



Part of the Greenwich  
Family Hubs Network



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ROYAL *borough of*  
GREENWICH

**Slade Children's  
Centre**

Erindale,  
Plumstead  
SE18 2QQ  
**Tel: 020 8854 7900**  
**Option 2**  
BUS 53 & 51

**Eglinton Children's  
Centre**

Paget Rise,  
Woolwich  
SE18 3PY  
**Tel: 020 8331 0374**  
BUS 386

**School House**

Whitworth Road,  
Woolwich  
SE18 3QA  
**Tel: 0330 057 6051**  
BUS 386

**Plumstead**

6 Purrett Road,  
Plumstead  
SE18 1JW  
**Tel 020 8836 9252**  
BUS 177 & 180

**Brookhill Children's  
Centre Community  
Centre & Family Hub**

42 Brumwell,  
Woolwich,  
SE18 6BD  
**Tel: 020 8319 5320**  
BUS 53, 51, 161 & 472

**HOME  
START**  
**Greenwich**

**Mulgrave Children's  
Centre**

Rectory Place,  
Woolwich  
SE18 5DL  
**Tel: 020 8319 5666**  
BUS 53 & 51 & 422

Programme **February Half- term**

**2026**

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)





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ROYAL borough of  
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**MONDAY 16<sup>th</sup>**



**For health and midwife appointments, please  
check Page 6**

### **BROOKHILL**

#### **Theatre Performance Workshop "Matilda"**

(7yrs -15yrs)

10.00am - 12.00pm

(Drop In)

#### **Stay & Play** (Birth -5yrs)

Baby & Toddler

1.30pm - 2.45pm

(Drop In)

(£1.00 per family)

#### **Autistic Inclusive Meets**

4.00pm-5.30pm

Siblings welcome

£2.00 per family

(Drop In)

### **SLADE**

#### **Baby Group** (Birth - 18mths)

Messy Time

1.15pm-2.30pm

(Drop In)

(£1.00 donation per family)

#### **Slade Library**

#### **Stay & Play**

(Birth-5yrs)

3.00pm-3.30pm

(Drop In)



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ROYAL borough of  
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**TUESDAY 17<sup>th</sup>**



**For health and midwife appointments, please  
check Page 6**

**BROOKHILL**

**Family Cooking Session**

(Parent and child)  
10.00am - 12.00pm  
(Call to book)

**SLADE**

**Slade Library Rhyme Time**

10.30am - 11.00am  
(Drop In)

**Stay and Play (Birth- 5yrs)**

Pancake Day  
1.30pm - 2.45pm  
(Drop In)  
(£1.00 per session)

**EGLINTON**

**Stay & Play (Birth-5yrs)**

1.30pm - 2.45pm  
(Drop In)  
(£1.00 per session)  
Siblings are welcome

**SCHOOLHOUSE**

**Extra Help for You  
(Young Parents  
Group)**

Appointment Only  
Email:  
[parenting@parentpower-  
ed.co.uk](mailto:parenting@parentpower-ed.co.uk)



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# WEDNESDAY 18<sup>th</sup>



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## BROOKHILL

### Stay & Play (Birth -5yrs)

Chinese New Year Celebration

10.00am-12.00pm

(Drop In)

(£1.00 per family)

Siblings are welcome

### Scrape Art Workshop

10.00am - 10.45am ( 5yrs 7yrs)

11.00am -12.00pm ( 8yrs-15yrs)

(Drop In)

### Laugh, Sing & Play

1<sup>st</sup> session at 12.45pm (Birth - 2yrs)

2<sup>nd</sup> session at 1.30pm (2yrs – 5yrs)

(Call to book- Limited spaces)

(£1.00 per session)

## SLADE

### Parenting Tips and Advice CAMHS

(Appointment only)

9.15am-12.30pm

### Baby Steps Soft Play

(Birth - 18mths)

1.30pm – 2.45pm

(Drop In)

(£1.50 per session)



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**THURSDAY 19<sup>th</sup>**



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**BROOKHILL**

**SENDSory Play Time**

(Birth- 5+yrs)

10.00am-11.30am

Siblings are welcome

**(Drop In)**

**Mama2Mama**

**Baby Bank**

(Appointment only)

1.00pm - 5.00pm

**SLADE**

**Stay & Play** (Birth-5yrs)

Chinese New Year Celebration

1.30pm – 2.45pm

**(Drop In)**

(£1.00 per session)

**EGLINTON**

**Childminders Stay & Play**

9.30am – 11.30am

(Foster carers, nannies &  
childminders)

(£1.00 per session)



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## FRIDAY 20<sup>th</sup>



**For health and midwife appointments, please  
check Page 6**

### **BROOKHILL**

#### **Games & Movement**

10.00am- 10.45am ( 5yrs 7yrs)  
11.00am -12.00 pm ( 8yrs-15yrs)  
(Drop In)

#### **BABY GROUP** (Birth-12mths)

1.45pm - 2.30pm  
(Drop In)  
Siblings are welcome  
(£1.00 donation per family)

#### **Employment & Benefit Advice**

1.00pm - 4.00pm  
(Drop In)

#### **Mama2Mama**

##### **Baby Bank**

(Appointment only)  
1.00pm - 5.00pm

#### **Food Provision**

2.00pm onwards

### **SLADE**

#### **Slade Library Rhyme Time**

10.30am – 11.00am  
(Drop In)

### **EGLINTON**

#### **Stay & Play** (Birth - 5yrs)

Chinese New Year Celebration  
9.45am - 11.45am  
(Drop In)  
(£1.00 per session)  
Siblings are welcome

### **SCHOOLHOUSE**

#### **Parent Coaching (One-to-One Sessions)**

(Appointment Only)  
3.00pm - 5.00pm  
email:  
[parenting@parentpower-  
ed.co.uk](mailto:parenting@parentpower-ed.co.uk)



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## HEALTH SERVICE:

### MONDAY

#### **BROOKHILL**

Thames Midwives  
(All Day)  
Appointment Only

#### **2 Year Development Reviews**

9.30am – 11.30am  
Appointment only

#### **SLADE**

Thames Midwives  
(All Day)  
Appointment Only

#### **EGLINTON**

#### **2 Year Development Reviews**

9.30am – 11.30am  
Appointment only

#### **10-12 Months Development Reviews**

1.00pm – 4.00pm  
Appointment only

#### **MULGRAVE**

Best Beginnings Midwives  
Clinic  
(All Day)  
Appointment only

### TUESDAY

#### **BROOKHILL**

Best Beginnings Midwives  
Clinic  
(AM)  
Appointment only

Mum's Aid Counselling  
12.30pm – 4.00pm  
Appointment only

#### **SLADE**

Poppy Team Midwife Clinic  
AM  
Appointment only



Infant Feeding Clinic  
10.00am – 11.30am  
(Drop In)

#### **EGLINTON**

Thames Midwives  
(All Day)  
Appointment Only

#### **MULGRAVE**

Mum's Aid Counselling  
11.00am – 2.00pm  
Appointment only

### WEDNESDAY

#### **BROOKHILL**

Thames Midwives Clinic  
(All day)  
Appointment only

Well Baby Clinic  
(Including weighing)  
1.30pm – 3.30pm  
(Drop In)

#### **SLADE**

Best Beginnings Clinic Young  
Parents  
PM  
Appointment only

Well Baby Clinic  
(Including weighing)  
9.30am – 11.30am  
(Drop In)

#### **EGLINTON**

Best Beginnings Clinic  
(All day)  
Appointment only

#### **MULGRAVE**

Devonport Midwives  
(AM)  
Appointment Only  
9.00am-12.00pm

### THURSDAY

#### **BROOKHILL**

Thames Midwives Clinic  
(All day)  
Appointment only



Infant Feeding Clinic  
1.00pm – 2.30pm  
(Drop In)

#### **EGLINTON**

Thames Midwives Clinic  
(All day)  
Appointment only



### FRIDAY

#### **BROOKHILL**

Blood Spots Clinics  
9.30am – 12.00pm  
Appointment only

#### **BROOKHILL**

Thames Midwives Clinic  
(PM)  
Appointment only

#### **EGLINTON**

2 Year Development Reviews  
9.30am – 12.30pm  
Appointment only

#### **SLADE**

10-12 Month Development  
Reviews  
9.30am – 12.00pm  
Appointment only

#### **MULGRAVE**

Devonport Midwives  
(All Day)  
Appointment Only

**Bromley Health Visiting & Breastfeeding Support Services**  
are appointment only: 0300 330 5777 option 3, then option 2,  
then option 3  
Midwife Team: 0208 836 5946

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Services Explained	Additional Information
 <p><b>All our Centres are Breastfeeding Friendly</b></p>  <p><b>Educational and Social Support</b></p> <ul style="list-style-type: none"> <li>• <b>Baby Groups &amp; Soft Play:</b> Sessions provide stimulating activities, including signing songs, opportunities to bond with your baby and make new friends.</li> <li>• <b>Stay &amp; Play Sessions:</b> A variety of activities for parents and children to enjoy together with opportunities to meet other parents and carers in a friendly and relaxed atmosphere. (Light refreshments provided for a £1 voluntary contribution per family)</li> <li>• <b>Learning Through Play &amp; Sticky Fingers:</b> This is an Interactive play session to engage with your child's early learning. Messy Play: Open-ended play that allows children to explore different materials and their properties.</li> <li>• <b>Rhyme Time:</b> Interactive Music sessions for children under 5.</li> <li>• <b>Creative Storytelling Sessions:</b> An opportunity for children to develop their early literacy skills</li> <li>• <b>Autistic Inclusive Meets:</b> A weekly group for families with Autistic Children (no age limit).</li> <li>• <b>Childminders Stay &amp; Play:</b> Ofsted Registered Childminders meet with the children in their care.</li> <li>• <b>Special Educational Needs and Disabilities (SEND) Baby &amp; Toddler Support Groups:</b> Music, singing &amp; sensory activities for babies with developmental delays or children with SEND.</li> <li>• <b>Nature Space (Outdoor Play):</b> Provides freedom and space to explore, to gain independence, awareness of the environment, consequences of their actions and teamwork (please dress appropriately for the weather).</li> <li>• <b>Sounds and Movements:</b> Active sounds and movements for you and your child to engage, develop skills and confidence whilst having fun. <b>(Term time only)</b></li> <li>• <b>Tots Talking:</b> Join us for a session where you can find information and activities to help parents and carers support their two-year-olds with language development. Children do not need to attend all training sessions. Practitioners trained by Speech &amp; Language Therapists will provide advice and ideas to support you.</li> <li>• <b>Music Therapy:</b> This session is led by a music therapist to provide children with opportunities to explore various instruments. These sessions will help your child to develop their core skills of listening, confidence and social awareness. <b>(Term time only)</b></li> <li>• <b>Understanding your child's behaviour:</b> The Solihull approach is for parents and carers who want to know more about parenting and how children develop. <b>(Term time only)</b></li> <li>• <b>Big Hopes Big Futures:</b> 8-week parent and child sessions planned around school readiness. Supporting parents to engage in their children's early learning. Suitable for children from 2 years upwards.</li> <li>• <b>Flourish:</b> Interactive Music sessions for parents and children. Plus: New - One-to-One Flourish mother and child sessions available – by appointment, via the Well Being Team. <b>(Term time only).</b></li> </ul> <p><b>EPEC: Being a Parent:</b> helping with tips and advice, and training to understand your child's needs.</p>	<p><b>Plumstead Day Nursery</b> Open 8am to 6pm Monday to Friday (51 weeks per year) <b>Offering full or half day sessions:</b> <u>8.00am to 1.00pm OR 1.00pm to 6.00pm</u> Plus 15 hour and 30-hour government funded sessions. <b>To arrange a visit or for more information call: <u>07960575034</u></b> <b>or alternatively, call 0208 8369 252, get in touch via any of our Children's Centres.</b></p> <p><b>Eglinton Nursery</b> Open 8.45am to 3.45pm Monday to Friday <b>(Term-time only)</b> <b>Offering full or half day sessions:</b> <u>8.45am to 11.45pm or 12.45pm to 3.45pm</u> To arrange a visit or for more information call: <b>07563 373767</b> or <b>0208 331 0374</b> alternatively get in touch via any of our Children Centres.</p> <p><b>Together for Twos</b></p>  <p>Offering full or half day sessions: <u>9.15am to 12.15pm or 12.30pm to 3.30pm</u> Are you eligible for the <b>FREE 15-hour funded sessions?</b></p>

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### Support & Health

- **Well-being Welcome:** Come and meet the Well-Being team and Families Information Service to get general support and signposting, as well as help with childcare/funding **(Term time only)**
- **Midwife Clinics:** By appointment only via the Midwifery Teams for before (antenatal) and after the birth of your baby.
- **Akwaaba:** A new group from Mums Aid offering counselling, parenting support and guidance for new mums from Black, Asian, and Ethnic minority communities – Sign up via their website or call 07758763908
- **Young Parents Group:** Supporting the wellbeing of young parents and parents to be during pregnancy, childbirth and early childhood.
- **Development Review:** By appointment only via the health visitor team for your child's development.
- **Family Law National Legal Service:** Help with Child Protection, Social Services, Domestic Abuse and Children Disputes.
- **Monthly Nutrition Advice Workshop:** Information and advice for you and your child.
- **Employment & Benefit Advice Session:** Advice on Benefits, Employment and Childcare Support.
- **Mama2Mama Baby Bank:** Extra support for low-income families with clothes and essential items.
- **CAMHS:** Emotional and behavioral support for **families (Appointments only)**

### Family Hub and Community

- **Laugh, Sing & Play:** Interactive play and singing session with bubbles, twirlers & parachute games- £1 per family
- **Theatre Performance Groups:** After-school Club for 8–15-year-olds to gain new skills and confidence whilst making friends
- **Adult Hair Braiding Workshop:** Early evening sessions for parents to learn new skills and develop interests whilst meeting other parents. **(Term time only)**
- **Migrant Women's DANCE Session:** Dance Sessions for migrant women to explore movement around different themes in a relaxed and inclusive space. **(Term time only)**
- **Creating Grounds Arts Session:** Yoga, movement, drama arts and crafts: reflecting on values and qualities of motherhood, wellbeing and maintaining healthy boundaries with your child. **(Term time only).**
- **Dad's Forum:** Monthly meet up for new dads and dad's-to-be, opportunities to meet and discuss different topics around fatherhood in a relaxed setting.
- **Bobo's Book Club:** Aims to inspire children of all ages to gain a love of reading from an early age (new and old stories covered). Helping to plant the seed of reading in each child, whilst building a strong foundation for future learning **(Term time only)**
- **Parents Creative Group:** A place for parents to connect and socialise, whilst learning whilst learning new crafts and creative activities **(Term time only).**

If you would like further information regarding your eligibility, please speak to a member of staff or call any of our Children's Centre's. We now offer morning and afternoon sessions.

### Vitamins

Did you know that you can pick up your **FREE** **vitamins** at your nearest Children's Centre?

Just bring your Healthy Start Card to collect or for more information speak to a member of staff or call any of our Children Centres.

### Volunteering

Do you have what it takes to become a Home-Start Greenwich Volunteer and help make a difference to the lives of families in need. For more information contact any of our Centre's or email [volunteer@homestartgreenwich.org.uk](mailto:volunteer@homestartgreenwich.org.uk)

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- **New: Generations Together:** A warm and welcoming space where children and older adults/the elderly will together to share time, stories and experiences, along with opportunities to learn new hobbies and participate in arts and craft activities.
- **Little Crocs Football:** Fun, engaging football sessions focus on developing coordination, confidence and teamwork.
- **Timeless Together Elderly Group:** Monthly meet up for the over 60 (Carers welcome) - refreshments and themed craft activities.
- **ESOL Classes:** Beginner's English classes for women only (**Term time only**)
- **Cookery Club:** Free 5-week course, face-to-face, learn about healthy eating and make a difference to your health and pocket.

**A variety of the above sessions are suitable for children with additional needs - please speak to a member of staff for further information or support.**

**We welcome feedback on our services. Please share your experiences with us by contacting our Centres, speaking to a member of staff on site or emailing:**

[enquiries@homestartgreenwich.org.uk](mailto:enquiries@homestartgreenwich.org.uk)



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