HOME-START GREENWICH INVITE YOU TO CELEBRATE

ORANGE AND PURPLE WEEK

ORANGE AND PURPLE DAY

30 JANUARY 2026

Part of the Greenwich Family Hubs Network

ROYAL borough of GREENWICH

Slade Children's Centre
Erindale,
Plumstead
SE18 2QQ
Tel: 020 8854 7900
Option 2
BUS 53 & 51

Eglinton Children's Centre
Paget Rise,
Woolwich
SE18 3PY
Tel: 020 8331 0374
BUS 386

School House
Whitworth Road,
Woolwich
SE18 3QA
Tel: 0330 057 6051
BUS 386

Plumstead
6 Purrett Road,
Plumstead
SE18 1JW
Tel 020 8836 9252
BUS 177 & 180

Brookhill Children's Centre Community Centre & Family Hub
42 Brumwell,
Woolwich,
SE18 6BD
Tel: 020 8319 5320
BUS 53, 51,161 & 472

Mulgrave Children's Centre
Rectory Place,
Woolwich
SE18 5DL
Tel: 020 8319 5666
BUS 53 & 51 & 422

HOME START Greenwich

Programme January to February 2026

CELEBRATING ORANGE & PURPLE WEEK

26th to 30th January 2026

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.

Call each Centre to book onto some sessions

Appointments only

£ charges apply for certain sessions (cash/card optional)

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MONDAY

For health and midwife appointments, please check Page 6

BROOKHILL

Migrant Mothers Dance Group
10.30am - 12.30pm
Email:
Projects@theground.org.uk
(Term Time Only)

"Timeless Together" Monthly Group
For ages 60 and over and their Carers)
Last Monday of every Month
12.30pm- 2.30pm
(Drop In)

Stay & Play (Birth -5yrs)
Baby &Toddler
1.30pm - 2.45pm
(Drop In)
(£1.00 per family)

Autistic Inclusive Meets
Starting 19th Jan 2026
4.00pm-5.30pm
Siblings welcome
£2.00 per family
(Drop In)

SLADE

Baby Group (Birth - 18mths)
Messy Time
1.15pm-2.30pm
(Drop In)
(£1.00 donation per family)

Slade Library
Stay & Play
(Birth-5yrs)
3.00pm-3.30pm
(Drop In)

EGLINTON

Speech & Language Group
Small Talk Group
(13-24mths)
9.30am -10.30am
&
Tiny Talk Group
(Birth-12mths)
11.00am -12.00pm
26th Jan, 2nd Feb & 23rd Feb
(Call to Book)

Baby Group (Birth - 18mths)
1.30pm – 3.00pm
(Drop In)
(£1.00 donation per family)

PLUMSTEAD

Understanding Your Child
(Solihull Parenting Course)
26th Jan 2026 – 23rd Mar 2026
9.30am – 11.30am
(Call Eglinton to book)
(Limited Creche available)
(Term Time Only)

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TUESDAY

For health and midwife appointments, please check Page 6

BROOKHILL

Little Crocs Football (Walkers- 4yrs)
10.00am - 11.00am
(Drop In)
(£1.00 per session)

ESOL Classes
Starting Soon
10am-12pm
(Call to book)

Well-being Welcome
1.00pm - 3.00pm
(Drop In)
(Term Time Only)

Toddlers Messy Stay & Play (Birth- 5yrs)
Starting 3rd Feb 2026
1.30pm – 2.45pm
(Drop In)
(£1.00 per session)

Children's Theatre (7–15 yrs)
5.00pm-6.30pm
(Drop In)
(Term Time Only)

Adult Course: Hair Braiding
5.00pm-6.30pm
(Drop In)
(Limited crèche provided)
(Term Time Only)

SLADE

Slade Library Rhyme Time
10.30am - 11.00am
(Drop In)

Baby Massage
(Birth - non crawlers)
13th Jan 2026 - 10th Feb 2026
1.45pm-2.30pm
(Call to book)
(£3.00 per session)

Bouncing Babies
(Birth – non crawlers)
24th Feb - 24th Mar 2026
1.45pm – 2.30pm
(Call to book)
(£1.50 per session)

EGLINTON

Stay & Play (Birth-5yrs)
1.30pm - 3.00pm
(Drop In)
(£1.00 per session)

SCHOOLHOUSE

Extra Help for You (Young Parents Group)
Appointment Only
Email:
parenting@parentpower-ed.co.uk

BROOKHILL

Greenwich Elective Home Educated Network Meeting
27th Jan 2026
12.00-2.00
(Drop In)

Family Law Outreach
1.00pm - 3.00pm
Last Tuesday of every month
(Call to book)

Dad's Forum
Every 2nd Tuesday of the Month
Email: parenting@parentpower-ed.co.uk
5.30pm -6.30pm
(Drop In)

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WEDNESDAY

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BROOKHILL

Being a Parent
21st Jan - 1st Apr 2026.
(Invitation only)
9.30am – 12.30pm
(Limited crèche provided)
(Term Time Only)

Soft Play Stay and Play (Birth- 5 years)
Starting 4th Feb 2026
9.45am –11. 45am
(£1.50 per session)
(Drop In)

Laugh, Sing & Play
1st session at 12.45pm (Birth - 2yrs)
2nd session at 1.30pm (2yrs – 5yrs)
(Call to book- Limited spaces)
(£1.00 per session)

BOBO'S BOOK CLUB (6 yrs - 10 yrs)
4.00pm - 5.00pm
(Drop In)
(£1.00 per session)

SLADE

Parenting Tips and Advice CAMHS
(Appointment only)
9.15am-12.30pm

Learning Through Play: Outdoor Play
(1yrs - 5yrs)
10.00am - 2.30pm
(Drop In)
(£1.00 donation per family)

Baby Steps Soft Play
(Birth - 18mths)
1.30pm – 2.45pm
(Drop In)
(£1.50 per session)

EGLINTON

Flourish (Birth to 5)
10.00am - 12.00pm
(Drop In)
(Term Time Only)

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THURSDAY

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BROOKHILL

SENDsory Play Time
(Birth- 5+yrs)
10.00am-11.30am
Siblings are welcome
(Drop In)

Mama2Mama
Baby Bank
(Appointment only)
1.00pm - 5.00pm

Baby Massage
(Birth - non crawlers)
15th Jan 2026 - 12th Feb 2026
1.45pm-2.45pm
(Call to book)
(£3.00 per session)

SLADE

Music Therapy
1st session 9.30am (Birth-1yrs)
2nd session 10.15am (1yrs -3 yrs)
(SEND Friendly)
(Call to book)

Tots Talking (2-year-olds)
15th Jan 2026 - 12th Feb 2026
9.45am - 11.30am
(Call to book)

Books Together
22nd Jan 2026 – 5th Feb 2026
12.00pm- 1.00pm
(Call to book)

Stay & Play (Birth-5yrs)
1.30pm – 2.45pm
(Drop In)
(£1.00 per session)

EGLINTON

Childminders Stay & Play
9.30am – 11.30am
(Foster carers, nannies & childminders)
(£1.00 per session)

PLUMSTEAD

Connecting From the Start
22nd Jan 2026 - 12th Mar 2026
9.30am -12.00pm
(Limited Crèche provided)

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FRIDAY

For health and midwife appointments, please check Page 6

BROOKHILL

Music Therapy
1st session 9.30am (Birth -1yrs)
2nd session 10.15am (1yrs - 3yrs)
(SEND Friendly)
(Call to book)

Employment & Benefit Advice
1.00pm - 4.00pm
(Drop In)

Mama2Mama
Baby Bank
(Appointment only)
1.00pm - 5.00pm

Baby Group (Birth - 18mths)
1.30pm – 2.45pm
(Drop In)
(£1.00 donation per family)

Food Provision
2.00pm onwards

SLADE

Slade Library Rhyme Time
10.30am – 11.00am
(Drop In)

SEND Tiny Steps Soft Play
(Birth - 3yrs)
1.30pm – 2.45pm
(SEND & Tube Feeding Friendly)
(Drop In)
(£1.50 per session)

EGLINTON

Stay & Play (Birth - 5yrs)
9.45am - 11.45am
(Drop In)
(£1.00 per session)

SCHOOLHOUSE

Parent Coaching
(One-to-One Sessions)
(Appointment Only)
3.00pm - 5.00pm
email:
parenting@parentpower-ed.co.uk

BROOKHILL

Monthly Nutrition Advice
(New dates to be announced soon)

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Appointments only

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HEALTH SERVICE:

MONDAY

BROOKHILL
Thames Midwives
(All Day)
Appointment Only

2 Year Development Reviews
9.30am – 11.30am
Appointment only

SLADE
Thames Midwives
(All Day)
Appointment Only

EGLINTON
2 Year Development Reviews
9.30am – 11.30am
Appointment only

10-12 Months Development Reviews
1.00pm – 4.00pm
Appointment only

MULGRAVE
Best Beginnings Midwives Clinic
(All Day)
Appointment only

TUESDAY

BROOKHILL
Best Beginnings Midwives Clinic
(AM)
Appointment only

Mum's Aid Counselling
12.30pm – 4.00pm
Appointment only

SLADE
Poppy Team Midwife Clinic
AM
Appointment only

Infant Feeding Clinic
10.00am – 11.30am
(Drop In)

EGLINTON
Thames Midwives
(All Day)
Appointment Only

MULGRAVE
Mum's Aid Counselling
11.00am – 2.00pm
Appointment only

WEDNESDAY

BROOKHILL
Thames Midwives Clinic
(All day)
Appointment only

Well Baby Clinic (Including weighing)
1.30pm – 3.30pm
(Drop In)

SLADE
Best Beginnings Clinic Young Parents
PM
Appointment only

Well Baby Clinic (Including weighing)
9.30am – 11.30am
(Drop In)

EGLINTON
Best Beginnings Clinic
(All day)
Appointment only

MULGRAVE
Devonport Midwives
(AM)
Appointment Only
9.00am-12.00pm

THURSDAY

BROOKHILL
Thames Midwives Clinic
(All day)
Appointment only

Infant Feeding Clinic
1.00pm – 2.30pm
(Drop In)

EGLINTON
Thames Midwives Clinic
(All day)
Appointment only

FRIDAY

BROOKHILL
Blood Spots Clinics
9.30am – 12.00pm
Appointment only

BROOKHILL
Thames Midwives Clinic
(PM)
Appointment only

EGLINTON
2 Year Development Reviews
9.30am – 12.30pm
Appointment only

SLADE
10-12 Month Development Reviews
9.30am – 12.00pm
Appointment only

MULGRAVE
Devonport Midwives
(All Day)
Appointment Only

Bromley Health Visiting & Breastfeeding Support Services are appointment only: 0300 330 5777 option 3, then option 2, then option 3
Midwife Team: 0208 836 5946

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Services Explained	Additional Information
HOME START Greenwich **All our Centres are Breastfeeding Friendly** **Educational and Social Support** • **Baby Groups & Soft Play**: Sessions provide stimulating activities, including signing songs, opportunities to bond with your baby and make new friends. • **Stay & Play Sessions:** A variety of activities for parents and children to enjoy together with opportunities to meet other parents and carers in a friendly and relaxed atmosphere. (Light refreshments provided for a £1 voluntary contribution per family) • **Learning Through Play & Sticky Fingers**: This is an Interactive play session to engage with your child's early learning. Messy Play: Open-ended play that allows children to explore different materials and their properties. • **Rhyme Time:** Interactive Music sessions for children under 5. • **Creative Storytelling Sessions**: An opportunity for children to develop their early literacy skills • **Autistic Inclusive Meets:** A weekly group for families with Autistic Children (no age limit). • **Childminders Stay & Play**: Ofsted Registered Childminders meet with the children in their care. • **Special Educational Needs and Disabilities (SEND) Baby & Toddler Support Groups:** Music, singing & sensory activities for babies with developmental delays or children with SEND. • **Nature Space (Outdoor Play):** Provides freedom and space to explore, to gain independence, awareness of the environment, consequences of their actions and teamwork (please dress appropriately for the weather). • **Sounds and Movements:** Active sounds and movements for you and your child to engage, develop skills and confidence whilst having fun. **(Term time only)** • **Tots Talking**: Join us for a session where you can find information and activities to help parents and carers support their two-year-olds with language development. Children do not need to attend all training sessions. Practitioners trained by Speech & Language Therapists will provide advice and ideas to support you. • **Music Therapy**: This session is led by a music therapist to provide children with opportunities to explore various instruments. These sessions will help your child to develop their core skills of listening, confidence and social awareness. **(Term time only)**	**Plumstead Day Nursery** Open 8am to 6pm Monday to Friday (51 weeks per year) **Offering full or half day sessions:** 8.00am to 1.00pm OR 1.00pm to 6.00pm Plus 15 hour and 30-hour government funded sessions. **To arrange a visit or for more information call: 07960575034** **or alternatively, call 0208 8369 252, get in touch via any of our Children's Centres.** **Eglinton Nursery** Open 8.45am to 3.45pm Monday to Friday **(Term-time only)** **Offering full or half day sessions:** 8.45am to 11.45pm or 12.45pm to 3.45pm To arrange a visit or for more information call: **07563 373767** or **0208 331 0374** alternatively get in touch via any of our Children Centres. **Together for Twos**

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Appointments only

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• **Understanding your child's behaviour:** The Solihull approach is for parents and carers who want to know more about parenting and how children develop. **(Term time only)**
• **Big Hopes Big Futures**: 8-week parent and child sessions planned around school readiness. Supporting parents to engage in their children's early learning. Suitable for children from 2 years upwards.
• **Flourish:** Interactive Music sessions for parents and children. Plus: New - One-to-One Flourish mother and child sessions available – by appointment, via the Well Being Team. **(Term time only).**
EPEC: Being a Parent: helping with tips and advice, and training to understand your child's needs.

Support & Health

• **Well-being Welcome:** Come and meet the Well-Being team and Families Information Service to get general support and signposting, as well as help with childcare/funding **(Term time only)**
• **Midwife Clinics**: By appointment only via the Midwifery Teams for before (antenatal) and after the birth of your baby.
• **Akwaaba:** A new group from Mums Aid offering counselling, parenting support and guidance for new mums from Black, Asian, and Ethnic minority communities – Sign up via their website or call 07758763908
• **Young Parents Group:** Supporting the wellbeing of young parents and parents to be during pregnancy, childbirth and early childhood.
• **Development Review**: By appointment only via the health visitor team for your child's development.
• **Family Law National Legal Service:** Help with Child Protection, Social Services, Domestic Abuse and Children Disputes.
• **Monthly Nutrition Advice Workshop:** Information and advice for you and your child.
• **Employment & Benefit Advice Session**: Advice on Benefits, Employment and Childcare Support.
• **Mama2Mama Baby Bank**: Extra support for low-income families with clothes and essential items.
• **CAMHS:** Emotional and behavioral support for **families (Appointments only)**

Family Hub and Community

• **Laugh, Sing & Play:** Interactive play and singing session with bubbles, twirlers & parachute games- £1 per family
• **Theatre Performance Groups:** After-school Club for 8–15-year-olds to gain new skills and confidence whilst making friends **(Term time only)**
• **Adult Hair Braiding Workshop**: Early evening sessions for parents to learn new skills and develop interests whilst meeting other parents. **(Term time only)**
• **Migrant Women's DANCE Session**: Dance Sessions for migrant women to explore movement around different themes in a relaxed and inclusive space. **(Term time only)**

Offering full or half day sessions:
9.15am to 12.15pm or 12.30pm to 3.30pm
Are you eligible for the
FREE 15-hour funded sessions?
If you would like further information regarding your eligibility, please speak to a member of staff or call any of our Children's Centre's. We now offer morning and afternoon sessions.

Vitamins
Did you know that you can pick up your **FREE vitamins** at your nearest Children's Centre?
Just bring your Healthy Start Card to collect or for more information speak to a member of staff or call any of our Children Centres.

Volunteering
Do you have what it takes to become a Home-Start Greenwich Volunteer and help make a difference to the lives of families in need. For more information contact any of our Centre's or email volunteer@homestartgreenwich.org.uk

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Call each Centre to book onto some sessions Appointments only £ charges apply for certain sessions (cash/card optional)

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• **Creating Grounds Arts Session:** Yoga, movement, drama arts and crafts: reflecting on values and qualities of motherhood, wellbeing and maintaining healthy boundaries with your child. **(Term time only).** • **Dad's Forum:** Monthly meet up for new dads and dad's-to-be, opportunities to meet and discuss different topics around fatherhood in a relaxed setting. • **Bobo's Book Club:** Aims to inspire children of all ages to gain a love of reading from an early age (new and old stories covered). Helping to plant the seed of reading in each child, whilst building a strong foundation for future learning **(Term time only)** • **Parents Creative Group**: A place for parents to connect and socialise, whilst learning whilst learning new crafts and creative activities **(Term time only).** • **Baby-Me-Fit:** Exercise Classes designed for mums to attend with their babies, to help improve fitness levels and bond with their babies. Please wear suitable clothing and trainers (**Term time only).** • **Little Crocs Football:** Fun, engaging football sessions focus on developing coordination, confidence and teamwork. • **Timeless Together Elderly Group:** Monthly meet up for the over 60 (Carers welcome) - refreshments and themed craft activities. •**ESOL Classes**: Beginner's English classes for women only **(Term time only**) **A variety of the above sessions are suitable for children with additional needs - please speak to a member of staff for further information or support.** **We welcome feedback on our services. Please share your experiences with us by contacting our Centres, speaking to a member of staff on site or emailing:** **enquiries@homestartgreenwich.org.uk**	

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