



Part of the Greenwich
Family Hubs Network



<https://www.facebook.com/homestartgreenwich/>



https://www.instagram.com/homestart_greenwich/

**Slade Children's
Centre**

Erindale,
Plumstead
SE18 2QQ
Tel: 020 8854 7900
Option 2
BUS 53 & 51

**Eglinton Children's
Centre**

Paget Rise,
Woolwich
SE18 3PY
Tel: 020 8331 0374
BUS 386

School House

Whitworth Road,
Woolwich
SE18 3QA
Tel: 0330 057 6051
BUS 386

Plumstead

6 Purrett Road,
Plumstead
SE18 1JW
Tel 020 8836 9252
BUS 177 & 180

**Brookhill Children's
Centre Community
Centre & Family Hub**

42 Brumwell,
Woolwich,
SE18 6BD
Tel: 020 8319 5320
BUS 53, 51, 161 & 472



**Mulgrave Children's
Centre**

Rectory Place,
Woolwich
SE18 5DL
Tel: 020 8319 5666
BUS 53 & 51 & 422

Programme January to March 2026



Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)



Part of the Greenwich
Family Hubs Network



<https://www.facebook.com/homestartgreenwich/>



https://www.instagram.com/homestart_greenwich/

ROYAL borough of
GREENWICH

MONDAY

**For health and midwife appointments, please
check Page 6**

BROOKHILL

Migrant Mothers Dance Group

10.30am - 12.30pm

Email:

Projects@theground.org.uk

(Term Time Only)

Stay & Play (Birth -5yrs)

Baby & Toddler

1.30pm - 2.45pm

(Drop In)

(£1.00 per family)

“Timeless Together”

Monthly Group

For ages 60 and over and their
Carers)

Last Monday of every Month

12.30pm- 2.30pm

(Drop In)

Autistic Inclusive Meets

4.00pm-5.30pm

Siblings welcome

£2.00 per family

(Drop In)

SLADE

Volunteer Training

26th Jan – 9th Mar

9.00am – 2.00pm

(Appointment Only)

Email:

[volunteer@homestartgreenwich](mailto:volunteer@homestartgreenwich.org.uk)

[.org.uk](mailto:volunteer@homestartgreenwich.org.uk)

(Term Time Only)

Baby Group (Birth - 18mths)

Messy Time

1.15pm-2.30pm

(Drop In)

(£1.00 donation per family)

Slade Library Stay & Play

(Birth-5yrs)

3.00pm-3.30pm

(Drop In)

EGLINTON

Baby Group (Birth – Non-Walkers)

1.30pm – 3.00pm

(Drop In)

(£1.00 donation per family)

PLUMSTEAD

Understanding Your Child

(Solihull Parenting Course)

26th Jan 2026 – 23rd Mar 2026

9.30am – 11.30am

(Call Eglinton to book)

(Limited Creche available)

(Term Time Only)



Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)





TUESDAY

BROOKHILL

Little Crocs Football (Walkers- 4yrs)
10.00am - 11.00am
(Drop In)
(£1.00 per session)

Toddlers Messy Stay & Play (Birth- 5yrs)
1.30pm – 2.45pm
(Drop In)
(£1.00 per session)

Last session 24th Mar

Bouncing Baby
(Birth - non crawlers)
21st April – 19th May
1.45am -2.30pm
(Call to book)
(£3.00 per session)

Well-being Welcome
1.00pm - 3.00pm
(Drop In)
(Term Time Only)

Children's Theatre (7–15 yrs)
5.00pm - 6.30pm
(Drop In)
(Term Time Only)

Adult Course: Hair Braiding
5.00pm - 6.30pm
(Drop In)
(Limited crèche provided)
(Term Time Only)

SLADE
Slade Library Rhyme Time
10.30am - 11.00am
(Drop In)

Bouncing Babies
(Birth – non crawlers)
24th Feb - 24th Mar 2026
1.45pm – 2.30pm
(Call to book)
(£1.50 per session)

Baby Massage
(Birth - non crawlers)
21st Apr - 19th May
1.45pm-2.30pm
(Call to book)
(£3.00 per session)



**For health and midwife appointments, please
check Page 6**

EGLINTON
Stay & Play (Birth-5yrs)
1.30pm - 3.00pm
(Drop In)
(£1.00 per session)

SCHOOLHOUSE
**Extra Help for You
(Young Parents
Group)**
(Appointment only)
Email:
[parenting@parentpower-
ed.co.uk](mailto:parenting@parentpower-ed.co.uk)

BROOKHILL
New: Generations Together (5yrs – 100yrs)
4.00pm - 5.00pm
(Drop In)
(Term Time Only)
3rd Mar, 14th Apr & 5th May

Family Law Outreach
1.00pm - 3.00pm
Last Tuesday of every month
(Call to book)

Dad's Forum
Every 2nd Tuesday of the Month
Email: parenting@parentpower-ed.co.uk
5.30pm -6.30pm
(Drop In)

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)





WEDNESDAY

**For health and midwife appointments, please
check Page 6**

BROOKHILL

Being a Parent

21st Jan - 1st Apr 2026.

(Invitation only)

9.30am – 12.30pm

(Limited crèche provided)

(Term Time Only)

Soft Play Stay and Play (Birth- 4yrs)

9.45am – 11.45am

(£1.50 per session)

(Drop In)

Cookery Club (Parents only)

25th Feb – 18th Mar 2026

10.00am – 12.00pm

(Call to book)

New: Citizen Advice Greenwich

1.00pm – 4.00pm

(Drop In)

Laugh, Sing & Play

1st session at 12.45pm (Birth - 2yrs)

2nd session at 1.30pm (2yrs – 5yrs)

(Call to book- Limited spaces)

(£1.00 per session)

BOBO'S BOOK CLUB (6 yrs - 12 yrs)

4.00pm - 5.00pm

(Drop In)

(£1.00 per session)

SLADE

Parenting Tips and Advice CAMHS

9.15am-12.30pm

(Appointment only)

Parent Led Outdoor Play

(1yrs - 5yrs)

10.00am - 2.30pm

(Drop In)

(£1.00 donation per family)

Baby Steps Soft Play

(Birth - 18mths)

1.30pm – 2.45pm

(Drop In)

(£1.50 per session)

EGLINTON

Flourish (Birth – 5yrs)

10.00am - 12.00pm

(Drop In)

(Term Time Only)

BROOKHILL

RBG Fostering Pop Up

Find out more information about
fostering.

25th Feb

9.00am – 12.00pm

(Drop In)



Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)





Part of the Greenwich
Family Hubs Network



<https://www.facebook.com/homestartgreenwich/>



https://www.instagram.com/homestart_greenwich/

THURSDAY

**For health and midwife appointments, please
check Page 6**

BROOKHILL

SENDSory Play Time

(Birth- 5+yrs)
10.00am -11.30am
Siblings are welcome
(Drop In)

Mama2Mama

Baby Bank

1.00pm - 5.00pm
(Appointment only)

SLADE

Music Therapy

1st session 9.30am (Birth-1yrs)
2nd session 10.15am (1yrs -3 yrs)
(SEND Friendly)
(Call to book)

Big Hopes Big Futures

(2yrs onwards)
26th Feb - 2nd Apr 2026
10.00am – 11.30am
(Call to book)
(£5 contribution per course)
(Term Time Only)

‘Listening Lunch’

19th March
1.00pm
(Drop In)
Enjoy a light lunch with us before Stay
and Play, share thoughts and ideas
about our services.

Stay & Play (Birth-5yrs)

1.30pm – 2.45pm
(Drop In)
(£1.00 per session)

EGLINTON

Childminders Stay & Play

9.30am – 11.30am
(Foster carers, nannies &
childminders)
(£1.00 per session)

PLUMSTEAD

Connecting From the Start

16th Apr - 21st May
9.30am -12.00pm
(Limited Crèche provided)

SLADE

RBG Fostering Pop Up

Find out more information about
fostering.
12th Mar
9.00am – 12.00pm
(Drop In)

Save the date!!

Family Fun Day

28th May 2026



Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)





**For health and midwife appointments, please
check Page 6**

FRIDAY

BROOKHILL

Music Therapy

1st session 9.30am (Birth - 1yrs)
2nd session 10.15am (1yrs - 3yrs)
(SEND Friendly)
(Call to book)

Mindful Mums

Wellbeing Group for New Mums

24th Apr- 22nd May

11.00am-12.30pm

To book

Email: mindfulmums@selmind.org.uk

Baby Group (Birth - 18mths)

1.30pm – 2.45pm

(Drop In)

(£1.00 donation per family)

Employment & Benefit Advice

1.00pm - 4.00pm

(Drop In)

Mama2Mama

Baby Bank

1.00pm - 5.00pm

(Appointment only)

Feel Good Friday

Come and fill up your bags with
fresh food items.

(Please bring your own bags)

2.00pm onwards

SLADE

Slade Library Rhyme Time

10.30am – 11.00am

(Drop In)

SEND Tiny Steps Soft Play

(Birth - 3yrs)

1.30pm – 2.45pm

(SEND & Tube Feeding Friendly)

(Drop In)

(£1.50 per session)

EGLINTON

Stay & Play (Birth - 5yrs)

9.45am - 11.45am

(Drop In)

(£1.00 per session)

RBG Fostering Pop Up

Find out more information about
fostering.

6th Mar

9.00am – 12.00pm

(Drop In)

SCHOOLHOUSE

Parent Coaching (One-to-One Sessions)

(Appointment Only)

3.00pm - 5.00pm

email:

[parenting@parentpower-
ed.co.uk](mailto:parenting@parentpower-ed.co.uk)

BROOKHILL

Monthly Nutrition Advice

(New dates to be
announced soon)



Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)





HEALTH SERVICE:

MONDAY

BROOKHILL

Thames Midwives
(All day)
Appointment Only

2 Year Development Reviews

9.30am – 11.30am
Appointment only

SLADE

Thames Midwives
(All day)
Appointment Only

EGLINTON

2 Year Development Reviews

9.30am – 11.30am
Appointment only

10-12 Months Development Reviews

1.00pm – 4.00pm
Appointment only

MULGRAVE

Best Beginnings Midwives Clinic
(All day)
Appointment only

TUESDAY

BROOKHILL

Best Beginnings Midwives Clinic
(AM)
Appointment only

Mum's Aid Counselling
12.30pm – 4.00pm
Appointment only

SLADE

Poppy Team Midwife Clinic
(AM)
Appointment only



Infant Feeding Clinic
10.00am – 11.30am
(Drop In)

EGLINTON

Thames Midwives
(All day)
Appointment Only

MULGRAVE

Mum's Aid Counselling
11.00am – 2.00pm
Appointment only

WEDNESDAY

BROOKHILL

Thames Midwives Clinic
(All day)
Appointment only

Well Baby Clinic
(Including weighing)
1.30pm – 3.30pm
(Drop In)

SLADE

Best Beginnings Clinic Young Parents
(PM)
Appointment only

Well Baby Clinic
(Including weighing)
9.30am – 11.30am
(Drop In)

EGLINTON

Best Beginnings Clinic
(All day)
Appointment only

MULGRAVE

Devonport Midwives
(AM)
Appointment only
9.00am-12.00pm

THURSDAY

BROOKHILL

Thames Midwives Clinic
(All day)
Appointment only



Infant Feeding Clinic
1.00pm – 2.30pm
(Drop In)

EGLINTON

Thames Midwives Clinic
(All day)
Appointment only



FRIDAY

BROOKHILL

Blood Spots Clinics
9.30am – 12.00pm
Appointment only

BROOKHILL

Thames Midwives Clinic
(PM)
Appointment only

EGLINTON

2 Year Development Reviews
9.30am – 12.30pm
Appointment only

SLADE

10-12 Month Development Reviews
9.30am – 12.00pm
Appointment only

MULGRAVE

Devonport Midwives
(All day)
Appointment only

**Bromley Health Visiting & Breastfeeding Support Services are appointment only: 0300 330 5777 option 3, then option 2, then option 3
Midwife Team: 0208 836 5946**

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)





Part of the Greenwich Family Hubs Network



<https://www.facebook.com/homestartgreenwich/>



https://www.instagram.com/homestart_greenwich/



Services Explained	Additional Information
<div data-bbox="203 247 358 379"> </div> <div data-bbox="647 296 1158 327"> <p>All our Centres are Breastfeeding Friendly</p> </div> <div data-bbox="1160 236 1245 320"> </div> <div data-bbox="757 363 1144 392"> <p>Educational and Social Support</p> </div> <ul style="list-style-type: none"> • Baby Groups & Soft Play: Sessions provide stimulating activities, including signing songs, opportunities to bond with your baby and make new friends. • Stay & Play Sessions: A variety of activities for parents and children to enjoy together with opportunities to meet other parents and carers in a friendly and relaxed atmosphere. (Light refreshments provided for a £1 voluntary contribution per family) • Learning Through Play & Sticky Fingers: This is an Interactive play session to engage with your child's early learning. Messy Play: Open-ended play that allows children to explore different materials and their properties. • Rhyme Time: Interactive Music sessions for children under 5. • Creative Storytelling Sessions: An opportunity for children to develop their early literacy skills • Autistic Inclusive Meets: A weekly group for families with Autistic Children (no age limit). • Childminders Stay & Play: Ofsted Registered Childminders meet with the children in their care. • Special Educational Needs and Disabilities (SEND) Baby & Toddler Support Groups: Music, singing & sensory activities for babies with developmental delays or children with SEND. • Nature Space (Outdoor Play): Provides freedom and space to explore, to gain independence, awareness of the environment, consequences of their actions and teamwork (please dress appropriately for the weather). • Sounds and Movements: Active sounds and movements for you and your child to engage, develop skills and confidence whilst having fun. (Term time only) • Tots Talking: Join us for a session where you can find information and activities to help parents and carers support their two-year-olds with language development. Children do not need to attend all training sessions. Practitioners trained by Speech & Language Therapists will provide advice and ideas to support you. • Music Therapy: This session is led by a music therapist to provide children with opportunities to explore various instruments. These sessions will help your child to develop their core skills of listening, confidence and social awareness. (Term time only) • Understanding your child's behaviour: The Solihull approach is for parents and carers who want to know more about parenting and how children develop. (Term time only) • Big Hopes Big Futures: 8-week parent and child sessions planned around school readiness. Supporting parents to engage in their children's early learning. Suitable for children from 2 years upwards. • Flourish: Interactive Music sessions for parents and children. Plus: New - One-to-One Flourish mother and child sessions available – by appointment, via the Well Being Team. (Term time only). <p>EPEC: Being a Parent: helping with tips and advice, and training to understand your child's needs.</p>	<div data-bbox="1653 236 1937 264"> <p>Plumstead Day Nursery</p> </div> <p>Open 8am to 6pm Monday to Friday (51 weeks per year)</p> <p>Offering full or half day sessions: 8.00am to 1.00pm OR 1.00pm to 6.00pm Plus 15 hour and 30-hour government funded sessions.</p> <p>To arrange a visit or for more information call: <u>07960575034</u> or alternatively, call 0208 8369 252, get in touch via any of our Children's Centres.</p> <div data-bbox="1697 660 1892 689"> <p>Eglinton Nursery</p> </div> <p>Open 8.45am to 3.45pm Monday to Friday (Term-time only)</p> <p>Offering full or half day sessions: <u>8.45am to 11.45pm or 12.45pm to 3.45pm</u></p> <p>To arrange a visit or for more information call: 07563 373767 or 0208 331 0374 alternatively get in touch via any of our Children Centres.</p> <div data-bbox="1697 1054 1892 1083"> <p>Together for Twos</p> </div> <div data-bbox="1749 1086 1839 1174"> </div> <p>Offering full or half day sessions: <u>9.15am to 12.15pm or 12.30pm to 3.30pm</u></p> <p>Are you eligible for the FREE 15-hour funded sessions?</p>



Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)



Part of the Greenwich
Family Hubs Network



<https://www.facebook.com/homestartgreenwich/>



https://www.instagram.com/homestart_greenwich/



Support & Health

- **Well-being Welcome:** Come and meet the Well-Being team and Families Information Service to get general support and signposting, as well as help with childcare/funding **(Term time only)**
- **Midwife Clinics:** By appointment only via the Midwifery Teams for before (antenatal) and after the birth of your baby.
- **Akwaaba:** A new group from Mums Aid offering counselling, parenting support and guidance for new mums from Black, Asian, and Ethnic minority communities – Sign up via their website or call 07758763908
- **Young Parents Group:** Supporting the wellbeing of young parents and parents to be during pregnancy, childbirth and early childhood.
- **Development Review:** By appointment only via the health visitor team for your child's development.
- **Family Law National Legal Service:** Help with Child Protection, Social Services, Domestic Abuse and Children Disputes.
- **Monthly Nutrition Advice Workshop:** Information and advice for you and your child.
- **Employment & Benefit Advice Session:** Advice on Benefits, Employment and Childcare Support.
- **Mama2Mama Baby Bank:** Extra support for low-income families with clothes and essential items.
- **CAMHS:** Emotional and behavioral support for families **(Appointments only)**
- **Citizen Advice:** Benefit Entitlement/ Debt/ Housing/ Childcare/ Disability/ Immigration advice and referrals for Employment Support.

Family Hub and Community

- **Laugh, Sing & Play:** Interactive play and singing session with bubbles, twirlers & parachute games- £1 per family
- **Theatre Performance Groups:** After-school Club for 8–15-year-olds to gain new skills and confidence whilst making friends **(Term time only)**
- **Adult Hair Braiding Workshop:** Early evening sessions for parents to learn new skills and develop interests whilst meeting other parents. **(Term time only)**
- **Migrant Women's DANCE Session:** Dance Sessions for migrant women to explore movement around different themes in a relaxed and inclusive space. **(Term time only)**
- **Creating Grounds Arts Session:** Yoga, movement, drama arts and crafts: reflecting on values and qualities of motherhood, wellbeing and maintaining healthy boundaries with your child. **(Term time only).**
- **Dad's Forum:** Monthly meet up for new dads and dad's-to-be, opportunities to meet and discuss different topics around fatherhood in a relaxed setting.
- **Bobo's Book Club:** Aims to inspire children of all ages to gain a love of reading from an early age (new and old stories covered). Helping to plant the seed of reading in each child, whilst building a strong foundation for future learning **(Term time only)**

If you would like further information regarding your eligibility, please speak to a member of staff or call any of our Children's Centre's. We now offer morning and afternoon sessions.

Vitamins

Did you know that you can pick up your **FREE** vitamins at your nearest Children's Centre?

Just bring your Healthy Start Card to collect or for more information speak to a member of staff or call any of our Children Centres.

Volunteering

Do you have what it takes to become a Home-Start Greenwich Volunteer and help make a difference to the lives of families in need. For more information contact any of our Centre's or email volunteer@homestartgreenwich.org.uk

Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)





Part of the Greenwich
Family Hubs Network



<https://www.facebook.com/homestartgreenwich/>



https://www.instagram.com/homestart_greenwich/



- **Parents Creative Group:** A place for parents to connect and socialise, whilst learning whilst learning new crafts and creative activities **(Term time only)**.
- **New: Generations Together:** A warm and welcoming space where children and older adults/the elderly will together to share time, stories and experiences, along with opportunities to learn new hobbies and participate in arts and craft activities.
- **Little Crocs Football:** Fun, engaging football sessions focus on developing coordination, confidence and teamwork.
- **Timeless Together Elderly Group:** Monthly meet up for the over 60 (Carers welcome) - refreshments and themed craft activities.
- **ESOL Classes:** Beginner's English classes for women only **(Term time only)**
- **Cookery Club:** Free 5-week course, face-to-face, learn about healthy eating and make a difference to your health and pocket.

A variety of the above sessions are suitable for children with additional needs - please speak to a member of staff for further information or support.

We welcome feedback on our services. Please share your experiences with us by contacting our Centres, speaking to a member of staff on site or emailing:

enquiries@homestartgreenwich.org.uk



Our Programme does not have a fixed number of families attending each session, but will consider the size of the room, ventilation and practical considerations.



Call each Centre to book onto some sessions



Appointments only



£ charges apply for certain sessions (cash/card optional)