – 3.00pm **(Drop In)** (£1.00 donation per family) **(SLADE)** **Family Fun with Food** **(For 2 – 5-year-olds)** 10:30am-12:30pm **(Call to book)**	**(BROOKHILL)** **Little Crocs Football Coaching** 10.00am -10.45am **(walkers-3 years)** **(Drop In)** 11.00am - 11.45am **(4-6 years)** **(Drop In)** **(SCHOOL HOUSE)** **Extra Help for You** **(Young Parents Group)** **Every Tuesday** 11.00am-12.30pm For further details and to book parenting@parentpower-ed.co.uk **(SLADE)** **Infant Feeding Clinic** 10.00am – 11.30am **(Drop In)** **(ALL CENTRE)** **Broadstairs Beach Trip (Day Trip)** **(Birth- 5 years)** **Siblings are welcome.** **Departure @ 8.15 am at Slade and Brookhill CC.** **The returning coach will leave @Broadstairs at 4 pm**	**(BROOKHILL)** **Laugh, Sing & Play (Birth-5 years)** 10.00am - 10.45am **(Drop In)** **(BROOKHILL)** **Dad's Forum Meet-Up** **10.30am-12.00pm** Meet and connect with other new Dads **Refreshments provide** **(BROOKHILL)** **NEW: Get Creative Session** **"No Sew Bags"** **(5-7 years)** 11.00am - 12.00pm **(Call to book)** **(BROOKHILL)** **NEW: Games & Fitness** **"Go Wild Art"** **(8-15 years)** 11.00am - 12.00 pm **(Call to book)** **(BROOKHILL)** **Infant Feeding Clinic** 1.00pm – 2.30pm **(Drop In)**	**(BROOKHILL)** **Well Baby Clinic** **(Including weighing)** 1.30pm – 3.30pm **(Drop In)** **(EGLINTON)** **Childminders Stay & Play** 9:30am-11:30am **(Drop In)** **ONLY** for foster carers, nannies & childminders. (£1.00 per session) **(ALL CENTRES)** **FAMILY SUMMER FUNDRAISING FUNDAY** (Family Event @SLADE) 12:00pm – 3:00pm **(Drop In)** Table-Top Sale, Arts & Crafts, Children's Activities, Games, Raffle, Steel Pans & Music. (£1.00 per family)	**(BROOKHILL)** **Mini Musicians** **(Interactive Music Session)** **Play & Explore** 9.30am - 10.15am **(Babies)** 10.30am - 11.15am **(2-5 years)** **(Drop In)** **(BROOKHILL)** **Pop-Up Information Stand** **Bromley Health Care Team** **Advice on Oral Health** 12.00pm-3.00pm **(BROOKHILL)** **Stay and play (Birth-5years)** 1:30pm-3.00pm **(Drop In)** **(BROOKHILL)** **Employment & Benefit Advice Session** 1.00pm-4.00pm **(Drop In)** **(BROOKHILL)** **FOOD PROVISION** 3.00pm - 3.45pm **(approximately)**

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Tel: 020 8319 5666 *School House* *Whitworth Road* *Woolwich* *SE18 3QA* *Tel: 0330 057 6051*		Please wear suitable clothing, please bring a towel, sunscreen, spare clothes, and a packed lunch. **(£5 per adult)** **(Call Brookhill & Slade to book)** **ALL AGES**	**(ALL CENTRES)** **The Royal Observatory (Trip)** Bees and Seed Bombs 11.00am – 1.00pm suitable for children aged 6 -10 and their parents. Need to bring clothes they don't mind getting dirty. The Royal Observatory team will provide all relevant equipment. **(Call Eglinton to book by 08/08/25)** **(SLADE)** **Well Baby Clinic (Including weighing)** 9.30am – 11.30am **(Drop In)** **(SLADE)** **Baby Group Tiny Steps Soft Play** Play & Rhyme Time (Birth- 12mths) 1.30pm – 2.30pm **(Drop In)** (£1.50 per family) **(The wearing of socks is advisable for adults please)**		**(EGLINTON)** **Stay & Play (Birth -5yrs)** 9:30am -11.30am **(Drop In)** (£1.00 per family) **(SCHOOL HOUSE)** **Parent Coaching** 10.00am-1.00pm **Appointment Only** parenting@parentpower-ed.co.uk

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WEEK FIVE: 18th August – 22nd August 2025

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Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd
(BROOKHILL) **THEATRE PERFORMANCE** **"SUMMER SCHOOL" (7-15 Years)** 10.30am - 12.30pm **(Drop in)** **(BROOKHILL)** **"Timeless Together"** **(Monthly Group)** **For ages 60 and over** **(Carers Welcome)** 12.30pm-2.30pm (Call to book) **(BROOKHILL)** **Stay & Play (Birth -5yrs)** **Baby &Toddler** 1.30pm - 2.45pm **(Call to book)** (£1.00 per family, per session)	**(BROOKHILL)** **Little Crocs Football Coaching** 10.00am -10.45am **(walkers-3 years)** **(Drop In)** 11.00am - 11.45am **(4-6 years)** **(Drop In)** **(ALL CENTRE)** **Queen Elizabeth Olympic Park** **(Trip)** Meeting @Woolwch DLR Station for 9:00am. Departing: 9.15am and Returning: 2.00pm Bring packed lunch and blanket. **(Call Eglinton to book)** **ALL AGES** **(SCHOOL HOUSE)** **Extra Help for You** **(Young Parents Group)** **Every Tuesday** 11.00am-12.30pm For further details and to book parenting@parentpower-ed.co.uk **(SLADE)** **Infant Feeding Clinic** 10.00am – 11.30am **(Drop In)**	**(BROOKHILL)** **Laugh, Sing & Play (Birth-5 years)** 10.00am - 10.45am **(Drop-in)** **(BROOKHILL)** **Dad's Forum Meet-Up** **10.30am-12.00pm** Meet and connect with other new Dads **Refreshments provide** **(BROOKHILL)** **NEW: Get Creative:** **"Tiny Gardens"** **(5-7 years)** 11.00am - 12.00pm **(Call to book)** **(BROOKHILL)** **NEW: Games & Fitness** **"Boot Camp"** **(8-15 years)** 11.00am - 12.00 pm **(Call to book)** **(BROOKHILL)** **Infant Feeding Clinic** 1.00pm – 2.30pm **(Drop In)** **(SLADE)** **Well Baby Clinic**	**(BROOKHILL)** ***SENDsory* Group** 10am-11.30am **(Drop In)** For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 voluntary contribution per family) **(BROOKHILL)** **Well Baby Clinic** **(Including weighing)** 1.30pm – 3.30pm **(Drop In)** **(BROOKHILL)** **NEW: Comic Booking Making Workshop (6 years-10 years)** 2.00pm-3.30pm **(Call to book)** **(EGLINTON)** **Childminders Stay & Play** 9:30am-11:30am **(Drop In)** **ONLY** for foster carers, nannies & childminders. (£1.00 per session)	**(BROOKHILL)** **Mini Musicians** **(Interactive Music Session)** **Play & Explore** 9.30am - 10.15am **(Babies)** 10.30am - 11.15am **(2-5 years)** **(Drop in))** **(BROOKHILL)** **Employment & Benefit Advice Session** 1.00pm-4.00pm **(Drop In)** **(BROOKHILL)** **FOOD PROVISION** 3.00pm - 3.45pm **(approximately)** **(SCHOOL HOUSE)** **Parent Coaching** 10.00am-1.00pm **Appointment Only** parenting@parentpower-ed.co.uk

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■ *School House* *Whitworth Road* *Woolwich* *SE18 3QA* *Tel: 0330 057 6051*			**(Including weighing)** 9.30am – 11.30am **(Drop In)** **(SLADE)** **Baby Group *Dads Only*** **(Birth- 12mths)** Play & Rhyme Time 1.30pm – 3.00pm **(Drop In)** **(£1.50 per session)**		

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HOME-START GREENWICH SUMMER PROGRAMME 2025

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WEEK SIX: 25th August – 29th August 2025

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IMPORTANT ANNOUNCEMENT
Please note that there can be cancellations that are out of our control. We will do our best to update our programme when it is needed.

Parents, for any cancellation of an activity, please let the Centre know.

ALL CENTRES OPENING TIMES FROM 9 AM-5PM

NO NUTS ONSITE PLEASE

Brookhill Children's Centre
Community Centre & Family Hub
SE18 6BD
Tel: 020 8319 5320

Slade Children's Centre
Erindale, Plumstead
SE18 2QQ
Tel: 020 8854 7900
Option 2

Eglinton Children's Centre
Paget Rise, Woolwich
SE18 3PY
Tel: 020 8331 0374

Mulgrave Children's Centre
Rectory Place, Woolwich
SE18 5DL
Tel: 020 8319 5666

"WELCOME CAFE"
TUESDAY 9.00am-2.30pm Hot Drinks/Light Bites
WEDNESDAY-FRIDAY WELCOME CAFE CLOSED

Monday 25th	Tuesday 26th	Wednesday 27th	Thursday 28th	Friday 29
BANK HOLIDAY **CENTRE CLOSED**	**(BROOKHILL)** **Little Crocs Football Coaching** 10.00am -10.45am **(walkers-3 years)** **(Drop In)** 11.00am - 11.45am **(4-6 years)** **(Drop In)** **(SCHOOL HOUSE)** **Extra Help for You** **(Young Parents Group)** **Every Tuesday** 11.00am-12.30pm For further details and to book parenting@parentpower-ed.co.uk **(SLADE)** **Infant Feeding Clinic** 10.00am – 11.30am **(Drop In)**	**(BROOKHILL)** **Laugh, Sing & Play (Birth-5 years)** 10.00am - 10.45am **(Drop in)** **(BROOKHILL)** **NEW: African Drumming** **(5-7 years)** 11.00am - 12.00pm **(Call to book)** **(BROOKHILL)** **NEW: African Drumming** **(8-15 years)** 11.00am - 12.00 pm **(Call to book)** **(BROOKHILL)** **Infant Feeding Clinic** 1.00pm – 2.30pm **(Drop In)** **(SLADE)** **Well Baby Clinic** **(Including weighing)** 9.30am – 11.30am **(Drop In)** **(SLADE)** **Baby Group Tiny Steps Soft Play** Play & Rhyme Time (Birth- 12mths) 1.30pm – 3.00pm	**(BROOKHILL)** ***SENDsory* Group** 10am-11.30am **(Drop In)** For babies and children with abilities and disabilities (Siblings are welcome) (£1.00 voluntary contribution per family) **(BROOKHILL)** **New: Make Your Own Keyring** **(for 5-8 years)** 12.00pm -1.30pm **(Call to book)** **(BROOKHILL)** **Well Baby Clinic** **(Including weighing)** 1.30pm – 3.30pm **(Drop In)** **(BROOKHILL)** **Hair Braiding Workshop** **(for 8-15 year olds)** 2.00pm-3.30pm **(Call to book)** **(EGLINTON)** **Childminders Stay & Play** 9:30am-11:30am **(Drop In)** **ONLY** for foster carers, nannies & childminders. (£1.00 per session)	**(BROOKHILL)** **Mini Musicians** **(Interactive Music Session)** **Play & Explore** 9.30am - 10.15am **(Babies)** 10.30am - 11.15am **(2-5 years)** **(Drop in)** **(BROOKHILL)** **Employment & Benefit Advice Session** 1.00pm-4.00pm **(Drop In)** **(BROOKHILL)** **FOOD PROVISION** 3.00pm - 3.45pm **(approximately)** **(EGLINTON)** **Stay & Play (Birth -5yrs)** 10.00am -12.00pm **(Drop In)** (£1.00 per family) **(SCHOOL HOUSE)** **Parent Coaching** 10.00am-1.00pm **Appointment only** **(From July onwards)** parenting@parentpower-ed.co.uk

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.

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■ *School House* *Whitworth Road* *Woolwich* *SE18 3QA* ***Tel: 0330 057 6051***			**(Drop In)** (£1.50 per family) **(The wearing of socks is advisable for adults please)** **(SLADE)** **Stay and Play** TOTs Nature Space Games **(Walkers - 7yrs)** 1:30pm – 2:45pm Sessions suitable for all abilities **(Drop In)** Please dress appropriately for the weather (£1.00 per family)		

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HEALTH AND MIDWIFE APPOINTMENTS

IMPORTANT ANNOUNCEMENT Please note that there can be cancellations that are out of our control. We will do our best to update our programme when it is needed. Parents, for any cancellation of an activity, please let the Centre know. **ALL CENTRES OPENING TIMES FROM 9 AM-5PM** NO NUTS ONSITE PLEASE	**BROOKHILL & SLADE** **Thames Midwives** **(All Day)** **Appointment Only** **EGLINTON** **2 Year Development Reviews** 9.30am – 11.30am **Appointment only** **BROOKHILL** **2 Year Development Reviews** 9.30am – 11.30am **Appointment only** **EGLINTON** **10-12 Months Development Reviews 1.00pm – 4.00pm** **Appointment only**	**BROOKHIL** **Best Beginnings Midwives Clinic** (AM) **Appointment only** **SLADE** **Poppy Team Midwife Clinic** **AM** **Appointment only** **EGLINTON** **Thames Midwives** **(All Day)** **Appointment Only** **MULGRAVE** **Mum's Aid Counselling** 11.00am – 2.00pm **Appointment only**	**BROOKHIL** **Thames Midwives Clinic** (All day) **Appointment only** **EGLINTON** **Best Beginnings Clinic** (All day) **Appointment only** **SLADE** **Best Beginnings Clinic Young Parents** PM **Appointment only**	**BROOKHIL** **Thames Midwives Clinic** (All day) **Appointment only** **EGLINTON** **Thames Midwives Clinic** (All day) **Appointment only**	**BROOKHIL** **Blood Spots Clinics** 9.30am – 12.00pm **Appointment only** **BROOKHIL** **Thames Midwives Clinic** (PM) **Appointment only** **EGLINTON** **2 Year Development Reviews** 9.30am – 12.30pm **Appointment only** **SLADE** **10-12 Month Development Reviews** 9.30am – 12.00pm **Appointment only**
	HEALTH SERVICE: **Bromley Health Visiting & Breastfeeding Support Services are appointment only: 0300 330 5777 option 3, then option 2, then option 3** **Midwife Team: 0208 836 5946**				

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Services Explained

All our Centres are Breastfeeding Friendly

Educational and Social Support

• Baby Groups & Soft Play: Sessions provide stimulating activities, including signing songs, opportunities to bond with your baby and make new friends.
• Stay & Play Sessions: A variety of activities for parents and children to enjoy together with opportunities to meet other parents and carers in a friendly and relaxed atmosphere. (Light refreshments provided for a £1 voluntary contribution per family)
• Learning Through Play & Sticky Fingers: This is an Interactive play session to engage with your child's early learning. Messy Play: Open-ended play that allows children to explore different materials and their properties.
• Rhyme Time: Interactive Music sessions for children under 5.
• Creative Storytelling Sessions: An opportunity for children to develop their early literacy skills • Autistic Inclusive Meets: A weekly group for families with Autistic Children (no age limit).
• Childminders Stay & Play: Ofsted Registered Childminders meet with the children in their care.
• Special Educational Needs and Disabilities (SEND) Baby & Toddler Support Groups: Music, singing & sensory activities for babies with developmental delays or children with SEND.
• Nature Space (Outdoor Play): Provides freedom and space to explore, to gain independence, awareness of the environment, consequences of their actions and teamwork (please dress appropriately for the weather).
• Tots Talking: Join us for a session where you can find information and activities to help parents and carers support their two-year-olds with language development. Children do not need to attend all training sessions. Practitioners trained by Speech & Language Therapists will provide advice and ideas to support you.
• Music Therapy: This session is led by a music therapist to provide children with opportunities to explore various instruments. These sessions will help your child to develop their core skills of listening, confidence and social awareness (term time only).
• Understanding your child's behaviour: The Solihull approach is for parents and carers who want to know more about parenting and how children develop.
• Big Hopes Big Futures: 12-week parent and child sessions planned around school readiness. Supporting parents to engage in their children's early learning. Suitable for children from 2 years upwards.

Support & Health

• Well-being Welcome: Meet the Well-being Team and discover the support available for you and your family
• Midwife Clinics: By appointment only via the Midwifery Teams for before (antenatal) and after the birth of your baby. • Akwaaba: A new group from Mums Aid offering counselling, parenting support and guidance for new mums from Black, Asian, and Ethnic minority communities – Sign up via their website or call 07758763908
• Young Parents Group: Supporting the wellbeing of young parents and parents to be during pregnancy, childbirth and early childhood.
Development Review: By appointment only via the health visitor team for child's development.

Family Hub and Community

• Laugh, Sing & Play: Interactive play and singing session with bubbles, twirlers & parachute games £1 per family (term time only).
• Theatre Performance Groups: After-school Club for 8-15 year olds to gain new skills and confidence whilst making friends (term time only).
• Adult Hair Braiding Workshop: Early evening sessions for parents to learn new skills and develop interests whilst meeting other parents (term time only).
• Migrant Women's DANCE Session: Dance Sessions for migrant women to explore movement around different themes in a relaxed and inclusive space (term time only).
• Dad's Forum: Monthly meet up for new Dad's and Dad's-to-be, opportunities to meet and discuss different topics around fatherhood in a relaxed setting.
• Bobo's Book Club: Aims to inspire children of all ages to gain a love of reading from an early age (new and old stories covered). Helping to plant the seed of reading in each child, whilst building a strong foundation for future learning (term time only).
• Parents Creative Group: A place for parents to connect and socialise, whilst learning whilst learning new crafts and creative activities (term time only).
• Baby-Me-Fit: Exercise Classes designed for mums to attend with their babies, to help improve fitness levels and bond with their babies (term time only).

Additional Information

Plumstead Day Nursery
Open 8am to 6pm Monday to Friday
(51 weeks per year)
Offering full or half day sessions:
8.00am to 1.00pm OR 1.00pm to 6.00pm
Plus 15 hour and 30-hour government funded sessions.
To arrange a visit or for more information call: 07960575034
or alternatively, call 0208 8369 252 get in touch via any of our Children's Centres.

Eglinton Nursery
Open 8.45am to 3.45pm Monday to Friday
(Term-time only)
Offering full or half day sessions:
8.45am to 11.45pm OR 12.45pm to 3.45pm
To arrange a visit or for more information call: 52020
0208 331 0374 or
alternatively get in touch via any of our Children Centres.

Together for Twos
Offering full or half day sessions:
9.15am to 12.15pm OR 12.30pm to 3.30pm
Are you eligible for the
FREE 15-hour funded sessions?
If you would like further information regarding your eligibility, please speak to a member of staff or call any of our Children's Centre's. We now offer morning and afternoon sessions.

Vitamins
Did you know that you can pick up your **FREE vitamins** at your nearest Children's Centre?

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• Tiny Feet Dance Class: Active Dance Classes for you and your new walkers/toddlers to engage, develop skills and confidence whilst having fun (term time only). • Little Crocs Football: Fun engaging football sessions focus on developing coordination, confidence and teamwork (term time only). • Family Dance Class: Get fit and have fun with the whole family, whilst learning new dance routines, suitable for all ages (term time only). • Timeless Together Elderly Group: Monthly meet up for the over 60' (Carers welcome) - refreshments and themed craft activities. **A variety of the above sessions are suitable for children with additional needs - please speak to a member of staff for further information or support.** **We welcome feedback on our services, please share your experiences with us by contacting our Centres, speaking to a member of staff on site or emailing:** **enquiries@homestartgreenwich.org.uk**	Just bring your Healthy Start Card to collect or for more information speak to a member of staff or call any of our Children Centres. **Volunteering** Do you have what it takes to become a Home-Start Greenwich Volunteer and help make a difference to the lives of families in need. For more information contact any of our Centre's or email volunteer@homestartgreenwich.org.uk

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