HOME-START GREENWICH

SEPTEMBER TO DECEMBER PROGRAMME 2026

(Programme Updates: please go to our website- Revised 2/11/2026)

BROOKHILL CHILDREN'S CENTRE AND FAMILY HUB
42 BRUMWELL AVENUE,
WOOLWICH, SE18 6BD
TEL: 020 8319 5320
BUS: 51, 53, 161, 472 244,122,178 AND 469

SCHOOL HOUSE WHITWORTH ROAD,
WOOLWICH, SE18 3QA
TEL: 0330 057 6051
BUS: 386 AND 244

SLADE CHILDREN'S CENTRE ERINDALE,
PLUMSTEAD, SE18 2QQ
TEL: 020 8854 7900 OPTION 2
BUS: 51 AND 53

EGLINTON CHILDREN'S CENTRE PAGET RISE,
WOOLWICH, SE18 3PY
TEL: 020 8331 0374
BUS: 386 AND 244

MULGRAVE CHILDREN'S CENTRE RECTORY PLACE,
WOOLWICH, SE18 5DL
TEL: 020 8319 5666
BUS: 51, 53 AND 422

HOME-START GREENWICH PROGRAMME



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MONDAY

- BROOKHILL- CALL 020 8319 5320
- SLADE- CALL 020 8854 7900 OPTION 2
- EGLINTON- CALL 020 8331 0374

Our programme does not have a fixed number of families per session; attendance will depend on room capacity.



CENTRE	MORNING	AFTERNOON	AOB
BROOKHILL	**Migrant Mothers Dance Group** 14th Sep - 7th Dec 10.30am - 12.30pm Email: Projects@theground.org.uk Term Time Only	**Stay and Play** (Birth – 5 years) 1.30pm - 2.45pm Drop- in £1 per session **Last session 21st Dec** **Timeless Together Monthly Group** For ages 60 and over and their Carers Last Monday of every Month 12.30pm- 2.30pm Drop-in **Autistic Inclusive Meets** 4pm - 5.30pm Siblings welcome Drop-in £2 per family	
SLADE		**Baby Group** (Birth – 18 months) Messy Time 1.15pm - 2.30pm Drop-in £1 donation per family **Last Session 14th Dec** **Slade Library Stay & Play** (Birth - 5 years) 3pm - 3.30pm Drop-in	
EGLINTON	**Speech & Language** **Small Talk** (13 – 24 months) 9.30am - 10.30am & **Tiny Talk** (Birth – 12 months) 11am - 12pm Call to book 2nd Nov & 9th Nov 16th Nov & 23rd Nov	**Baby Group** (Birth – 18 months) 1.30pm - 3pm Drop-in **Last Session 14th Dec**	
PLUMSTEAD	**Togetherness Parenting Course** 5th Oct – 30th Nov 9.30am – 11.30am Call Eglinton to book Limited Creche available Term Time Only		

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TUESDAY

- BROOKHILL- CALL 020 8319 5320
- SLADE- CALL 020 8854 7900 OPTION 2
- EGLINTON- CALL 020 8331 0374

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ATTENTION:

INSET DAY: 10TH NOVEMBER 2026



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CENTRE	MORNING	AFTERNOON	EVENING
BROOKHILL	**Little Crocs Football** (Walkers- 4yrs) 10am - 11am Drop-in £1 per session **Last session 22nd Dec**	**Well-being Welcome** 1pm - 3pm Drop-in Term Time Only **No Session 10th Nov** **Family Law Outreach** 1pm - 3pm Last Tuesday of every month Call to book **Baby Massage** (Birth – non crawlers) 10th Nov – 8th Dec 1.45pm - 2.30pm Call to book £3 per session	**Generations Together** (0 years – 100 years) First Tuesday of every Month 3rd Nov 4pm - 5pm Drop In Term Time Only **Adult Course: Hair & Beauty** 5pm - 6.30pm Drop-in Limited crèche provided; call to book Term Time Only **Last session 15th Dec** **Children's Theatre** (7–15 years) 5pm - 6.30pm Drop In Term Time Only **Last session 15th Dec** **Dad's Forum** Every 2nd Tuesday of the Month Email: parenting@parentpower-ed.co.uk 5.30pm - 6.30pm Drop In
SLADE	**Slade Library Rhyme Time** 10.30am - 11am Drop-in	**Baby Massage** (Birth – non crawlers) 13th Oct – 10th Nov 1.45pm - 2.30pm Call to book £3 per session	
EGLINTON		**Stay and Play** (Birth - 5 years) 1.30pm - 3pm Drop- in £1 per session **No Session 10th Nov** **Last session 17th Dec** **Tuesday Food Pantry** 2pm onwards Come and fill up your bags with fruit, veg and more food items Bring your own bag	

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WEDNESDAY

- BROOKHILL- CALL 020 8319 5320
- SLADE- CALL 020 8854 7900 OPTION 2
- EGLINTON- CALL 020 8331 0374

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CENTRE	MORNING	AFTERNOON	AOB
BROOKHILL	**Being a Parent** 23rd Sep - 9th Dec Invitation only 9.30am – 12.30pm Limited crèche provided Term Time Only **Soft Play Stay and Play** (Birth- 4 years) 9.45am – 11.45am Drop-in £1.50 per session **Last session 16th Dec**	**Citizen Advice Greenwich** 1pm – 4pm Drop-in **Laugh, Sing & Play** 1st session at 12.45pm (Birth – 2 years) 2nd session at 1.30pm (2 years – 5 years) Call to book- Limited spaces £1 per session **Last session 16th Dec**	
SLADE	**Parenting Tips and Advice CAMHS** Appointment Only 9.15am - 12.30pm **Parent Led Outdoor Play** (1 year – 5 years) 10am - 2.30pm Drop In £1 donation per family **Last session 16th Dec**	**Baby Steps Soft Play** (Birth – 18 months) 1.30pm – 2.45pm Drop In £1.50 per session **Last session 16th Dec**	
EGLINTON	**Flourish** (Birth – 5 years) Relaxing Music Group 10am- 12pm Drop-in		



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THURSDAY

- BROOKHILL- CALL 020 8319 5320
- SLADE- CALL 020 8854 7900 OPTION 2
- EGLINTON- CALL 020 8331 0374

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CENTRE	MORNING	AFTERNOON	Event / Additional sessions
BROOKHILL	**Mindful Mums** 12th Nov – 10th Dec 9am –12pm Email: mindfulmums@selmind.org.uk **SENDsory Play Time** (Birth - 5 years +) 10am - 11.30am Siblings are welcome Drop-in **No session 3rd Dec** **Last session 17th Dec**		**Volunteer End of Year celebration** (All day) 3rd Dec Invitation Only
SLADE	**Music Therapy** 1st session 9.30am (Birth- 1 year) 2nd session 10.15am (1 year – 3 years) SEND Friendly Call to book **Big Hopes Big Future** (18 months +) Starting 5th Nov – 10th Dec 10am - 11.30am Call to book With Oral Health Advice 10th Dec	**Stay & Play** (Birth - 5 years) 1.30pm – 2.45pm Drop-in £1 per session **Last Session 17th Dec**	
EGLINTON	**Childminders Stay & Play** 9.30am – 11.30am (Foster carers, nannies & childminders) £1 per session		
PLUMSTEAD	**Connecting From the Start** 1st Oct - 22nd Oct 5th Nov - 19th Nov 9.30am - 12pm Limited Crèche provided	**Bonny Babies Rhyme Time** (Birth – 18 months) Siblings under 3yrs are welcome 1.30pm – 2.45pm Drop-in £1 donation per session Call 020 8331 0374 for information 6 Purrett Road SE18 1JW **Last Session 17th Dec**	

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FRIDAY

- BROOKHILL- CALL 020 8319 5320
- SLADE- CALL 020 8854 7900 OPTION 2
- EGLINTON- CALL 020 8331 0374

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CENTRE	MORNING	AFTERNOON	Event
BROOKHILL	**Music Therapy** 1st session 10am (Birth- 1 year) 2nd session 10.45am (1 year – 3 years) SEND Friendly Limited Spaces Call to book Term Time Only **Unlocked Project** (Deaf-led support for D/deaf families.) For more information, please WhatsApp: 07564048857	**Baby Group** (Birth – 18 months) 1.30pm – 2.45pm Drop-in **Last session 18th Dec** **Employment & Benefit Advice** First Friday of every month 12.30pm- 4pm Drop-in **Friday Food Pantry** 2pm onwards Come and fill up your bags with fruit, veg and more food items Please bring your own bags.	**Oral Health Advice** 27th Nov 1pm Drop-in
SLADE	**Slade Library Rhyme Time** 10.30am – 11am Drop-in	**Inclusive Little Explorers** Soft play (Birth – 3 years) 1.30pm – 2.45pm (SEND & Tube Feeding Friendly) Drop-in £1.50 per session **Last session 18th Dec**	
EGLINTON	**Stay and Play** (Birth – 5 years) 9.45am - 11.45am Drop- in £1 per session **Last session 18th Dec**		
SCHOOL HOUSE		**Parent Coaching** (One-to-One Sessions) Appointment only 3pm - 5pm Email: parenting@parentpower ed.co.uk	

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WEEKLY HEALTH SESSION

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Midwife Clinic | Development Review | Infant Feeding | Well Baby Clinic | Mum's Counselling | Blood Spot

HEALTH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BROOKHILL	Thames Midwife Clinic All-day Appointment only 2 Years Old Review 9.30am - 11.30am Appointment only	Mum's Aid Counselling 12.30pm - 4pm Appointment only	Thames Midwife Clinic All-day Appointment only Well Baby Clinic 1.30pm - 3.30pm Drop-in	Thames Midwife Clinic All-day Appointment only Infant Feeding 1pm - 2.30pm Drop-in Moved to Eglinton Dec 3rd	Blood Spot 9am -12pm Appoinment only Thames Midwife Clinic All-day Appointment only
SLADE	Thames Midwife Clinic All-day Appointment only 6 – 8 Week Review 9.30am – 12pm Appointment only	Poppy Team Midwife Clinic All-day Appointment only Infant Feeding 10am - 11.30am Drop-in	Best Beginnings Clinic Young Parents (PM) Appointment only Well Baby Clinic 9.30am – 11.30am Drop-in		10 - 12 Month Review 9.30am - 12pm Appointment only
EGLINTON	2 years Old Review 9.30am - 11.30am Appointment only 10 – 12 Months Review 1pm - 4pm Appointment only	Thames Midwife Clinic All-day Appointment only	Best Beginnings Midwife Clinic All-day Appointment only	Thames Midwife Clinic All-day Appointment only	2 year Old Review 9.30am - 12.30pm Appointment only 6 – 8 Week Review 1pm - 4pm Appointment only
MULGRAVE	Best Beginnings Midwife Clinic All-day Appointment only	Mum's Aid Counselling 11am - 2pm Appointment only	Devonport Midwife Clinic 9am - 12pm Appointment only 6 – 8 Week Review 1pm - 4pm Appointment only	Best Beginnings Midwife Clinic All-day Appointment only	Devonport Midwife Clinic All-day Appointment only
PLUMSTEAD			Mum's Aid Counselling 10.30am – 4pm Appointment only		

Bromley Health Visiting & Breastfeeding Support Services are appointment only: 0300 330 5777 option 3, then option 2, then option 3

Midwife Team: 0208 836 5946

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Services Explained	Additional Information
All our Centres are Breastfeeding Friendly **Educational and Social Support** • **Baby Groups & Soft Play**: Sessions provide stimulating activities, including singing songs, opportunities to bond with your baby and make new friends. • **Stay & Play Sessions:** A variety of activities for parents and children to enjoy together with opportunities to meet other parents and carers in a friendly and relaxed atmosphere. (Light refreshments provided for a £1 voluntary contribution per family) • **Learning Through Play & Sticky Fingers**: This is an Interactive play session to engage with your child's early learning. Messy Play: Open-ended play that allows children to explore different materials and their properties. • **Rhyme Time:** Interactive Music sessions for children under 5. • **Creative Storytelling Sessions**: An opportunity for children to develop their early literacy skills • **Autistic Inclusive Meets:** A weekly group for families with Autistic Children (no age limit). • **Childminders Stay & Play**: Ofsted Registered Childminders meet with the children in their care. • **Special Educational Needs and Disabilities (SEND) Baby & Toddler Support Groups:** Music, singing & sensory activities for babies with developmental delays or children with SEND. • **Nature Space (Outdoor Play):** Provides freedom and space to explore, to gain independence, awareness of the environment, consequences of their actions and teamwork (please dress appropriately for the weather). • **Tots Talking**: Join us for a session where you can find information and activities to help parents and carers support their two-year-olds with language development. Children do not need to attend all training sessions. Practitioners trained by Speech & Language Therapists will provide advice and ideas to support you. • **Music Therapy**: This session is led by a music therapist to provide children with opportunities to explore various instruments. These sessions will help your child to develop their core skills of listening, confidence and social awareness. **(Term time only)** • **Understanding your child's behaviour:** The Solihull approach is for parents and carers who want to know more about parenting and how children develop. **(Term time only)** • **Big Hopes Big Futures**: 8-week parent and child sessions planned around school readiness. Supporting parents to engage in their children's early learning. Suitable for children from 2 years upwards. • **Flourish:** Interactive Music sessions for parents and children. Plus: New - One-to-One Flourish mother and child sessions available – by appointment, via the Well Being Team. **(Term time only).** **EPEC: Being a Parent:** helping with tips and advice, and training to understand your child's needs. **Support & Health**	**Plumstead Day Nursery** Open 8am to 6pm Monday to Friday (51 weeks per year) **Offering full or half day sessions:** 8.00am to 1.00pm OR 1.00pm to 6.00pm Plus 15 hour and 30-hour government funded sessions. **To arrange a visit or for more information call:** **07960575034** **Eglinton Nursery** Open 8.45am to 3.45pm Monday to Friday **(Term-time only)** **Offering full or half day sessions:** 8.45am to 11.45am or 12.45pm to 3.45pm To arrange a visit or for more information call: **07563 373767** or **0208 331 0374** alternatively get in touch via any of our Children Centres. **Together for Twos** **Brookhill**- 078576 63086 or 020 8319 5320 **Slade**- 078343 90505 or 020 8854 700 opt 2 Offering full or half day sessions: 9.15am to 12.15pm or 12.30pm to 3.30pm Are you eligible for the **FREE 15-hour funded sessions?** If you would like further information regarding your eligibility, please speak to a member of staff or call any of our Children's Centre's. We now offer morning and afternoon sessions. **Vitamins** Did you know that you can pick up your **FREE vitamins** at your nearest Children's Centre?

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• **Well-being Welcome:** Come and meet the Well-Being team and Families Information Service to get general support and signposting, as well as help with childcare/funding **(Term time only)** • **Midwife Clinics**: By appointment only via the Midwifery Teams for before (antenatal) and after the birth of your baby. • **Akwaaba:** A new group from Mums Aid offering counselling, parenting support and guidance for new mums from Black, Asian, and Ethnic minority communities – Sign up via their website or call 07758763908 • **Young Parents Group:** Supporting the wellbeing of young parents and parents to be during pregnancy, childbirth and early childhood. • **Development Review**: By appointment only via the health visitor team for your child's development. • **Family Law National Legal Service:** Help with Child Protection, Social Services, Domestic Abuse and Children Disputes. • **Monthly Nutrition Advice Workshop:** Information and advice for you and your child. • **Employment & Benefit Advice Session**: Advice on Benefits, Employment and Childcare Support. • **CAMHS:** Emotional and behavioral support for families **(Appointments only)** • **Citizen Advice:** Benefit Entitlement/ Debt/ Housing/ Childcare/ Disability/ Immigration advice and referrals for Employment Support. **Family Hub and Community** • **Laugh, Sing & Play:** Interactive play and singing session with bubbles, twirlers & parachute games- £1 per family • **Theatre Performance Groups:** After-school Club for 8–15-year-olds to gain new skills and confidence whilst making friends **(Term time only)** • **Adult Hair Braiding Workshop**: Early evening sessions for parents to learn new skills and develop interests whilst meeting other parents. **(Term time only)** • **Migrant Women's DANCE Session**: Dance Sessions for migrant women to explore movement around different themes in a relaxed and inclusive space. **(Term time only)** • **Dad's Forum:** Monthly meet up for new dads and dad's-to-be, opportunities to meet and discuss different topics around fatherhood in a relaxed setting. • **New: Generations Together:** A warm and welcoming space where children and older adults/the eldlywill together to share time, stories and experiences, along with opportunities to learn new hobbies and participate in arts and craft activities. • **Little Crocs Football:** Fun, engaging football sessions focus on developing coordination, confidence and teamwork. • **Timeless Together Elderly Group:** Monthly meet up for the over 60 (Carers welcome) - refreshments and themed craft activities. **A variety of the above sessions are suitable for children with additional needs - please speak to a member of staff for further information or support.** **We welcome feedback on our services. Please share your experiences with us by contacting our Centres, speaking to a member of staff on site or emailing:** **enquiries@homestartgreenwich.org.uk**	Just bring your Healthy Start Card to collect or for more information speak to a member of staff or call any of our Children Centres. **Volunteering** Do you have what it takes to become a Home-Start Greenwich Volunteer and help make a difference to the lives of families in need. For more information contact any of our Centre's or email volunteer@homestartgreenwich.org.uk

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